

1 **QUANTIFICATION OF SOLUBLE SOLIDS AND INDIVIDUAL SUGARS IN APPLES**
2 **BY RAMAN SPECTROSCOPY: A FEASIBILITY STUDY**

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14 **Abstract**

15 This study reports the feasibility of using Raman spectroscopy for quantification of soluble solids and
16 individual sugars in apple. Six different commercial apple varieties were measured by Raman
17 spectroscopy at three different steps: 1) Intact apples with skin, 2) apples without skin and 3) juices
18 obtained from apples. Results indicated that it is possible to measure Raman signals to a depth of 8 mm
19 into the apple with a wide area Raman probe. Multivariate calibration models were established to
20 evaluate how well Raman spectra can be used to estimate the quality parameters SSC (%), total sugars,
21 glucose, fructose and sucrose. Estimation accuracy for SSC was comparable with what is achievable
22 with near-infrared spectroscopy: Root mean square error of cross-validation (RMSECV) = 0.66, 0.46
23 and 0.72 % and coefficients of determination (R^2) = 0.70, 0.85 and 0.63 for intact apples, apples without
24 skin and juices, respectively. Sucrose and glucose were well estimated with RMSECV of 2.8, 1.9, 2.1
25 mg/mL for glucose and 5.8, 3.9 and 3.7 mg/mL for sucrose, for the three sample cases, respectively.
26 Coefficient of determination was higher than 0.82 for all models. Regression coefficients for all
27 calibration models highlighted identifiable Raman bands that could be related to the target sugars.

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29 **Keywords:** Raman spectroscopy; SSC; apples; non-destructive prediction; chemometrics; sugars.

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36 **1. Introduction**

37 Apple is a widely produced and consumed fruit around the world. It is rich in sugar, vitamins,
38 flavonoids, minerals and other nutrients attributed to health benefits. Sweetness is one of the most
39 important components of fruit quality that determines the overall acceptability of apples (Harker
40 et al., 2003; Janick et al., 1996). Sweetness is correlated to soluble solids content (SSC), which
41 includes total solutes; e.g.; organic acids, amino acids, soluble pectins and has a major
42 contribution from the sugars fructose, glucose and sucrose (Guan et al., 2015). SSC is an
43 important parameter to determine flavour, ripeness as well as to predict optimal harvest time for
44 apples. Refractometry of fruit juice is the standard method for SSC measurement, given as % or
45 °Brix, unfortunately a destructive and rather time-consuming procedure. Quantification of
46 individual sugars (fructose, glucose and sucrose) in apples are also of interest in connection with
47 phenotyping and breeding programs, as well as for studying carbohydrate metabolism during
48 ripeness and postharvest storage (Guan et al., 2015). For industrial purposes, breeding and
49 research there is a strong need for rapid and non-destructive determination of SSC as well as the
50 individual sugars in apples.

51 Near-infrared spectroscopy (NIRS) is already established as an efficient method for determination
52 of SSC in apples. The method relies on absorption overtones and combination of vibrational bands
53 mainly associated with -CH and -OH functional groups present in the different carbohydrates
54 such as glucose, sucrose and fructose (López et al., 2016). Nicolai et al., 2007 reviewed the status
55 of non-destructive measurement of fruit quality by means of NIRS, and several studies show that
56 a typical prediction error (root mean square error of prediction, RMSEP) for SSC is around 0.5
57 %. But this accuracy is usually obtained for individual apple varieties from the same season and
58 from the same orchard. When calibrations are validated with apples from different seasons or
59 origins, the RMSEP usually increases to 1-1.5 %. Nicolai et al., 2007 concluded that to obtain a
60 robust calibration model, the calibration data set should be rich in variation and include apples
61 from different orchards and seasons. They regarded model robustness as the single most important
62 concern in NIRS of horticultural produce. The use of NIRS for determination of individual sugars

63 in intact apples was newly reported by Lan et al. (2020). They collected spectra in the region 900-
64 2500 nm from 840 apples of three varieties. Calibration models for fructose, glucose and sucrose
65 were obtained with promising results (RMSEP = 1.9, 9.2 and 7.6 g/kg, respectively). The models
66 were complex and no interpretation of the spectral data was offered (Lan et al., 2020).

67 Today, grading lines equipped with NIR sensors are commercially available (Nicolai et al., 2007)
68 and novel compact sensors have the potential to be used effectively in field and during storage.
69 But the workload of proper calibration and continuous calibration maintenance is a considerable
70 cost. It is therefore of interest to explore potential alternative non-destructive techniques. Raman
71 spectroscopy is one such technique that is now available in more affordable and compact
72 instrumentation. Raman spectra are in general more selective compared to NIR spectra, providing
73 more narrow spectral bands with abundant and well resolved chemical information which is easier
74 to interpret. It is well known that Raman spectroscopy is well suited for analysis and
75 quantification of sugars in complex samples. Özbalci et al., 2013 showed that fructose, glucose,
76 maltose and sucrose in water solutions can be clearly discriminated, and also quantified in diluted
77 honey samples by Raman spectroscopy using a laser excitation of 785 nm. Calibration models
78 based on PLS regression gave correlation coefficients higher than 0.95 for all the individual
79 sugars (Özbalci et al., 2013). Individual sugars in soft drinks have also been quantified with
80 Raman, using external calibration curves with sugar standards (Ilaslan et al., 2015). In this case,
81 Raman spectroscopy performed equally well as high performance liquid chromatography. Raman
82 spectroscopy is suitable for process monitoring in liquid systems and has been used for real time
83 quantification of total sugars with high accuracy ($R^2 = 0.99$, RMSECV = 0.17 g/L) during wine
84 fermentation (Wang et al., 2014). Total sugars were also determined in wine samples by FT-
85 Raman (RMSEP = 0.85 g/L) and better results were obtained compared to mid IR (RMSEP = 1.2
86 g/L) and NIRS (RMSEP = 1.4 g/L). Raman spectroscopy has also been used for adulteration
87 detection of coconut water with different types of sugars and was demonstrated to detect very low
88 levels of added single sugars, i.e. 2.1 %, 2.6 % and 1.9 % for glucose, fructose and sucrose,
89 respectively (Richardson et al., 2019).

90 One important technical aspect when considering Raman spectroscopy for analysis of intact solid
91 food matrices is representative sampling. Novel Raman system designs, such as spatially offset
92 Raman spectroscopy (SORS) and wide area Raman spectroscopy, allow deeper optical sampling
93 in biological tissues (Esmonde-White et al., 2017; Monago-Maraña et al., 2021). This makes them
94 highly relevant for measuring internal quality in foods (Afseth et al., 2014). An example is the
95 use of SORS for evaluation of internal maturity of tomatoes (Qin et al., 2012). As far as we know,
96 there are no reported studies on the determination of SSC or individual sugars in intact apples by
97 Raman spectroscopy. Hence, the aim of this study was to elucidate the potential for such an
98 application. Raman measurements employing a wide area Raman probe were performed on a total
99 of 60 apples of six different varieties at three steps: 1. intact apples, 2. apples without skin, and 3.
100 on the juice from the apples. From these measurements, regression models for SSC (%), total
101 sugars and contents of sucrose, glucose and fructose were obtained. In addition, the optical
102 sampling depth in apples was investigated.

103

104 **2. Materials and methods**

105 **2.1. Samples and chemicals**

106 A total of 60 samples were used in this study. Ten apples of six different varieties were selected
107 from the Norwegian grocery market in 2020: Granny Smith (variety 1), Royal Gala Kanzi (variety
108 2), Royal Gala (variety 3), Golden Delicious (variety 4), Pink Lady (variety 5) and Ecology Red
109 apples (variety 6). All samples were purchased May 2020 and could thus be expected to be fully
110 ripened. They were kept at 4 °C until further analysis.

111 Glucose, fructose and sucrose standards were purchased from Merck (Oslo, Norway). Trehalose
112 was obtained from VWR Life Science (Oslo, Norway). Sodium acetate and sodium hydroxide
113 solution (50 – 52 % in water), used for the mobile phases, were bought from Merck (Oslo,
114 Norway). Milli-Q water was obtained from a Milli-Q water system (Merck, Oslo, Norway).

115

116 **2.2. Reference analysis**

117 Soluble solids content (SSC), expressed in %, was determined at 25 °C with a RE40 digital
118 refractometer (Mettler Toledo AS, Oslo) on the fresh juice samples obtained, from peeled apples
119 after removing the peduncle, with a juice maker. Juices were then frozen for further analysis of
120 glucose, fructose and sucrose. Individual sugars were determined following the method described
121 by Helgerud et al., 2016. An aliquot of juice was diluted (1:2000) with Milli-Q water and
122 containing 10 µg/mL of trehalose as internal standard in each sample. A High-Performance Anion
123 Exchange Chromatography with Pulse Amperometric Detection (HPAED-PAD) system was
124 employed (Dionex ICS 5000+, Thermo Scientific Inc., USA). The system was equipped with an
125 AS-AP autosampler, an ICS 5000+SP pump and an ICS 5000+DC column oven. An ICS
126 5000+ED pulsed amperometric detector, with an Au working electrode and an Ag/AgCl reference
127 electrode was used. A CarboPac PA-1 anion exchange column and a CarboPac PA-1 guard
128 column were used and kept at 25 °C. Elution was performed in isocratic mode with sodium
129 hydroxide (100 mM) for 15 min, followed by a washing step for 5 min with sodium hydroxide
130 (100 mM) in sodium acetate (500 mM). The column was then reconditioned for 5 min with
131 sodium hydroxide (100 mM) before next injection. Flow rate was set at 1 mL/min and an injection
132 volume of 20 µL was employed. All samples were analyzed in duplicate.

133 **2.3. Raman spectroscopy**

134 A RamanRXN2™ Hybrid system (Kaiser Optical Systems, Inc., Ann Arbor, MI, USA) was used
135 to collect the Raman spectra. This instrument was equipped with a wide area non-contact PhAT-
136 probe. A 400 mW laser with a 785 nm excitation wavelength, and a circular spot size of D = 6
137 mm at a 25 cm working distance was used. Each spectrum was an average of 4x20 sec
138 accumulations, measured in triplicate, giving a total acquisition time of 320 seconds for each
139 sample. The average of the three spectra were taken after fluorescence background correction.
140 The measured spectral range was 200 – 1890 cm⁻¹. All samples were measured during four days
141 in a random sequence to avoid potential systematic variations between days or varieties.

142 To account for possible heterogeneity of samples, apples were spun around their own axis
143 during spectral collection. Each sample was first measured with skin. The apples were then peeled
144 with a vegetable peeler and measured again. Finally, juice from each apple was obtained with a
145 juice maker (Philips HR1866/00). The peduncle was removed and the remaining of peeled apple
146 was juiced. The juices were frozen after measuring SSC for further analysis with a different
147 Raman probe. The time for the entire procedure was less than 20 minutes per apple, avoiding
148 oxidation of samples with air.

149 All juice samples were thawed and measured with a Raman immersion ballprobe (Matrix
150 Solutions, Bothell, WA) suitable for liquids. The ballprobe was 20 cm long and 12.5 mm o.d,
151 incorporating a spherical lens. The instrumental settings were the same as those used for solid
152 samples, again performed in triplicates.

153

154 **2.4. Depth of Raman measurement**

155 To investigate the sampling depth with Raman in intact apples we performed one simple
156 experiment. A 25 mm thick slice of apple was placed upon a slice of carrot. The skin side of the
157 apple was facing the Raman probe (Figure 1). The apple slice was gradually sliced thinner and
158 thinner from the underside, and for every thickness a Raman spectrum was recorded. The thinnest
159 slice was 2 mm thick. The experiment was done for two apple slices, one without skin and one
160 with red skin. The appearance of the beta-carotene peaks at the different sample thicknesses
161 would give an indication of the sampling depth. **Multivariate curve resolution (MCR) was used**
162 **to extract the pure carrot and apple signals from the spectra (Tauler, 1995), making it possible to**
163 **estimate the relative contributions from carrot and apple as function of apple slice thickness. MCR**
164 **was performed in Matlab version R2007b by the PLS_Toolbox (Eigenvector Research Inc.,**
165 **Manson, WA, USA).**

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167

168 **2.5. Multivariate data analysis**

169 The fluorescence background in the raw Raman spectra was removed by subtracting a polynomial
170 fitted to the baseline (Lieber and Mahadevan-Jansen, 2003). The procedure was applied to the
171 range 300 - 1500 cm^{-1} because the main information from sugars is in this range. A polynomial
172 degree of 6 was used. The correction was performed using in-house Matlab scripts (R2007b, The
173 MathWorks, Inc., Natick, MA, USA).

174 **Principal component analysis (PCA) (Wold et al., 1987) was applied to explore spectral variation**
175 **between apple varieties. PCA was performed using The Unscrambler version 6.11 (CAMO**
176 **Software AS, Oslo, Norway).** Partial least-squares regression (PLSR) (Martens and Næs, 1989)
177 was used to obtain calibration models between Raman spectra and the quality features. Full cross-
178 validation and segmented cross-validation (leaving out one apple variety at the time) were used
179 to determine the number of components to use in the calibrations, and to evaluate the performance
180 of the models. Multivariate calibration was performed using The Unscrambler version 6.11
181 (CAMO Software AS, Oslo, Norway).

182

183 **3. Results and discussion**

184 **3.1. Spectral information**

185 Baseline corrected Raman spectra of apples with and without skin, as well as for apple juice, are
186 presented in Figure 2 (**raw spectra are shown in Figure S1**). The spectra clearly reveal that Raman
187 spectra of apples are rich in bands and thus chemical information on apple composition. Tentative
188 band assignments are provided in Table 1, and as seen from the list, most bands can be attributed
189 to the carbohydrates sucrose, fructose and glucose (Ilaslan et al., 2015; Özbalci et al., 2013). The
190 most intense bands appear at 629 cm^{-1} and 1459 cm^{-1} . Raman spectra of glucose, fructose and
191 sucrose standards collected in water solution are provided in **Figure S2**. By comparing the spectra,
192 a range of the bands appearing in apple spectra can be identified in the standards: 420 cm^{-1}

193 (fructose or glucose); 629 cm^{-1} (fructose), 1084 cm^{-1} (fructose), 1124 cm^{-1} (glucose), 1264 cm^{-1}
194 (fructose) and 1459 cm^{-1} (fructose, sucrose or glucose).

195 Figure 2 reveals notable similarity between apple juice spectra and spectra of apples without skin.
196 More surprising, taking into account the colorful skin, Raman spectra of apples with and without
197 skin are also very similar. This similarity could be related to the fact that apple skin is rather thin
198 and that we were probing considerably deeper into the apple. The few additional bands found in
199 the spectra of apples with skin is most likely related to skin pigmentation, such as chlorophyll
200 (i.e. the Raman bands found at 746 cm^{-1} and 1327 cm^{-1}) (Jehlička et al., 2014). All spectra in
201 Figure 2 are colored according to SSC (%) values. By visual inspection, a clear trend in the spectra
202 is observed in some regions around 629, 854, 1084, 1124, 1264 and 1459 cm^{-1} . These bands are
203 more intense in samples of high SSC. The trend is more apparent for apples without skin and
204 juices compared with spectra from samples with skin and thus gives initial indications on the
205 quantitative features of the spectra.

206 To study potential spectral variation among apple varieties, detect potential outliers and
207 systematic artifacts in the samples, PCA was applied. For apples with skin, the second and fourth
208 principal components (PC2 and PC4), explaining 23 % and 4 % of the variance, respectively,
209 showed a quite clear clustering of samples according to varieties (Figure 3A). Loadings for PC2
210 (Figure 3B) show that the main variables affecting the separation of varieties were 628, 835, 1083
211 and 1458 cm^{-1} , representing bands from sucrose and fructose. Scores values for PC2 were
212 generally higher for varieties 2, 3, 5 and 6, which indicates that the concentrations of these
213 compounds tend to be higher in these varieties. This is in accordance with measured sucrose
214 (Figure 5). For PC4, the variables resulting in clustering were 420, 628, 745 and 1326 cm^{-1} .
215 Positive loadings were related with glucose and fructose and negative loadings were related with
216 chlorophyll, showing higher intensity peaks in variety 1, 3 and 5 for these variables.

217 In the case of apples without skin, PC2 and PC3, explaining 22 and 7 % of variance, respectively,
218 showed some clustering (Figure 3C). Variety 5 was the most clearly clustered group. For PC3,
219 the main variables highlighted were 628, 834, 1124 and 1456 cm^{-1} . Positive loadings (1124 cm^{-1})

220 were related with glucose, which was very low for variety 5 (Figure 5C). Negative loadings were
221 related with sucrose and fructose, and the concentration of sucrose was high in variety 5. Thus,
222 even though apple skin clearly introduces additional chemical information in the spectra, clear
223 chemical features from apple tissue is seen in both sampling approaches.

224

225 **3.2. Depth of Raman measurement**

226 A simple experiment was performed to investigate Raman sampling depth in intact apples using
227 a thick slice of apple on top of a slice of carrot. The carrot exhibits strong Raman scattering at
228 1007 cm^{-1} and 1156 cm^{-1} due to beta-carotene. Figure 4A shows Raman spectra from the apple
229 slices of varying thickness upon the carrot sample. The intensity of the beta-carotene bands
230 increased when the thickness of the apple slices decreased. Based on MCR it was possible to
231 separate the signals from carrot and apple, and the estimated pure spectra are shown in Figure 4B.
232 The corresponding estimated concentrations of carrot and apple for each apple slice thickness are
233 plotted in Figure 4C and 4D. The estimated concentrations were normalized with respect to the
234 signals obtained from pure carrot and apple, respectively, and are therefore estimates of how large
235 shares of the signal that originated from carrot or apple. For an apple slice of 2 mm without skin
236 (Figure 4C) about 55 % of the signal came from the carrot, and for a slice of 5 mm as much as 27
237 % of the signal still came from carrot. At 8 mm thickness the contribution from carrot was
238 approaching zero. For apple with skin the signal contribution from deeper regions was smaller,
239 about 30 % at 2 mm and 12 % at 5 mm thickness. It was concluded that the current setup was
240 sufficient to probe 7-8 mm into the apple and that the skin reduced the signal from deeper regions.
241 Clearly, most of the Raman signal came from the sample volume close to the apple surface (0-4
242 mm), but it is interesting that signals are captured from depths down to 8 mm. Similar studies
243 with NIR spectroscopy on apples indicate a sampling depth of only about 4 mm in the 700–900
244 nm range (Lammertyn et al., 2000), but sampling depth will always depend on the optical setup.

245

246 3.3. Quantification of SSC and sugars

247 The bar charts of **Figure 5** show the variation of all the analyzed reference parameters, grouped
248 by variety. For SSC there are similar ranges (minimum and maximum values) across all varieties
249 (**Figure 5A**). Samples from variety 1 (Granny Smith) and variety 4 (Golden Delicious) had lower
250 total content of sugars than the other four varieties (**Figure 5B**). Larger span of variation (both
251 between varieties and within each variety) is seen for glucose (**Figure 5C**) and sucrose (**Figure**
252 **5E**) compared to fructose (**Figure 5D**). Mean values of fructose for each variety were compared,
253 and statistically differences were found between varieties 6 and 1 and varieties 6 and 5. The
254 correlations found between different reference parameters in the samples were calculated and are
255 provided in **Figure S3A**. As expected, there was a high correlation between SSC (%) and total
256 sugars. In addition, there were high and positive correlations between sucrose, SSC and total
257 sugars. A strong negative correlation was found between sucrose and glucose. Fructose did not
258 present high correlations towards any other parameter. In general, these correlations are important
259 to take into account when interpreting the calibration models obtained.

260 Baseline corrected Raman spectra ($300 - 1500 \text{ cm}^{-1}$) were used to obtain the calibration models
261 for all chemical reference parameters (Table 2). The optimal number of components were chosen
262 based on the explained variance for each component as well as the regression coefficients, making
263 sure regression coefficients were consisting of distinct spectral features and not only noise. For
264 SSC, the results were good compared to reported studies based on NIRS (Fan et al., 2020; Lan et
265 al., 2020; Li et al., 2018). In general, results based on apples without skin were better than apples
266 with skin. This result could be expected since having to penetrate the skin adds complexity to the
267 spectroscopic measurements. Moreover, reference measurements were obtained from the peeled
268 apples, so a better match could be expected. However, results for the measurements on apples
269 with skin are still acceptable. Regression coefficients for all calibration models for apples without
270 skin are provided in **Figure 6**. For the SSC regression coefficients (**Figure 6A**), the main variables
271 affecting the models were found at $834, 1070, 1130$ and 1460 cm^{-1} . These variables have been
272 attributed to sucrose in solution (**Figure S2C**). This result is in accordance with the correlation

273 found between SSC and sucrose content (Figure S3). Overall, the regression coefficients for total
274 sugars emphasized similar chemical bands as those for SSC.

275 For glucose and sucrose, good calibration models were obtained, both on apples with and without
276 skin. The regression coefficients for glucose and sucrose were dominated by the same Raman
277 bands, but inversely correlated. This could be expected since the reference values were negatively
278 correlated (Figure S3A). The correlations between the predicted values from these calibration
279 models are shown in supplementary Figure S3B and S3C. Since these correlation coefficients
280 were similar to those obtained for the reference values, it is most likely possible to predict the
281 individual content of sugars independently of the variation of other sugars or total sugars. The
282 poorest regression results were obtained for fructose for all sample types. However, note that the
283 regression coefficients obtained (Figure 6D) (including the following Raman shifts: 423, 523,
284 629, 1268 and 1460 cm^{-1}) closely resembles the Raman spectrum of aqueous fructose (Figure
285 S2B and Table 1). This means that the model is based on chemical information from fructose.
286 One explanation for poor accuracy is the narrow variation range of fructose, as seen in Figure 5D.
287 Calibration models for juice were included as benchmarks for the other sampling approaches,
288 since juice samples are more homogeneous without the complex sample matrix of intact apples.
289 Surprisingly, for SCC and total sugars, regression results were better for apples without skin than
290 for juice samples. For single sugars, the regression results obtained on apples without skin were
291 very similar to those of juice. It is difficult to point on one single explanation for these results.
292 For bulk parameters like SCC and total sugars it could be hypothesized that apple matrix bands
293 not directly related to sugars are used indirectly to improve modelling of bulk parameters in the
294 peeled apples. Such matrix bands are obviously not present in juice spectra. Regardless, the results
295 clearly suggest that apple measurements perform as well as juice measurements, which is
296 encouraging for future development of this application.

297 In this study, all Raman spectra were pre-processed using a standard baseline correction.
298 Additional tests employing a normalization routine (extended multiplicative scattering correction)
299 led to less accurate calibration models (data not shown). Normalization could remove relevant

300 chemical variation in the Raman spectra. The exploration of pre-processing steps, including
301 baseline correction and normalization, will be an essential part of future development of this
302 approach. Moreover, in order to evaluate the robustness of the Raman measurements, regression
303 models were validated by leaving out one apple *variety* at a time (i.e. 17 % of the samples were
304 left out each time). As provided in Table S1, these results were mainly the same as for full cross-
305 validation. Since robustness across varieties is a major challenge when using NIR spectroscopy,
306 this suggests that Raman could be a beneficial alternative. However, more data is needed to
307 explore this possibility.

308 To validate current results, sample sets and variation ranges should be extended with new
309 varieties. As only ripe apples with very low starch contents were used, the inclusion of apples
310 from different stages of ripening would also be very interesting. Starch exhibits distinct Raman
311 bands that certainly will affect the overall Raman fingerprints. Another interesting aspect is
312 looking into alternative Raman sampling possibilities. SORS could potentially provide deeper
313 optical sampling than the wide area Raman probe used in the present study, and this might
314 improve current results. SORS is expected to be particularly beneficial in measurements of intact
315 apples, since the SORS approach would enable efficient penetration and suppression of signals
316 from the skin layer.

317 Compared to NIRS, Raman systems are generally limited by weaker signals. Prolonged exposure
318 times is a common way of compensating for this. The exposure times used in the current study
319 (i.e. 320 seconds) were not optimized with respect to speed, but an achievable aim should be to
320 reduce exposure times down to 2-5 seconds. Furthermore, Raman measurements are very
321 sensitive to ambient light. In this study the measurements were done in a dark room with
322 negligible ambient light, while in field or in processes this has to be solved with proper
323 shielding. In addition, Raman systems tend to be more expensive than NIR systems. The
324 development of Raman technology is currently happening at a steady pace, and it is likely that
325 more affordable systems with improved sampling opportunities and signal efficiency will be
326 available in the near future.

327 **4. Conclusions**

328 This study illustrates the feasibility of using Raman spectroscopy for quantification of SSC and
329 individual sugars (glucose, fructose and sucrose) in apples with and without skin. By using a wide
330 area Raman probe, it is possible to measure at least 8 mm into an apple, through the skin.
331 Calibration models for SSC provided an accuracy comparable with what is achievable with NIRS.
332 In addition, good calibration models were obtained for glucose and sucrose. Poorest models were
333 obtained for fructose. This could be related to the poor variation range of this component in the
334 current sample set. Extending sample sets with new varieties at different stages of ripeness is
335 needed to further validate the feasibility of Raman spectroscopy for use in apple quality
336 evaluation.

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Table 1. Tentative assignment of Raman bands found in apple samples.				
Wavenumber (this work) (cm⁻¹)	Wavenumber reference (cm⁻¹)	Vibration	Compound assigned	Reference
420	415	$\delta(\text{C2} - \text{C1-O1})$	Glucose	(Ilaslan et al., 2015)
	419	$\delta(\text{C} - \text{C-O})$	Fructose	(Özbalci et al., 2013)
519	523	Skeletal vibration	Glucose	(Ilaslan et al., 2015)
629	631	$\delta(\text{C-C-O})$	Fructose	(Ilaslan et al., 2015)
802	800	$\nu(\text{C-C})$	Sucrose	(Ilaslan et al., 2015)
854	856	$\delta(\text{C1} - \text{H1})$	β -glucose	(Özbalci et al., 2013)
1084	1082	$\nu(\text{C-O})$	Fructose	(Söderholm et al., 1999)
1124	1127	-	β -glucose	(Cael et al., 1974)
1264	1263	-	β -glucose	(Cael et al., 1974)
	1264		Fructose	(Delfino et al., 2011)
1459	1459	-CH ₂	Fructose	(Delfino et al., 2011)
	1460		Glucose	(Söderholm et al., 1999)

Table 2. Results obtained for the different models.				
		Apples with skin	Apples without skin	Juices
SSC	Comp.	2	1	4
	RMSECV (%)	0.66	0.46	0.72
	R²	0.70	0.85	0.63
Total sugars	Comp.	2	2	2
	RMSECV (mg/L)	9.7	7.5	9.3
	R²	0.57	0.74	0.61
Glucose	Comp.	6	3	3
	RMSECV (mg/L)	2.8	1.9	2.1
	R²	0.82	0.91	0.90
Fructose	Comp.	3	4	3
	RMSECV (mg/L)	6.2	5.6	6.0
	R²	0.27	0.40	0.32
Sucrose	Comp.	5	3	2
	RMSECV (mg/L)	5.8	3.9	3.6
	R²	0.89	0.95	0.96

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416 **Figure captions**

417 **Figure 1.** Sketch of sampling approach for the depth measurement study.

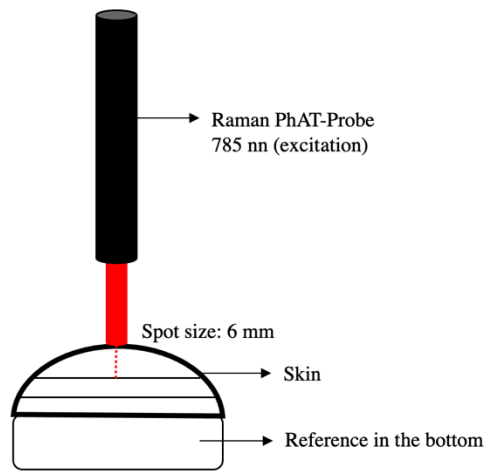
418 **Figure 2.** Baseline-corrected Raman spectra from apples with skin (A), apples without skin (B) and
419 apple juices (C). Spectra are colored according to SSC.

420 **Figure 3.** Scores values (A and C) and loadings (B and D) obtained from PCA analysis of apples with
421 skin (A and B) and without skin (C and D).

422 **Figure 4.** Baseline-corrected Raman spectra obtained for the different slices of apples without skin (A).
423 Estimated pure spectra obtained by MCR (B). Estimated concentrations by MCR for apple without skin
424 (C) and with skin (D).

425 **Figure 5.** Bar charts for the different parameters studied: SSC (A), total sugars (B), glucose (C), fructose
426 (D) and sucrose (E). Light colors represent the minimum values, dark colors represent the maximum
427 values and medium color represents the mean value. The error bars represent the standard deviation in
428 each case.

429 **Figure 6.** Regression coefficients for the models obtained for apples without skin: SSC (A), total sugars
430 (B), glucose (C), fructose (D) and sucrose (E).



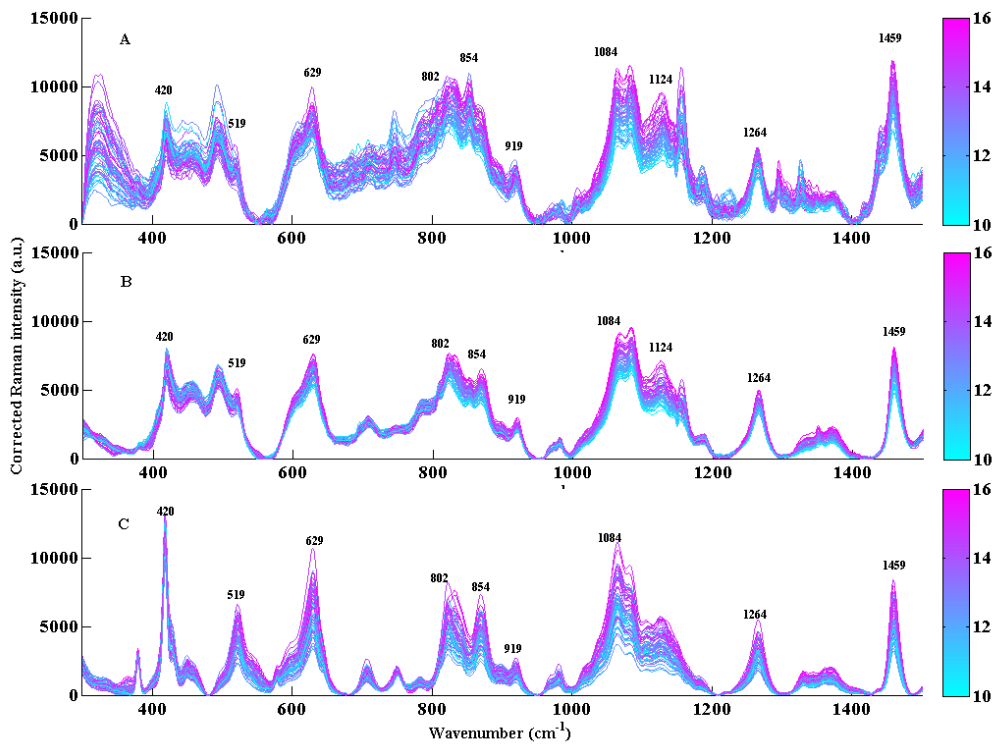
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Figure 1



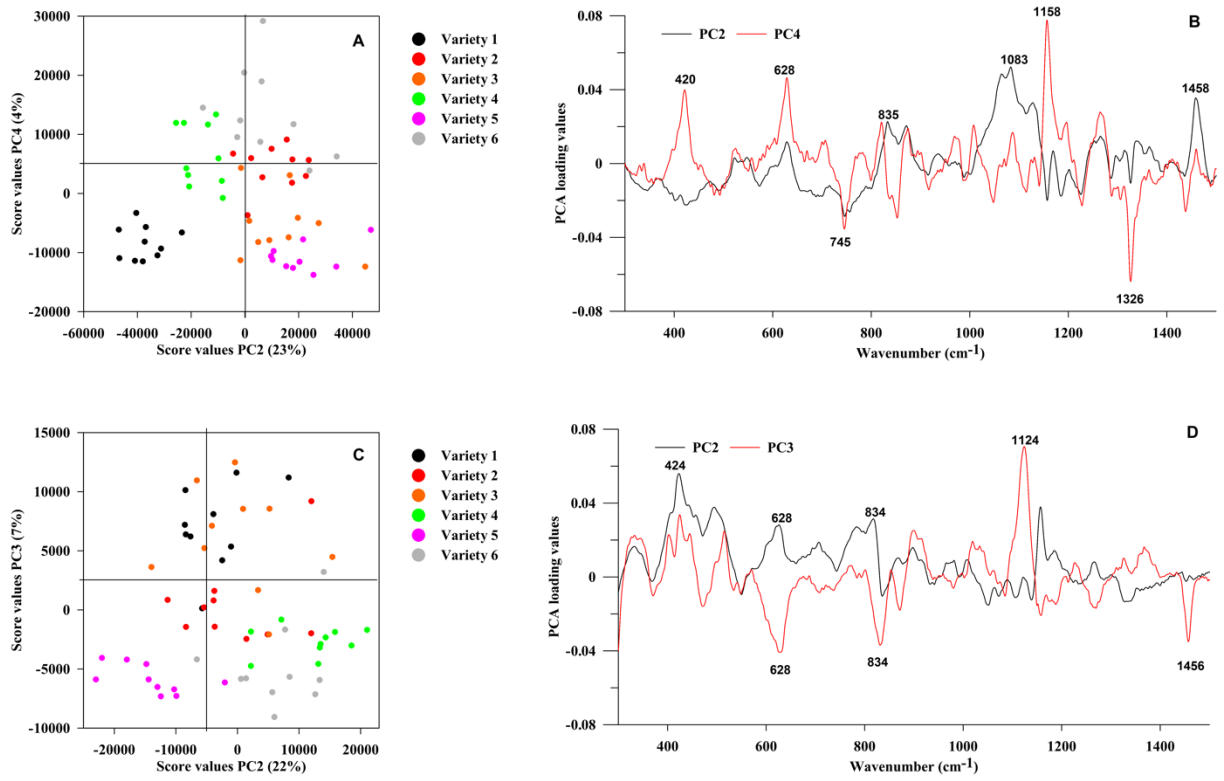
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Figure 2

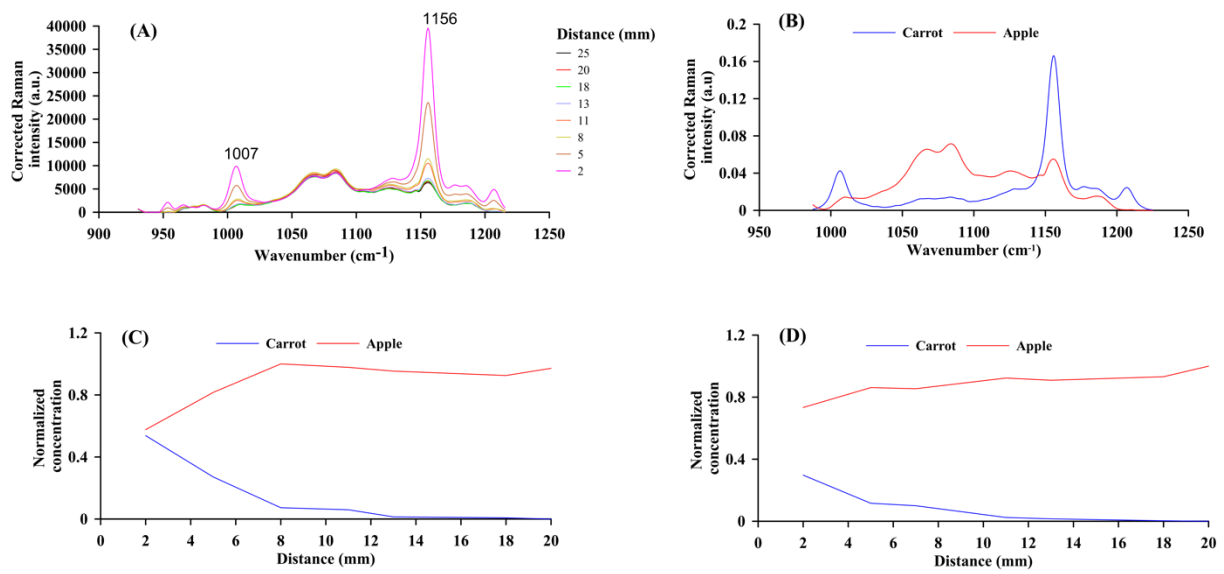


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Figure 3



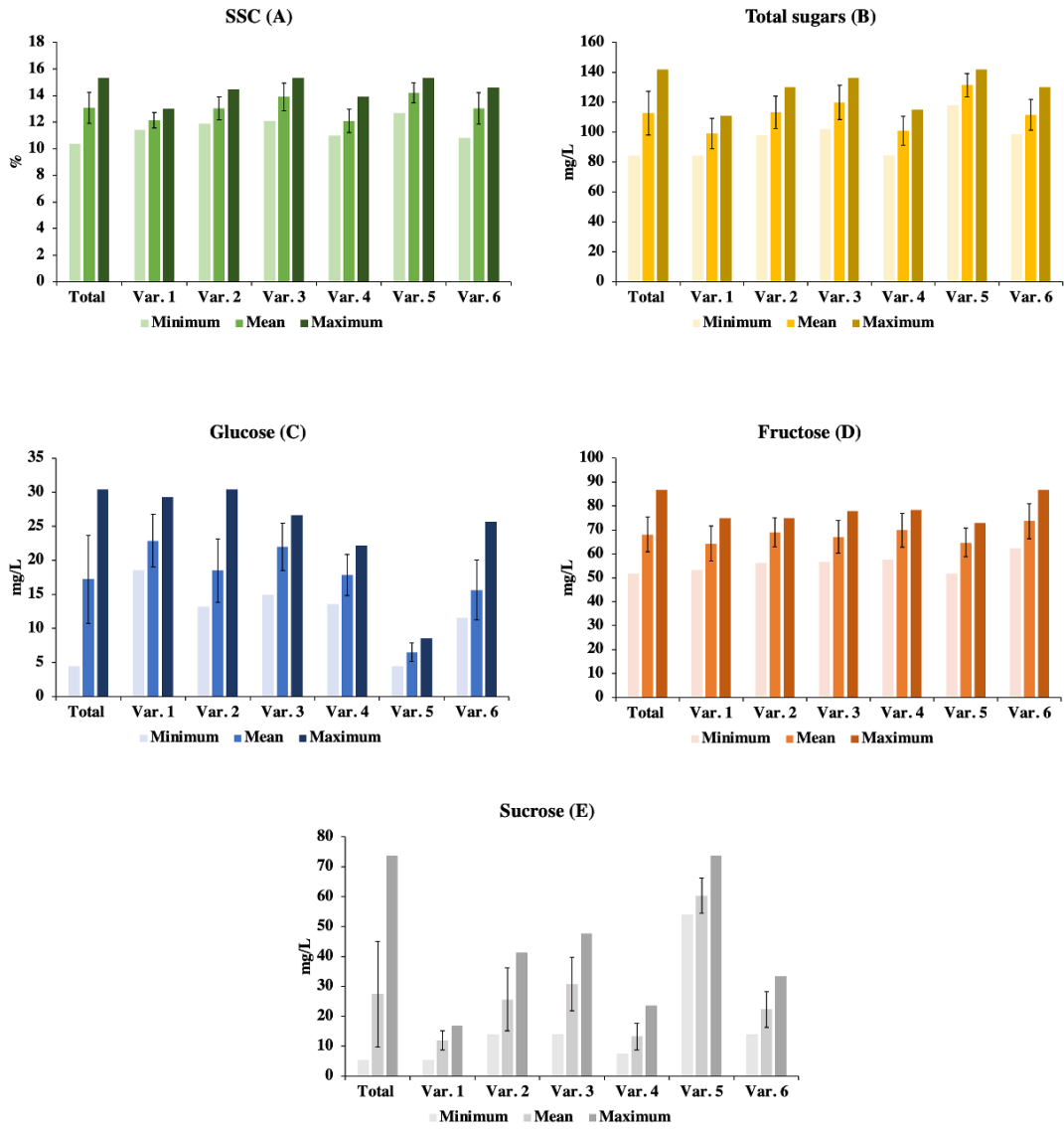
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Figure 4



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Figure 5

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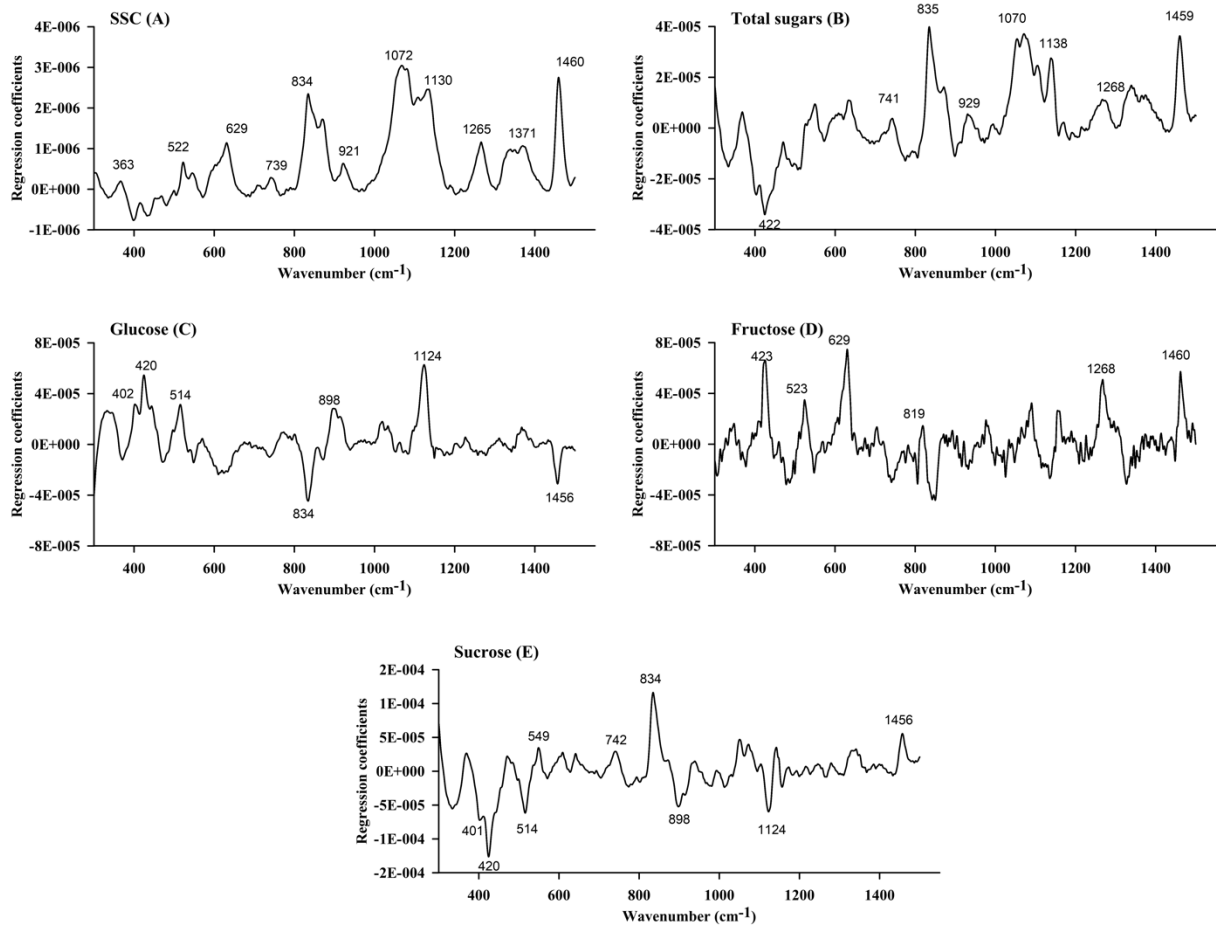
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Figure 6