

1 **Consumer associations about other buyers of suboptimal food – and what it**
2 **means for food waste avoidance actions**

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1 **Highlights**

- 2 • Food waste can be tackled by offering suboptimal food in the store
- 3 • An online experimental survey tested associations with buyers of suboptimal food
- 4 • Buyers of suboptimal food are viewed as economic, thrifty, frugal and environmental
- 5 • Buyers of optimal food are regarded more heterogeneously
- 6 • Consumers project their environmental concerns and value consciousness on others

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4 1 **Abstract**
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6 2 One approach to tackling the imminent sustainability problem of food waste is to sell
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8 3 suboptimal food which otherwise might be wasted. How the action of buying price reduced
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10 4 suboptimal food is influenced by the fact that the consumer perceives to be in the public and
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12 5 observed by others, however, is yet underexplored. The present research investigates which
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14 6 associations consumers form when they see other consumers purchasing suboptimal foods. In
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16 7 an online experimental survey, consumers of five European countries checked every word that
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18 8 applied (CATA) from a set of items, that described what choosing a food item told them about
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20 9 an acquaintance they met in the store in terms of his or her traits. The food item was optimal
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22 10 or suboptimal, fresh or packaged food, and presented with a communication that either
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24 11 underlined a budget saving benefit or a contribution to avoiding food waste. Results show that
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26 12 consumers of suboptimal products are regarded as economic and thrifty, as well as frugal and
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28 13 environmental. The associations with consumers of optimal products are more diverse, and
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30 14 include both positive and negative wordings, ranging from successful over to fussy and
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32 15 traditional. Consumers' own level of environmental concern and value consciousness explain
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34 16 the degree to which another consumer is perceived as having similar traits, revealing that
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36 17 consumers project their own traits on others. Findings imply that stores offering suboptimal
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38 18 food should present and communicate the items in line with the characteristics of the store's
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40 19 target group, and that suboptimal food choices can trigger positive associations.
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48 21 **Keywords:** Food waste; Suboptimal food; Communication; Association; Identity; Norms
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62 **23 1. Introduction**
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65 24 Food waste is an increasingly acknowledged sustainability problem, which is why halving food
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67 25 waste is one of the United Nations' sustainable development goals (UN, 2015). All
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69 26 stakeholders in the supply chain, and in particular consumers, are summoned to act towards
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71 27 reducing food waste. Consumers can contribute to food waste avoidance in many ways
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73 28 (Schanes, Dobernig, & Gözet, 2018). Most of these actions are not necessarily observable for
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75 29 others, as these actions occur within the household. This might explain why moral norms have
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77 30 not been found to be strong predictors of avoidance intentions (Stancu, Haugaard, &
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79 31 Lahteenmaki, 2016). However, purchase behaviour in the store is an activity visible for others.
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81 32 Therefore, what others think about one's choices might be relevant for product choices, and it
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83 33 also influences choice among foods that are differently related to food waste.
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87 34 Supermarkets have begun to undertake actions that are destined to reduce food waste. These
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89 35 practices include a shift from pay-per-unit to pay-per-weight for fruit and vegetables, selling
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91 36 the surplus single bananas, or reducing the price of foods that have become suboptimal in, for
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93 37 example, appearance or in approaching the indicated date (Aschemann-Witzel et al., 2017).
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95 38 Suboptimal products are typically visibly separated from the optimal products in an own
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97 39 container, or they are marked with colourful stickers that can communicate price-reduction or
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99 40 food waste avoidance (Kulikovskaja & Aschemann-Witzel, 2017). There are usually other
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101 41 customers in the store as well, and the products are visibly marked, including being described
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103 42 as an ethical consumer choice or a corporate social responsibility action of the store (Theotokis,
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105 43 Pramadari, & Tsiros, 2012). Thus, consumers might assume that other persons notice what they
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107 44 do, which means that social norms can come into play and influence product choices. That is,
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109 45 product choices may signal something about the consumer and his/her identity to other
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111 46 shoppers (Bartels & Onwezen, 2014).
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121 47 With regard to suboptimal food, choosing or not choosing a price-reduced suboptimal food can
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123 48 have different consequences in terms of consumers associations, also depending on the product
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125 49 in question. For example, buying price-reduced food might be thought of as a smart economic
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127 50 action (Zielke, 2014) or a frugal choice (Gatersleben, Murtagh, Cherry, & Watkins, 2017), or
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129 51 as having the status of an ethical consumer (O'Connor, Sims, & White, 2017) and value
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131 52 universalism and care for others (Schwartz & Bilsky, 1990). It might, however, also show
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133 53 others that a consumer is 'stingy' (Zielke, 2014), excessively thrifty (Gatersleben et al., 2017),
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135 54 or carelessly putting his/her loved ones at risk with unsafe food (Watson & Meah, 2013). If the
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137 55 suboptimal product offer is accompanied with in-store communication talking about food waste
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139 56 avoidance or the products are presented as either a budget saving or a food waste reduction
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141 57 action on the stickers, then this communication can make respective motives more salient
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143 58 (Loebnitz, Schuitema, & Grunert, 2015). Such communication tactics are likely stronger if the
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145 59 respective consumer already perceives a higher level of environmental concern or is rather
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147 60 value conscious in his or her purchases.

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152 61 Consistent with the notion that similarity attracts (Montoya, Horton, & Kirchner, 2008),
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154 62 individuals' own views typically influence what consumers think of others. In line with the
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156 63 above reasoning that there are diverse potential consequences in terms of associations about
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158 64 consumers purchasing price-reduced suboptimal food, and assuming that ascriptions to others
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160 65 reflect own views on the issue, we aimed to explore the following question: Which associations
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162 66 are ascribed to consumers who choose price-reduced suboptimal (vs. optimal) food, and do
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164 67 these associations differ by product category, accompanying communication, or consumer
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166 68 characteristics? The goal of the current study was to explore which ascriptions to others
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168 69 selecting suboptimal food are chosen by which type of consumers. This allows to study how
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170 70 the action is 'seen' by others and might affect mutual customer perception in the store.

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71 We find that consumers of suboptimal food are associated with both environmental and
72 economic traits, and that these associations are particularly powerful when they are congruent
73 with individuals' own opinions on environmental and economic issues. Consumers of optimal
74 food, on the contrary, are perceived more heterogeneously. Taken together, our findings
75 indicate that suboptimal food can trigger relatively favourable associations, and that stores
76 should align their communication to the motivational and psychographic characteristics of their
77 consumers.

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79 **2. Material and methods**

80 *2.1 Sample*

81 In an online experimental study conducted across five countries – Germany, The Netherlands,
82 Sweden, Norway and Denmark – a sample of 3114 consumers was surveyed. The consumers
83 were part of the representative online panel of a market research agency (the company
84 Userneeds, member of ESOMAR). A sampling applying quotas for age, gender and region of
85 residence was used. Respondents using less than the mean survey duration, minus two standard
86 deviations, were excluded from the data. The final sample consisted of 3098 participants (see
87 Table 1 for an overview of the sample characteristics).

88 Insert Table 1 here

89 *2.2 Experimental design and survey sequence*

90 The experiment was part of a larger study in which consumers saw both optimal and suboptimal
91 food products, and had to make a choice as well as assess the quality dimensions. The data
92 analysed here focus on how consumers perceive others who chose either optimal or suboptimal
93 food.

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94 The experiment explored how ascriptions to other individuals are influenced by whether they
95 are described as purchasing either suboptimal or optimal foods, depending on product category
96 and marketing communication. Respondents were randomly allocated to the following
97 experimental groups in the experiment: 2 product categories x 3 communication types x 2 types
98 of food items (suboptimal or optimal), resulting in 12 experimental groups.

99 For the type of item, the respondents were shown items from the product category (packaged
100 food: bread or fresh food: potato). They were shown either a control communication, a
101 communication focusing on the price-reduction and budget saving effect, or a communication
102 that appealed to taking pity of the item and avoiding that it ends as food waste. Moreover,
103 respondents were either shown a picture of an optimal or a suboptimal food item of the
104 category.

105 The respondents were asked to imagine that they saw someone they knew, and that this person
106 was in the process of buying the product. The name indicated that the person was either male
107 or female. The gender was introduced to make the question more personal by mentioning an
108 actual person's name. The names were chosen so that they represented typical names in each
109 country, without necessarily being associated to a certain age cohort (see Table 2 for the
110 experimental design).

111 Insert Table 2 here

112 *2.3 Product categories and communications*

113 Bread was used as it is a frequently bought category, and the practice of reducing its price when
114 approaching the date or not being fresh anymore is common (Kulikovskaja & Aschemann-
115 Witzel, 2017). Potatoes are a fresh produce of common use in all the countries of the study,
116 and fresh produce is a category where a lot of food waste due to odd shape or imperfection
117 occurs (Priefer, Jörissen, & Bräutigam, 2016).

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118 The products, which each were characterized by a type of sub-optimality typically seen in this
119 category, were either not further communicated (control group), or accompanied by the two
120 types of alternative communications. The first made the benefits of budget savings more
121 salient, and the second indicated that consumers should take care of the item, either because it
122 did not look perfect but was of fine taste (potato) or because this would save it from food
123 wastage (bread). The second communication is called ‘personal’ or ‘emotional’ in the
124 following. All suboptimal products were reduced in price by 50%, which is a common extent
125 of reduction (Aschemann-Witzel, 2018) (see Figure 1 for an example of the images used).

126 Insert Figure 1 here

127 *2.4 Associations and survey measures*

128 As dependent variables, respondents assessed which words ‘told them’ something about the
129 person in question described in the scenario (e.g. seeing person X they knew and just met, being
130 in process of buying item Y). The 15 words were chosen to reflect firstly, on negative or
131 positive associations to the price-reduction (e.g., economical, stingy, Zielke, 2014), secondly,
132 on value orientations underlying choice (e.g., caring, successful Schwartz & Bilsky, 1990), and
133 thirdly, providing an expression of positive or negative thoughts on motives or consequences
134 of choosing suboptimal or optimal food (e.g., frugal, risky, or fussy). The latter was based on
135 findings of food waste research showing consumer thoughts on frugal lifestyle (Cappellini &
136 Parsons, 2012; Evans, 2012), food safety risks (Watson & Meah, 2013) or a good provider
137 identity (Graham-Rowe, Jessop, & Sparks, 2014) being on consumers’ minds when discussing
138 food waste related behaviours. The wordings had been tested previously in another study
139 (Aschemann-Witzel, Giménez, & Ares, 2018). Respondents checked as many adjectives as
140 they felt applied to the person; thus, the question was a Check-All-That-Apply (CATA) task,

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357 141 which is applicable for assessing product-related emotions (Jaeger, Lee et al., 2018). The
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359 142 question asked and items used can be seen in Table 3.

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362 143 Insert Table 3 here

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365 144 As background psychographic and thus individual traits, environmental concerns were
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367 145 measured with six items from Haws, Winterich, and Naylor (Haws, Winterich, & Naylor,
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369 146 2014), and value consciousness with three items from Lichtenstein, Ridgway, and Netemeyer
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371 147 (Lichtenstein, Ridgway, & Netemeyer, 1993). The words and the measures can be found in
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373 148 Table 4.

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376 149 Insert Table 4 here

377 378 379 150 *2.5 Analysis*

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381 151 The CATA questions were explored in two steps: Firstly, we used chi-square tests, Cochran's
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383 152 Q test and McNemar multiple comparison tests to study frequency of mention of all the words,
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385 153 comparing between category, communication type, and optimality or sub-optimality of item.
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387 154 A correspondence analysis (CA) was also run to visualise the variations in buyer descriptions.
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389 155 Moreover, effects of location condition (supermarket or farmer's market), respondent gender,
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391 156 and buyer gender were investigated in ANOVA general linear models for the three main
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393 157 ascribed buyer characteristics emerging (models with the main effects of Location,
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395 158 Gender_Respondent, Gender_Buyer, Product, Opt/SubOpt, and Communication).

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397 159 Secondly, to study the influence of psychographics, we created factors of selected adjectives
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399 160 associated with a consumer choosing suboptimal (vs. optimal) food, and compared these
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401 161 factors with the participants' own psychographics, as measured through their environmental
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403 162 concerns and value consciousness. These factors corresponding to consumers choosing
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405 163 suboptimal (vs. optimal) food consisted of two sum scores based on frequency and correlation
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407 164 of choice of adjectives and by computing the number of affirmative responses, if any,
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416 165 participants gave. The first factor was computed using the items: environmentally oriented,
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418 166 caring, and inattentive, with the last item being reverse coded. The second factor contained the
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420 167 items: economic, frugal, and thrifty. For simplicity, we refer to these factors as the
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422 168 ‘responsibility factor’ and the ‘price sensitivity factor’, respectively. The factors’ relation to
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424 169 the participants’ psychographics were analysed with simple moderation analyses (PROCESS
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426 170 model 1) (Hayes, 2013).

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431 432 172 **3. Results**

433 434 435 173 *3.1 Ascriptions to others purchasing suboptimal food*

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438 174 The frequency of selection of terms from the CATA task to describe buyers was compared
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440 175 between the 12 conditions varying for product categories (packaged or fresh), food item
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442 176 (optimal or suboptimal), and communication type (price, personal/emotional, or control)
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444 177 communication (see Table 5). The Chi-square test of independence shows high significance
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446 178 ($\chi^2=857.82, p < .0001$) indicating that respondents used different adjectives to characterise
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448 179 buyers in the 12 different conditions.

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451 180 Insert Table 5 here

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454 181 Observing the pattern, it shows that buyers of suboptimal products were especially qualified as
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456 182 “thinks very economical”, “thrifty”, “frugal,” and “environmentally oriented”. Buyers of
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458 183 optimal products were especially qualified as “fussy”, “successful,” and “traditional”. These
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460 184 characteristics dominated both for buyers of fresh and of packaged products, and across the
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462 185 different communication conditions. There was, in addition, a tendency to assess buyers of
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464 186 optimal product as “inattentive”, and of buyers of fresh suboptimal products as “risky”.

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467 187 Insert Figure 2 here

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475 188 The correspondence analysis reports 89.6% of the variation on factor 1, splitting suboptimal
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477 189 product buyers to the left from optimal product buyers to the right (see Figure 2). Along factor
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479 190 2 (4.0% variation) we can see that descriptions of suboptimal product buyers are more uniform
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482 191 (showing less vertical spread) than descriptions of optimal product buyers.

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484 192 Further, effects of gender (respondent and buyer), product category and type, and
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486 193 communication were investigated in ANOVA general linear models. Communication and
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488 194 buyer gender did not have any effect on personality ascriptions, while sub-optimality had
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490 195 effects on all terms except “caring” (Results not shown). Figure 3 reports differences for three
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492 196 key attributes: “environmentally oriented”, “thinks very economical”, and “traditional”. Buyers
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494 197 were more typically ascribed as “environmentally oriented” by female respondents than by
495
496 198 male respondents. Buyers of packaged products and in particular of suboptimal products were
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498 199 typically ascribed as “environmentally oriented”. The ascription to the buyer as “thinks very
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501 200 economical” was more often chosen in packaged products, when the budget saving was made
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503 201 more salient, and in particular for suboptimal products. The item “traditional” was not only
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505 202 more often chosen for optimal products, but also for fresh products in general.

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508 203 Insert Figure 3 here

509 204 *3.2 Consumer psychographics explaining ascription to others*

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511 205 To investigate whether participants’ own orientation (i.e., environmental concerns and value
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513 206 consciousness, respectively) moderated which wordings they chose for the consumer selecting
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515 207 either optimal or suboptimal food by means of the responsibility factor and the price sensitivity
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517 208 factor, we conducted two simple moderation analyses (PROCESS Model 1) following the
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519 209 guidelines proposed by Hayes (Hayes, 2013). In other words, we explored the match between
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521 210 participants’ own individual traits and the ones ascribed to the consumer choosing optimal (vs.
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523 211 suboptimal) food.

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212 For the first moderation analysis, the effect of environmental concerns on participants'
213 responsibility perceptions was significant and positive ($\beta = .09, t = 9.49, p < .001$), just as the
214 effect of food option ($\beta = .47, t = 19.02, p < .001$). Importantly, and consistent with our
215 theorizing, the impact of food option on responsibility perceptions was moderated by
216 participants' environmental concerns ($\beta = .13, t = 6.90, p < .001$). Thus, participants'
217 responsibility perceptions of another person (checking items of environmentally oriented,
218 caring, and (reverse coded) inattentive) were positively influenced if the person was described
219 as consuming suboptimal (vs. optimal) food, and this effect was particularly powerful among
220 participants scoring high (vs. low) on environmental concerns themselves (see Figure 4).

221 For the second moderation analysis, the effect of value consciousness on participants' price
222 sensitivity perceptions was significant and positive ($\beta = .08, t = 6.90, p < .001$), as was the
223 effect of food option ($\beta = 1.05, t = 34.41, p < .001$). In line with our conceptualization, the
224 effect of food option on price sensitivity perceptions was moderated by participants' value
225 consciousness ($\beta = .07, t = 2.98, p = .003$). Participants' price sensitivity perceptions of another
226 person (checking items of economic, frugal and thrifty) were positively influenced if the person
227 was described as consuming suboptimal (vs. optimal) food, and this effect was stronger among
228 participants scoring high (vs. low) on value consciousness (see Figure 4). Controlling for all
229 factors used as variables in the first experiment did not change the nature and significance of
230 the results obtained in the moderation analyses

231 Insert Figure 4 here

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233 **4. Discussion**

234 The findings of the present study reveal that the distinction between optimal and suboptimal
235 food has a crucial impact on the ascription to the buyers. This impact is more relevant than the

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236 type of food category or the accompanying communication. This thus confirms the important
237 effect of both perceived quality and price on consumer perception (Steptoe, Pollard, & Wardle,
238 1995).

239 The results also reveal that the ascription of consumers buying suboptimal food is more
240 homogenous compared to consumers buying optimal food. Consumers buying suboptimal food
241 are characterized as both economic and thrifty as well as frugal and environmental,
242 independently of the communication. These results are in line with earlier results collected with
243 Uruguayan consumers (Aschemann-Witzel et al., 2018), which show that both aspects, the
244 economic motive as well as the environmental motive (Steptoe et al., 1995), are thought of by
245 consumers when seeing suboptimal food.

246 A tendency to think of a risk was found for the fresh suboptimal food, in line with research
247 showing food safety anxiety (Watson & Meah, 2013) and dislike of faults in fresh produce
248 (Jaeger, Machín et al., 2018; Loebnitz et al., 2015). In turn, a tendency to associate
249 inattentiveness was found for optimal food choice. This might indicate that consumers thought
250 the respective other buyer was not paying attention to the price reduction of the suboptimal
251 food.

252 Optimal buyers were ascribed to be fussy, traditional, and successful. This might be explained
253 by the fact that choosing the optimal is the ‘normal’ and thus traditional choice, compared to
254 the new trend of seeing an offer of suboptimal food in the stores. The appearance of the word
255 “fussy” in relation to optimal choice is interesting, and might indicate that a societal change
256 has taken place, in which choosing the optimal over the suboptimal food is perceived as a
257 negative sign of a kind of excessive pickiness in food choice. At the same time, though, the
258 choice of the ascription “successful” could have something to do with the higher price and
259 status of the optimal product. The greater heterogeneity in the choice of ascriptions might

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652 260 underline that how optimal food choice should be understood, is not well-aligned among the
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654 261 consumers.

656 262 The theory of self-image congruity applied to the food domain (Vanhonacker, Lengard,
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659 263 Hersleth, & Verbeke, 2010) suggests that a consumer of suboptimal food may report a strong
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661 264 congruence between their own self-image and their ascriptions of other suboptimal food
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663 265 consumers. Findings confirm that the own concern or traits are projected onto the other buyer,
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665 266 and similar motives ascribed to that person.

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669 268 **5. Conclusions and implications**

672 269 We can conclude on a number of findings from the study. Firstly, suboptimal food is associated
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674 270 with both economical and thrifty as well as frugal and environmental motives. Secondly,
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676 271 consumers ascribe their own motives to others when observing suboptimal food purchases.
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678 272 Thirdly, we find that optimal food choice, in turn, is perceived more heterogeneously, with
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680 273 both positive and negative ascriptions, ranging from successful, to fussy and traditional.

683 274 The findings from the present study imply that stores offering suboptimal food should expect
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685 275 this to have a strong signalling influence. Suboptimal food can signal and be associated with
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687 276 both economic and environmental issues. Therefore, stores should design their presentation
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689 277 and communication of the suboptimal food items in line with the customer group
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691 278 characteristics, since a similarity or match between the specific traits of the customer group
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693 279 and the aspects associated with suboptimal food may enhance consumers' inclination to buy
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695 280 such food. Thus, if the key consumer segment can be assumed to be more value conscious than
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697 281 environmentally concerned, suboptimal food may be advertised primarily using price reduction
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699 282 communications and communication strategies highlighting the money saving elements
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701 283 connected to consuming such food. If, on the contrary, the target group of consumers can be
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703 284 thought of as environmentally concerned but not necessarily price conscious, it may be more
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285 efficient to advertise in-store offers of such food items using communications emphasizing the
286 environmentally beneficial properties of purchasing sub-optima food. Stores should design
287 their presentation and communication of the suboptimal items in line with the customer group
288 characteristics, and can expect that such food offers will trigger positive individual
289 characteristic associations among their customers.

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291 **Table 1. Sample and measure characterization per country**

	NL	DE	SE	NO	DK
Sample size (n)	623	621	620	625	609
Share of gender, female (%)	49.5	48.6	49.3	49.0	50.0
Age in years (mean /SD)	47.9 (16.5)	47.1 (14.7)	47.9 (16.2)	45.3 (15.2)	49.2 (16.5)
Education, higher (%)	35.5	24.3	33.1	57.6	54.0
Environmental concern	4.48	4.78	4.86	4.46	4.62
Value consciousness	4.88	5.19	4.95	4.60	4.66

292 *Notes.* NL = The Netherlands, DE = Germany, SE = Sweden, NO = Norway, DK = Denmark.

293 If not indicated otherwise, the mean is given for the psychographic variables.

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295 **Table 2. Experimental design**

	Control	Price reduction communication	Personal communication
Fresh food	Optimal item	Optimal item	Optimal item
	Suboptimal item	Suboptimal item	Suboptimal item
Packaged food	Optimal item	Optimal item	Optimal item
	Suboptimal item	Suboptimal item	Suboptimal item

296 *Notes.* n = 3098. In each cell, half of the respondents were told the other person has a male,
297 and the other half that the other person has a female name.

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299 **Table 3. Measure and variable characterisation, ascription to the buyer**

Variable	Question / Item and scale	Chosen (%)
Ascription to the buyer	Imagine you meet someone you know at the [supermarket / farmers market] – [female/male name]. [female/male name] is buying this product [the optimal /suboptimal] right now. What does this tell you about [female/male name]? Please select as many of the following descriptions as you think fit to [female/male name].	
	1. Environmentally oriented	1. 32.8
	2. Caring	2. 14.4
	3. Social	3. 11.0
	4. Stingy	4. 4.1
	5. Fussy	5. 13.4
	6. Cheap	6. 2.0
	7. Thinks very economical	7. 39.4
	8. Efficient	8. 14.8
	9. Successful	9. 9.5
	10. Traditional	10. 28.3
	11. Frugal	11. 23.1
	12. Thrifty	12. 33.9
	13. Risky	13. 4.4
	14. Careless	14. 6.0
15. Inattentive	15. 9.3	
	[check all that applies question, yes/no for each word]	

300 *Notes.* n = 3098.

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301 **Table 4. Measure and variable characterisation, environmental concern and value**
302 **consciousness**

Variable	Question / Item and scale	Mean (SD)
Environmental concern	To what extent do you agree or disagree on these statements?	4.64 (1.28)
	It is important to me that the products I use do not harm the environment.	Cronbach alpha =.926
	I consider the potential environmental impact of my actions when making many of my decisions.	
	My purchase habits are affected by my concern for our environment.	
	I am concerned about wasting the natural resources of our planet.	
	I would describe myself as environmentally responsible.	
I am willing to be inconvenienced in order to take actions that are more environmentally friendly.		
	1 = strongly disagree 7 = strongly agree	
Value consciousness	To what extent do you agree or disagree on these statements?	4.86 (1.30)
	I am very concerned about low prices, but I am equally concerned about product quality.	Cronbach alpha =.700
	When grocery shopping, I compare the prices of different products to be sure I get the best value for the money.	
	I always check prices at the grocery store to be sure I get the best value for the money I spend.	
1 = strongly disagree 7 = strongly agree		

303 *Notes. n = 3098.*

Table 5. Frequency of use (%) of the terms of the CATA questions related to ascriptions to the buyers of (sub-)optimal food under different communications for fresh and packaged food categories

Product and communication	Environmentally oriented	Caring	Social	Stingy	Fussy	Cheap	Thinks very economical	Efficient	Successful	Traditional	Frugal	Thrifty	Risky	Careless	Inattentive
Packaged Optimal Price	12.8 ^a	15.7 ^a	9.5 ^{ab}	1.7 ^{ab}	21.5 ^b	0.4 ^a	16.5 ^a	15.7 ^{ab}	19.8 ^d	38.4 ^b	16.1 ^{ab}	17.4 ^a	2.1 ^{ab}	9.5 ^a	14.0 ^{bcd}
Packaged Optimal Personal	18.0 ^a	16.8 ^a	11.2 ^{ab}	1.2 ^a	26.4 ^b	0.4 ^a	14.4 ^a	12.8 ^{ab}	16.4 ^{cd}	39.6 ^b	14.0 ^a	14.8 ^a	1.6 ^a	7.6 ^a	12.0 ^{bcd}
Packaged Optimal Control	15.4 ^a	15.0 ^a	11.2 ^{ab}	3.4 ^{abc}	24.0 ^b	1.9 ^a	17.6 ^a	12.7 ^{ab}	15.4 ^{cd}	41.6 ^{bc}	16.9 ^{abcd}	15.4 ^a	3.4 ^{abc}	6.7 ^a	13.9 ^{cd}
Packaged Suboptimal Price	50.7 ^{bc}	14.2 ^a	13.4 ^{ab}	6.0 ^{abc}	3.4 ^a	2.2 ^a	72.4 ^c	12.3 ^{ab}	3.0 ^a	8.2 ^a	37.3 ^c	62.3 ^c	3.4 ^{abc}	3.0 ^a	5.2 ^{abc}
Packaged Suboptimal Personal	65.0 ^c	17.1 ^a	16.0 ^b	5.7 ^{abc}	3.8 ^a	1.5 ^a	65.0 ^{bc}	15.2 ^{ab}	6.1 ^{abc}	7.6 ^a	34.6 ^c	62.7 ^c	3.4 ^{abc}	3.8 ^a	2.3 ^a
Packaged Suboptimal Control	48.4 ^{bc}	15.2 ^a	14.0 ^{ab}	10.0 ^c	4.8 ^a	4.4 ^a	64.4 ^{bc}	15.2 ^{ab}	5.6 ^{ab}	8.8 ^a	33.2 ^{de}	67.6 ^c	6.8 ^{abc}	3.2 ^a	6.4 ^{abc}
Fresh Optimal Price	13.4 ^a	13.8 ^a	7.1 ^{ab}	1.5 ^{ab}	22.4 ^b	1.1 ^a	14.6 ^a	20.5 ^b	12.7 ^{bcd}	52.6 ^{bc}	13.1 ^a	9.3 ^a	2.2 ^{ab}	4.5 ^a	16.0 ^d
Fresh Optimal Personal	10.7 ^a	11.1 ^a	6.2 ^{ab}	1.0 ^a	22.8 ^b	2.1 ^a	19.4 ^a	17.3 ^b	10.4 ^{bcd}	53.3 ^c	12.1 ^a	7.3 ^a	1.4 ^a	6.6 ^a	10.0 ^{bcd}
Fresh Optimal Control	11.6 ^a	9.5 ^a	5.8 ^a	4.6 ^{abc}	23.2 ^b	2.1 ^a	17.8 ^a	22.4 ^b	12.9 ^{bcd}	56.4 ^{bc}	18.3 ^{abc}	10.4 ^a	1.7 ^a	6.6 ^a	11.2 ^{bcd}
Fresh Suboptimal Price	50.2 ^{bc}	12.3 ^a	12.3 ^{ab}	4.8 ^{abc}	3.3 ^a	4.5 ^a	63.6 ^{bc}	13.8 ^{ab}	4.8 ^{ab}	10.0 ^a	27.9 ^{bcde}	52.8 ^{bc}	8.6 ^{bc}	6.3 ^a	4.5 ^{ab}
Fresh Suboptimal Personal	48.3 ^b	18.4 ^a	12.0 ^{ab}	2.1 ^{ab}	1.3 ^a	1.3 ^a	54.7 ^b	7.7 ^a	5.1 ^{ab}	10.7 ^a	25.2 ^{abcde}	39.3 ^b	7.7 ^{abc}	5.1 ^a	6.8 ^{abc}

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49.1 ^{bc}	13.9 ^a	13.2 ^{ab}	7.7 ^{bc}	3.7 ^a	1.8 ^a	50.2 ^{bc}	11.7 ^{ab}	4.0 ^{ab}	10.6 ^a	28.9 ^{cde}	45.8 ^{bc}	10.6 ^c	8.4 ^a	8.8 ^{abcd}
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306 Note: Multiple pairwise comparison tests (McNemar) for each CATA term are included in the cells. Cells of the same column that do not share an identical letter (a, b, c, d or
307 e) show significantly different frequencies.

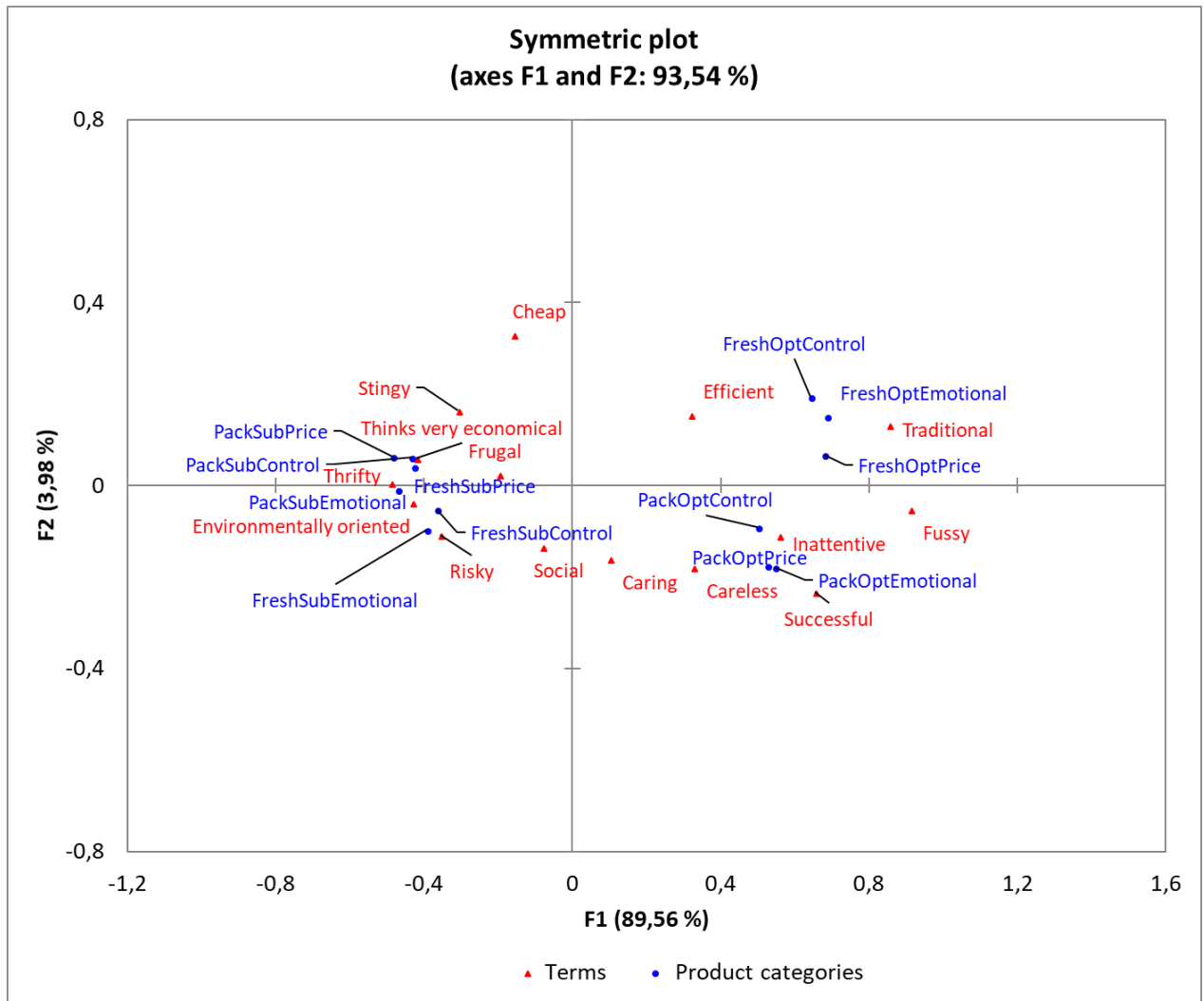
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308 **Figure 1. Example of the presentation of the choice in the experimental survey**



309 *Notes.* Example above from Norway, bread category, communication price reduction,
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1131 example in the middle from Germany, potato category, personal communication, and below
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1133 from The Netherlands, bread category, personal communication. Respondents were assessing
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1135 the choice of optimal versus suboptimal food, as shown above, in the earlier part of the
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1137 survey. In the data analysed here, they saw either the optimal or the suboptimal offer again
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1139 (of the same food category and with the same communication), and told that they observe
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1141 someone choosing this item.
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316 **Figure 2. Projection of ascriptions to the buyers of fresh (*Fresh*) versus packaged (*Pack*)**
 317 **food categories, for suboptimal or optimal food (*Sub or Opt*) under different**
 318 **communication communications (*Price, Personal/Emotional or Control*)**

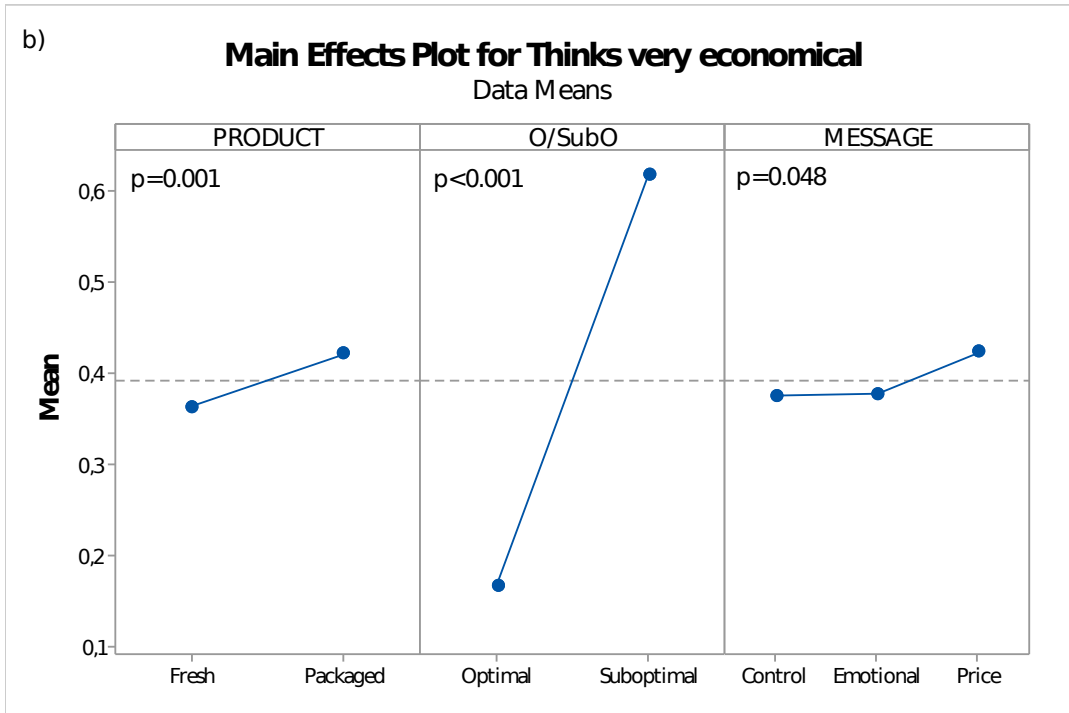
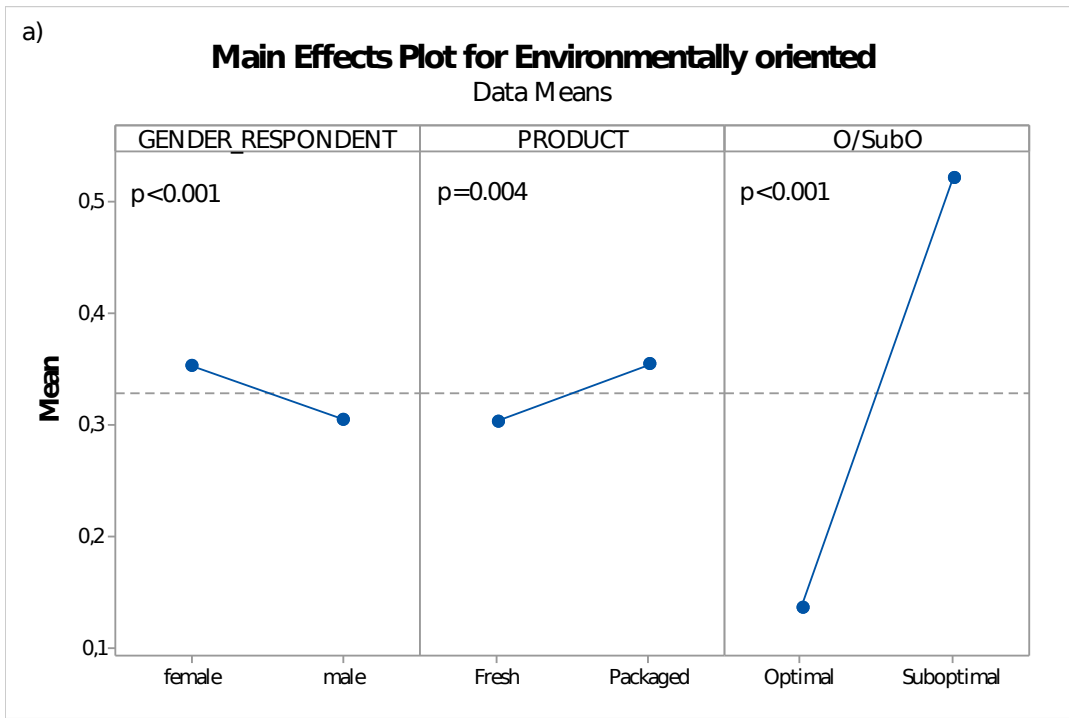


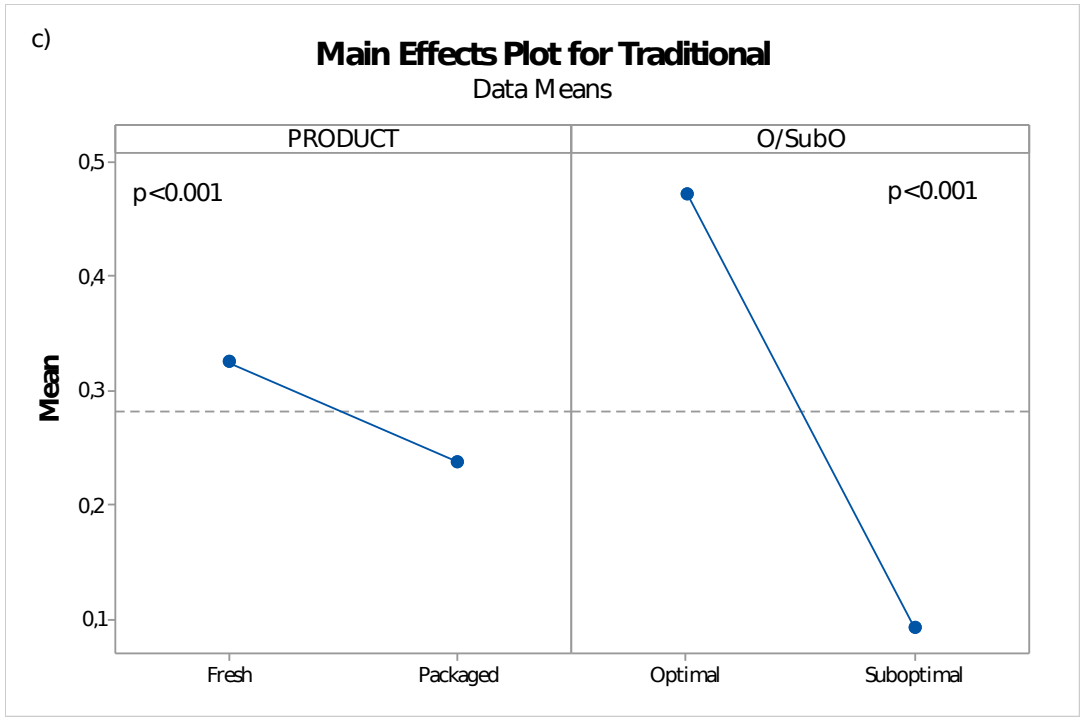
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321 **Figure 3.** Significant differences in buyer personality ascriptions according to respondent
 322 gender, product type, sub-optimality and communication communication for attributes a)
 323 “Environmentally oriented”, b) “Thinks very economical” and c) “Traditional”



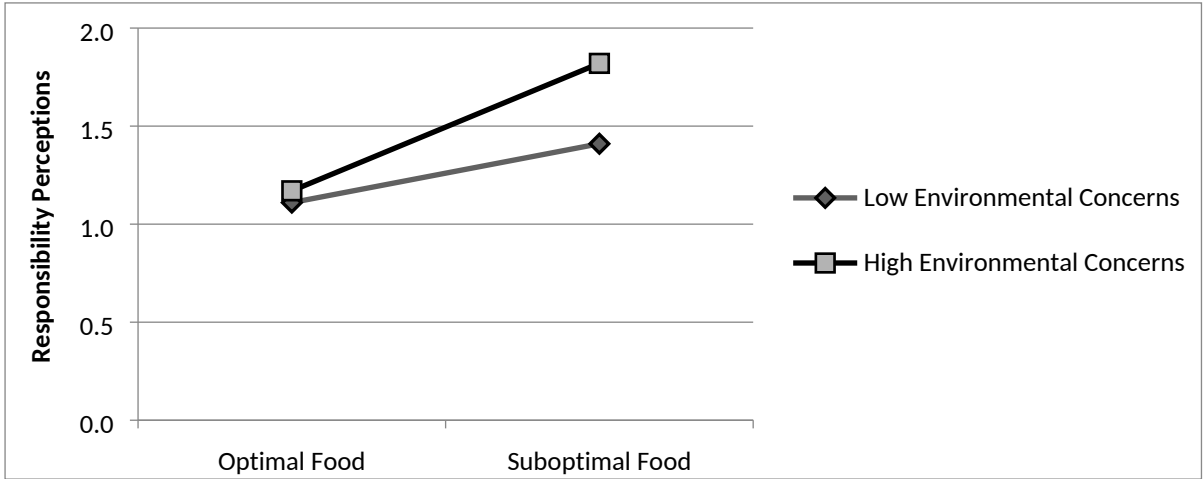


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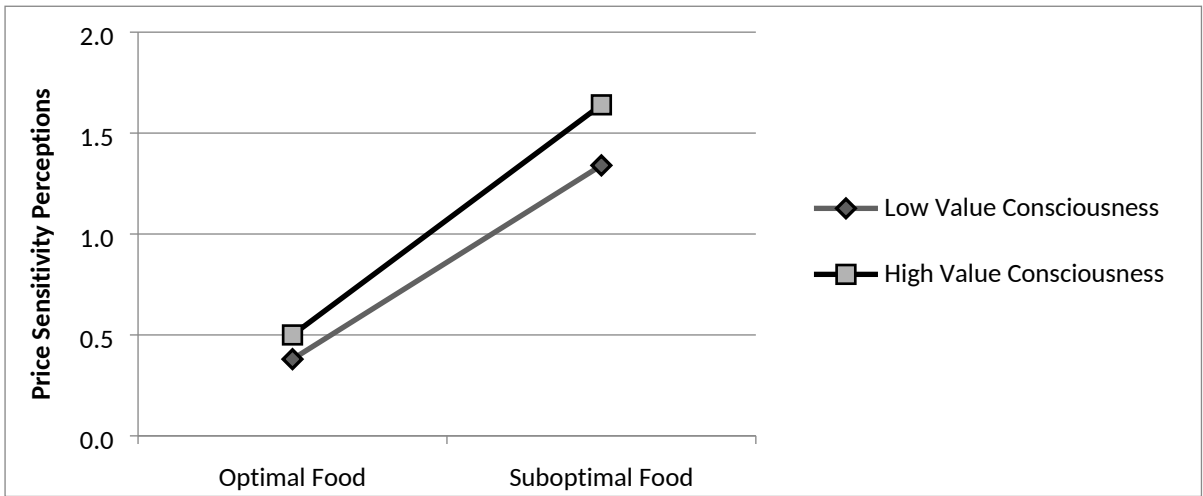
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328 **Figure 4.** Top: Participants' responsibility perceptions of a person consuming suboptimal (vs.
329 optimal) food, depending on their level of environmental concerns (low, high); Bottom:
330 participants' price sensitivity perceptions of a person consuming suboptimal (vs. optimal) food,
331 depending on their level of value consciousness (low, high)



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