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# 1 **Assessing the impact of buffer towing on the quality of Northeast** 2 **Atlantic cod (*Gadus morhua*) caught with a bottom trawl**

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## 8 **Abstract**

9 The dense aggregations of Northeast Atlantic cod (*Gadus morhua*) in the Barents Sea have  
10 led to a new fishing practice termed “buffer towing.” In this fishery, many trawlers redeploy  
11 the trawl directly after taking the catch onboard in an attempt to secure a continuous supply of  
12 fish and avoid any unnecessary stops during processing. If the approximate desired amount of  
13 fish is caught or exceeded before the catch from the previous haul is processed, the trawl is  
14 lifted off the seabed and towed at a given depth at low speed, usually ~1–2 knots, until the  
15 production capacity of the onboard factory is restored. Both researchers and fishermen  
16 onboard trawlers believe that buffer towing has a negative impact on fish quality, as indicated  
17 by increased frequency of gear marks and dead fish, poorer exsanguination, ecchymosis, skin  
18 abrasion, fillet gaping, and fillet redness. However, the effect that buffer towing has on fish  
19 quality has not been scientifically evaluated. The aim of this study was to document the  
20 effects of buffer towing on fish quality. The quality was assessed using two different indexes,  
21 one for whole cod and one for cod fillets. The results proved that buffer towing has a negative  
22 impact on fish quality. Specifically, cod subjected to buffer towing, in contrast to direct haul-  
23 back, had an increased relative probability of 371% for poor exsanguination and an increased  
24 relative probability of 209% for fillet redness. Furthermore, combining scores of the different  
25 quality categories within the indexes (e.g., gear marks, ecchymosis, poor exsanguination, and  
26 skin abrasion) proved a significant reduction in the quality of cod subjected to buffer towing.

27 *Keywords:* Buffer towing; cod; fish quality; bottom trawl

## 28 **1. Introduction**

29 The current stock of Northeast Atlantic cod (*Gadus morhua*) is the largest cod stock in the  
30 world, and it is the most important fishery in the Barents Sea (Yaragina et al., 2011). About

31 70% of the annual Northeast Atlantic cod quota is caught with bottom trawls (ICES, 2015).  
32 The high abundances and dense aggregations of cod frequently lead to large catches (20–30  
33 metric tons) during short tows (10–20 min). Although the use of catch sensors can  
34 provide an estimate of the approximate amount of catch in the codend, the time from haul-  
35 back initiation to when the trawl physically is lifted off the seabed takes several minutes, and  
36 during this time fish are continuously herded into the trawl mouth. In addition, large numbers  
37 of fish can already be inside the front part of the trawl when the catch sensors on the codend  
38 are activated. During periods of high fish entry rates, trawlers have reported problems with  
39 fish blocking the grid section, and thus entering the codend too slowly for effective catch  
40 control (Grimaldo et al., 2014). The grid section, which purpose is to release undersized fish,  
41 comprise of a grid with 55 mm bars spacing, according to the legislations (Sistiaga et al.,  
42 2016).

43 These high and dense abundances of cod in the Barents Sea have led to a widespread practice  
44 among Norwegian trawlers called “buffer tows,” which is believed to negatively affect the  
45 quality of the catch (Norwegian Directorate of Fisheries, 2013; Brinkhof et al., 2017a). Buffer  
46 tows is also known as “short-wiring” in the Alaska pollock trawl fishery (Dietrich and  
47 Melvin, 2007). In this fishery, many trawlers choose to redeploy the trawl directly after taking  
48 the catch onboard in order to secure a continuous supply of fish and avoid unnecessary stops  
49 during processing in the factory. However, the approximate desired amount of fish is often  
50 caught before the catch from the previous haul has been processed. To avoid excessively large  
51 catches, the trawl is lifted from the seabed and towed at a given depth at low speed, usually  
52 ~1–2 knots, until the production capacity onboard is restored (Fig. 1). However, both  
53 researchers and fishermen onboard trawlers claim that this practice has a negative impact on  
54 the quality of the catch in the form of increased presence of gear marks and dead fish, poorer  
55 exsanguination, ecchymosis, skin abrasion, fillet gaping, and fillet redness. Previous studies  
56 have documented a significant reduction in fish quality with increasing tows time (Olsen et  
57 al., 2013), exhaustive swimming (Svalheim et al., 2017), and catch size and crowding  
58 (Suuronen et al., 2005; Margeirsson et al., 2007; Olsen et al., 2008; Rotabakk et al., 2011;  
59 Digre et al., 2017). All of these factors are present during buffer tows. Because cod have a  
60 physoclist swim bladder, the rapid decompression that occurs when lifting the trawl off the  
61 seabed causes the swim bladder to expand and eventually burst when the reduction in ambient  
62 water pressure exceeds ~70% of the original depth (Midling et al., 2012; Humborstad and

63 Mangor-Jensen, 2013). Thus, the depth at which the trawl is positioned during buffer towing  
64 could be of major importance for the final quality of the fish.

65 FIG. 1

66 From an industry point of view, poor fish quality results in reduced price and thus reduced  
67 revenue. It also limits the ability to use the fish in various products. From a management point  
68 of view, poor fish quality is believed to increase the risk of illegal dumping and high-grading  
69 (Batsleer et al., 2015), subsequently contributing to mortality that is not accounted for in catch  
70 records. Hence, poor fish quality is not in accordance with sustainable resource exploitation.  
71 Furthermore, Brinkhof et al. (2017a) reported a high escape rate of cod up to at least 42 cm  
72 long from the codend during buffer towing. The survival rate of these escaping cod is  
73 unknown, but it is likely lower than the survival rates reported for cod escaping at the seabed  
74 (Soldal et al., 1993; Suuronen et al., 1995; Ingólfsson et al., 2007) due to barotrauma related  
75 injuries, elevated stress, suffocation, and subsequent increased risk of predation or disease  
76 susceptibility (DeAlteris and Reifsteck, 1993; Chopin and Arimoto, 1995; Davis, 2002; Ryer  
77 et al., 2004; Humborstad and Mangor-Jensen, 2013; Brinkhof et al., 2017a; Rankin et al.,  
78 2017).

79 This study was conducted to assess the impact of buffer towing on fish quality by  
80 investigating the following research questions:

- 81 • Is there any difference in quality of whole fish from buffer towed hauls and hauls that  
82 are taken directly onboard?
- 83 • Is there any difference in fillet quality of fish from buffer towed hauls and hauls that  
84 are taken directly onboard?

## 85 **2. Materials and methods**

### 86 *2.1 Study area and trawl configuration*

87 The fishing trials were conducted during November 2016 onboard the R/V “Helmer Hanssen”  
88 (63.8 m, 4080 HP) in the central part of the Barents Sea (N 74°59'–N 75°26'; E 30°54'–  
89 E31°17'). The configuration of the trawl was similar to the setup used in commercial fisheries.  
90 A set of Injector otter boards for bottom trawl (3100 kg and 8 m<sup>2</sup>) with backstraps were  
91 followed by 60 m long sweeps that were equipped with an Ø53 cm steel bobbin in the middle  
92 to avoid excessive abrasion of the sweeps. The 46.9 m long ground gear consisted on both  
93 sides of a 14 m long chain equipped with three steel bobbins (Ø53 cm) and an 18.9 m long

94 rock-hopper gear in the center composed of Ø53 cm rubber discs. The trawl used was a two-  
95 panel Alfredo 3 fish trawl built from polyethylene with a 150 mm nominal mesh size. A size  
96 sorting grid with a 55 mm bar spacing was inserted between the codend and the trawl belly,  
97 which is compulsory in the trawl fishery in the Northeast Atlantic (Sistiaga et al., 2016). A  
98 four-panel codend (mesh size  $132.1 \pm 2.6$  mm (mean  $\pm$  standard deviation)) with a 2- to 4-  
99 transition section was mounted after the grid section.

100 Catch size is known to affect fish quality. To reduce the variation in catch size between hauls,  
101 the amount of fish allowed in the codend was set to approximately 2 metric tons. This was  
102 achieved by inserting an excessive fish excluder device (i.e., a release mechanism in the  
103 anterior part of the codend) (Grimaldo et al., 2014; Brinkhof et al., 2017a). The excessive fish  
104 excluder device comprise of a fish lock with two escape openings in the front. When the  
105 codend is filled up to the fish lock, all excessive fish will be released through the escape  
106 openings in front of the fish lock (Grimaldo et al., 2014; Brinkhof et al., 2017a).

107 The trawl was monitored with a set of door sensors, a height sensor, and a catch sensor from  
108 Scanmar. In addition, a Scanmar trawl eye was used to control the buffer towing depth.

## 109 *2.2 Data sampling*

110 Directly after taking the catch onboard, 30 cod were randomly sampled from the codend.  
111 These fish were immediately killed and exsanguinated in running seawater (ca. 50 l/min) for  
112 30 min. Afterwards the water was drained from the tank and the fish were gutted and  
113 decapitated before being frozen at  $-30$  °C for further analysis on land. On land, the fish were  
114 thawed in tanks containing 1000 l of chilled water ( $1$  °C) for 24 h and then further thawed on  
115 ice for an additional 24 h at  $0-1$  °C. Once the fish were thawed, they were evaluated for  
116 catch-related defects incurred during the catching process using a catch damage index (Table  
117 1) (Rotabakk et al., 2011; Esaiassen et al., 2013; Olsen et al., 2013). The fish were then  
118 filleted manually and the black lining (peritoneum) was removed to enable evaluation of the  
119 belly flap. Both fillets from each fish were assessed for defects using a fillet index (Table 2)  
120 (Olsen et al., 2013, 2014; Svalheim et al., 2017). The assessment fish quality applying the two  
121 indexes were done consecutively, i.e. the samples are not traceable between the two indexes.  
122 In addition to the fillet index, the number of severe bleedings in the posterior dorsal side  
123 muscle of the abdominal cavity caused by the rupture of the swim bladder during the ascent  
124 was counted. The assessment of catch damage and fillet quality was performed as a blinded  
125 experiment, i.e. the evaluators were unaware if the fish came from a regular tow or a buffer

126 tow. The evaluation was conducted by four persons that were professionally trained to assess  
 127 catch damage and fillet index.

128 TABLE 1

129 TABLE 2

### 130 2.3 Data analysis

131 We wanted to determine if there was any difference in the probability between the hauls with  
 132 and without buffer towing for cod to obtain a specific catch damage score and fillet quality  
 133 score. For each index the score on a specific category was either 0, 1, 2, or 3 (Tables 1 and 2).  
 134 A high score indicates severe damage (i.e., low fish quality). Analyses of the obtained scores  
 135 from the catch damage index and fillet index were carried out separately, following the  
 136 procedure described below.

137 For buffer towing and regular towing (i.e., direct haul-back) separately, the expected average  
 138 value  $\widehat{p}_{as}$  for the probability for the score  $s$  on category  $a$  is:

$$139 \widehat{p}_{as} = \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} equal(s, k_{ajt}) \right\}}{m} \quad (1)$$

with

$$equal(s, k) = \begin{cases} 1 & \forall k = s \\ 0 & \forall k \neq s \end{cases}$$

140 where  $m$  is the number of hauls conducted with either buffer towing or regular towing with  
 141 direct haul-back;  $n_j$  is the number of fish given a score in haul  $j$ ;  $k_{ajt}$  is the score given in  
 142 category  $a$  to fish or fillet number  $t$  evaluated in haul  $j$ .

143 Equation (1) was used to estimate the probability of obtaining a given score  $s$  in category  $a$   
 144 according to the catch damage index and the fillet index for the two different towing types  
 145 separately. We also estimated the probability  $\widehat{p}m_{as}$  for obtaining a score that did not exceed  $s$   
 146 on category  $a$  (i.e., the probability of obtaining a given score or lower):

$$147 \widehat{p}m_{as} = \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} lequal(s, k_{ajt}) \right\}}{m} \quad (2)$$

with

$$lequal(s, k) = \begin{cases} 1 & \forall k \leq s \\ 0 & \forall k > s \end{cases}$$

148 Equations (1) and (2) provide an evaluation of each category separately. However, we also  
 149 investigated the probability for a fish to score  $s$  or maximum  $s$  on two or more of the  
 150 categories simultaneously. To estimate such probabilities we extended (1) and (2) as follows:

$$\begin{aligned}
151 \quad \widehat{p_{as}p_{bs}} &= \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} \text{equal}(s, k_{ajt}) \times \text{equal}(s, k_{bjt}) \right\}}{m} \\
\widehat{p_{as}p_{bs}p_{cs}} &= \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} \text{equal}(s, k_{ajt}) \times \text{equal}(s, k_{bjt}) \times \text{equal}(s, k_{cjt}) \right\}}{m} \quad (3) \\
\widehat{p_{as}p_{bs}p_{cs}p_{ds}} &= \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} \text{equal}(s, k_{ajt}) \times \text{equal}(s, k_{bjt}) \times \text{equal}(s, k_{cjt}) \times \text{equal}(s, k_{djt}) \right\}}{m}
\end{aligned}$$

152 and

$$\begin{aligned}
153 \quad \widehat{pm_{as}pm_{bs}} &= \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} \text{lequal}(s, k_{ajt}) \times \text{lequal}(s, k_{bjt}) \right\}}{m} \\
\widehat{pm_{as}pm_{bs}pm_{cs}} &= \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} \text{lequal}(s, k_{ajt}) \times \text{lequal}(s, k_{bjt}) \times \text{lequal}(s, k_{cjt}) \right\}}{m} \quad (4) \\
\widehat{pm_{as}pm_{bs}pm_{cs}pm_{ds}} &= \frac{\sum_{j=1}^m \left\{ \frac{1}{n_j} \sum_{t=1}^{n_j} \text{lequal}(s, k_{ajt}) \times \text{lequal}(s, k_{bjt}) \times \text{lequal}(s, k_{cjt}) \times \text{lequal}(s, k_{djt}) \right\}}{m}
\end{aligned}$$

154 Equations (3) and (4) were applied for all possible combinations of the categories.

155 Estimation of the uncertainties in the expected values for the probability parameters  
156 calculated based on (1)-(4) required consideration of several aspects: i) the average score may  
157 vary between hauls with the same type of fishing process (regular or buffer tow) due to  
158 uncontrolled effects in the fishing process; ii) the average score for the individual hauls is  
159 subjected to within-haul variability because a limited sample of fish is evaluated in each haul;  
160 iii) there may be correlation between the probability for the scores between categories, which  
161 complicates the estimations of uncertainties for the combined probabilities (3) and (4).

162 To account correctly for these uncertainties in the estimations, a double bootstrap method was  
163 adapted that is well established for evaluating fishing gear selectivity and catch efficiency for  
164 trawl fisheries that are known to be subjected to a similar structure of uncertainty (Wienbeck  
165 et al., 2014; Brinkhof et al., 2017ab). The procedure accounted for between-haul variation in  
166 the obtained scores by selecting  $m$  hauls with replacement from the pool of hauls of the  
167 specific haul type (i.e., regular or buffer tow) during each bootstrap repetition. Within-haul  
168 uncertainty in the obtained scores was accounted for by randomly selecting fish or fillets with  
169 replacement from the selected haul. The number of fish or fillets selected from each haul was  
170 the same as the number of fish or fillets evaluated for that haul ( $n_j$ ). The resulting data for  
171 each bootstrap were then used to estimate the expected category probabilities based on  
172 equations (1)-(4). We performed 1000 bootstrap repetitions and calculated the Efron 95%  
173 percentile confidence limits (Efron, 1982) for the estimated probabilities.

174 The difference in fish quality between regular hauls with direct haul-back and those with  
 175 buffer towing could in principle be inferred by pairwise comparison of 95% confidence  
 176 intervals (CIs) for the category probabilities (1)-(4) that are estimated for the two types of  
 177 towing separately. In cases for which the CIs did not overlap it could be concluded that buffer  
 178 towing would have a significant effect on the parameter(s) compared. However, we also can  
 179 consider the situation as a two-sample problem (Moore et al., 2003) with two independent  
 180 samples, for which the results for the regular hauls represent one of the samples and the  
 181 results for the buffer towing hauls the other. Based on this we can use the 1000 bootstrap  
 182 results for an arbitrary parameter  $r$  (one based on (1) to (4)) for regular hauling  $r_{base}$  and buffer  
 183 towing  $r_{buffer}$  to obtain a bootstrap population with 1000 results for the difference:

$$184 \quad \Delta r_i = r_{buffer_i} - r_{base_i} \quad i \in [1 \dots 1000] \quad (5)$$

185 where  $i$  denotes the bootstrap repetition index. Because sampling was random and  
 186 independent for the two groups of results (regular and buffer tows), it is valid to generate the  
 187 bootstrap population of results for the difference based on (5) using the two independent  
 188 generated bootstrap files (Moore et al., 2003). Based on the bootstrap population we can  
 189 obtain Efron 95% percentile confidence limits for  $\Delta r$  as described above. If the CI for  $\Delta r$  does  
 190 not contain 0.0, we can conclude that buffer towing has a significant effect on the value of  
 191 parameter  $r$ . In general, the CI for  $\Delta r$  cannot exceed what is spanned by  $r_{base}$  and  $r_{buffer}$   
 192 together and will often be smaller (Moore et al., 2003). Therefore, using this approach will  
 193 increase the power of inference of the effect of buffer towing compared to the simple strategy  
 194 based on the search for non-overlapping CIs for the separate parameter values. Following the  
 195 strategy for  $\Delta r$  we can also obtain a bootstrap population for the relative percentage effect of  
 196 buffer towing by:

$$197 \quad relr_i = \frac{r_{buffer_i} - r_{base_i}}{r_{base_i}} \times 100 \quad i \in [1 \dots 1000] \quad (6)$$

198 We used (6) to obtain Efron 95% percentile confidence limits for the relative differences in  
 199 the parameter values between regular towing and buffer towing.

200 The estimation procedures described above were implemented in the analysis tool SELNET  
 201 (Herrmann et al., 2012). The results were exported for graphical presentation in R (R Core  
 202 Team, 2013).

### 203 **3. Results**



204 During the cruise 20 hauls were conducted alternating between regular haul-back and buffer  
205 towing (Table 3). From each tow 30 cod were randomly sampled from the codend on deck  
206 directly after the catch was hauled onboard. This resulted in 600 cod for the assessment of  
207 catch quality, 300 cod subjected to buffer towing, and 300 cod haul-back directly. The towing  
208 time was restricted to a maximum of 2 h at the seabed and 1 h of buffer towing. The catch  
209 restriction device ensured that each haul contained approximately 2 tons of cod. The towing  
210 depth during buffer towing was controlled by the trawl eye to ensure that the trawl was kept at  
211 a depth that was approximately 40% of the fishing depth (Table 3, Fig. 1).

212 TABLE 3

213 Figure 2 shows the frequency of the different scores for the catch damage index for the hauls  
214 with regular haul-back, and Figure 3 shows the frequency of the scores for the hauls that were  
215 buffer towed.

216 FIG. 2

217 FIG. 3

218 Figure 4 shows the frequency of the different scores for the fillet index for the hauls with  
219 regular haul-back, and Figure 5 shows the frequency of the scores for the hauls that were  
220 buffer towed.

221 FIG. 4

222 FIG. 5

223 Figures 6–9 show the probability for cod that were either buffer towed or hauled-back directly  
224 to obtain a score from 0 to 3. A high probability of obtaining a score of 0 or 1 indicates good  
225 quality and thus little damage. In contrast, a high probability of obtaining a score of 2 or 3  
226 indicates poor quality and a high degree of damage. Nearly all estimated probabilities show a  
227 reduction in the quality of cod exposed to buffer towing. However, differences in fish quality  
228 are only deemed significant in cases where the CIs from the relative difference in probabilities  
229 calculated by applying the two sample bootstrapping method described in section 2.3 do not  
230 contain the value 0.0.

231 Figure 6 compares results for quality assessed by applying the catch damage index for each  
232 single category between the regular tows and the hauls that were buffer towed. Cod that were  
233 buffer towed had a significantly higher probability of obtaining a score of 2 for the category

234 “poor exsanguination”, whereas the probability of getting a score of 0 and  $\leq 1$  was  
235 significantly higher for cod that were hauled back directly (i.e., good exsanguination) (Fig. 6,  
236 Table 4). Table 4 presents all estimated probabilities with 95% CI that exhibited a significant  
237 difference in the probability of obtaining a given score between regular towing and buffer  
238 towing. Applying two sample bootstrapping enabled the calculation of the relative differences  
239 in probability. A negative relative probability value indicates a significant reduction in the  
240 probability of obtaining a given score when buffer towing and vice versa. Thus, a negative  
241 relative probability value for score 0 or  $\leq 1$  means a reduction in the probability of obtaining  
242 these scores for fish subjected to buffer towing, whereas a positive relative probability value  
243 for score 2 means increased probability of obtaining this score for fish subjected to buffer  
244 towing. Because scores of 0 and 1 are equivalent to “flawless” and “slightly” and scores of 2  
245 and 3 are equivalent to “moderate” and “severe”, all results in Table 4 prove a significant  
246 reduction in the quality of fish subjected to buffer towing. Specifically, the probability of  
247 achieving a score of 2 for regular haul-back was 2% compared to 11% for buffer towing,  
248 which resulted in a 371% increase in the relative probability of poor exsanguination (Table.  
249 4).

250 FIG. 6

251 Comparing the results from the catch damage index for all categories combined proved  
252 significantly better quality for cod for the regular hauls with direct haul-back compared to  
253 buffer towed hauls, i.e. increased probability of obtaining a score of 0 and  $\leq 1$  (Fig. 7).  
254 Moreover, comparing the results for all possible combinations of two categories proved a  
255 significant reduction in the quality of buffer towed cod for the following category  
256 combinations: “ecchymosis and exsanguination”, “exsanguination and skin abrasion”,  
257 “ecchymosis and gear marks”, and “exsanguination and gear marks” (Fig. 7, Table 4).

258 FIG. 7

259 For the following combinations of three categories, (“ecchymosis, gear marks, and  
260 exsanguination”, “exsanguination, ecchymosis, and skin abrasion”, “ecchymosis, gear marks,  
261 and skin abrasion”, and “ecchymosis, exsanguination, and skin abrasion”), the estimated  
262 probabilities proved a significant reduction in the quality of cod that were buffer towed (Fig.  
263 8, Table 4).

264 FIG. 8

265 Figure 9 shows the estimated probabilities for obtaining a given score according to the fillet  
266 index for the regular tows and the hauls that were buffer towed. Cod that were buffer towed  
267 had a significantly higher probability of obtaining a score of 2 for the category  
268 “discoloration”, whereas the probability of obtaining a score of 0 and  $\leq 1$  was significantly  
269 higher for cod that were hauled-back regularly (Fig. 9, Table 4). Specifically, the probability  
270 of achieving a score of 2 for regular haul-back was 4% compared to 13% for buffer towing,  
271 which resulted in a 209% increase in the relative probability of obtaining a high score, i.e.  
272 high degree of fillet redness (Table 4). Furthermore, the probability of achieving score of 0 for  
273 regular haul-back was 34% compared to 17% for buffer towing, which resulted in a 52%  
274 decrease in the relative probability of achieving a score 0 for the degree of fillet whiteness  
275 (Table 4). Also, for the score  $\leq 1$ , buffer towing proved a significant reduction in the quality,  
276 i.e. increased fillet redness (Fig. 9, Table 4). The two fillets shown in the left panel of Figure  
277 10a represent a typical example of score 0 for the category “discoloration”, whereas the two  
278 fillets on the right were given a score of 2. Figure 10b shows a typical example of fillet  
279 gaping.

280 FIG. 9

281 FIG. 10

282 TABLE 4

283 The significant differences in the category “discoloration” from the fillet index for the hauls  
284 that were buffer towed (i.e., increased fillet redness) (Fig. 9, Table 4) are corroborated by the  
285 results from the catch damage index that proved a significantly poorer exsanguination for cod  
286 that were buffer towed (Fig. 6, Table 4).

#### 287 **4. Discussion**

288 Results of this study proves that buffer towing negatively affects the quality of cod. Cod  
289 subjected to buffer towing exhibited a significantly increased probability of poor  
290 exsanguination, which was further reflected in the increased redness of the fillets.  
291 Specifically, the results demonstrated a 371% increased relative probability of poor  
292 exsanguination and a 209% increase in relative probability of fillet redness for cod subjected  
293 to buffer towing. In addition, considering the combined impact of two or three categories  
294 simultaneously within the catch damage index, proved a significant reduction in quality for  
295 buffer towed cod for scores within 10 out of 12 possible combinations. Investigating the

296 probability of obtaining a given score for all categories simultaneously also proved a  
297 significant probability that buffer towed cod would obtain a higher score (i.e., reduced  
298 quality). For the scores from the fillet index, only the category “discoloration” was  
299 significantly poorer, (i.e. increased redness) for cod subjected to buffer towing compared to  
300 direct haul-back. The results for the categories “surface consistency” and “fillet texture” were  
301 approximately equal between buffer towed cod and cod hauled-back directly, which was  
302 expected because these two categories are mainly affected by storage of fish.

303 The results presented in this study are likely to be conservative due to small catch size (2 tons)  
304 and short towing time. In the commercial fishery catch sizes often exceed 10 tons, and towing  
305 times can be up to 7 hours. Skippers usually delay the decision to buffer tow, and combined  
306 with the difficulty of judging the density of the fish entering the trawl according to the  
307 echogram and the catch sensors on the codend, buffer towing entails additional time in the  
308 water as well as large catches. Previous studies have reported that increased catch size and  
309 towing time negatively affect fish quality (Olsen et al., 2013; Digre et al., 2017; Svalheim et  
310 al., 2017), and Olsen et al. (2008) reported that crowding of fish in the codend has a negative  
311 effect on fish quality, especially the degree of exsanguination and fillet discoloration. Besides,  
312 the time from catch to processing has a significant impact on the final quality of fish  
313 (Margeirsson et al., 2007). Since buffer towing entails prolonged time from catch to  
314 processing under conditions which are known to negatively affect catch quality, it is highly  
315 likely that the duration of buffer towing has an impact on the fish quality. Furthermore,  
316 previous studies report that the bursting of swim bladder results in the evacuation of gas  
317 through an intraperitoneal path to the anal area (Midling et al., 2012; Humborstad and  
318 Magnor-Jensen, 2013). However, underwater video recordings have shown that the dense  
319 packing of cod in the codend prohibits cod from turning belly up when the swim bladder is  
320 overinflated, which results in the gas remaining trapped within the dorsal side of the  
321 abdominal cavity when the swim bladder ruptures near the pin bones during buffer towing,  
322 causing severe bleeding. Thus, we speculate that in addition to buffer towing duration, also  
323 the depth to where the trawl is lifted during buffer towing could impact the quality of fish  
324 catches. Furthermore, fishermen frequently claim increased amounts of dead fish in catches  
325 subjected to buffer towing, especially for long buffer towing with large catches. This is likely  
326 caused by the dense packing of fish in the codend, which prohibits the fish from moving their  
327 operculum, resulting in suffocation; it also reduces fish quality due to insufficient  
328 exsanguination (Olsen et al., 2014).

329 This study presents a method for analyzing scores based on the catch damage index and fillet  
330 index. It provides results with a specific probability with 95% confidence limits. This method  
331 also provides conservative estimates of the probability, as it takes into account uncontrolled  
332 effects between each measurement within each haul as well as the variation between hauls.

333 All categories within the catch damage index and the fillet index are indicative of the quality  
334 of the catch. Although many studies document the importance of correct processing  
335 procedures of caught fish, it is impossible to improve fish quality if it is already reduced  
336 during the catching process, as is the case with buffer towing. The consequences of poor fish  
337 quality include reduced revenue and limited applicability of the fish for various products.  
338 High end markets demand good quality fish. Moreover, poor fish quality is thought to  
339 increase the risk of dumping and high-grading (Batsleer et al., 2015). Another negative  
340 consequence of buffer towing is the high escape rate of cod during that towing phase, where  
341 the probability of survival of escaped fish is believed to be reduced (Brinkhof et al., 2017a).  
342 Based on the results presented in this study, which proves a significant reduction in the  
343 quality of cod subjected to buffer towing, as well as the documented escape rate from the  
344 codend (Brinkhof et al., 2017a), buffer towing should be avoided.

#### 345 **Acknowledgments**

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347 “Centre of Research-based Innovation in Sustainable Fish Capture and Processing  
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353 land.

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450 simultaneously improving the size selection of cod (*Gadus morhua*) and plaice  
451 (*Pleuronectes platessa*). Fisheries Research 150: 28-37.

- 1 Table 1. The catch damage index used to assess the quality of the fish caught.
- 2 Table 2. The fillet index used to assess the quality of the fillets.
- 3 Table 3. Overview of the hauls conducted showing the towing start time and towing time,
- 4 haul type, depth, average buffer towing depth with the standard deviation in parenthesis, and
- 5 the percentage depth reduction during buffer towing.
- 6 Table 4. The probability estimation with 95% CI in parenthesis for the scores according to the
- 7 different categories that proved a significant difference in terms of catch damage between
- 8 regular towing and buffer towing. The relative differences in the probability for a given score
- 9 presented in the right column were calculated by applying the two sample bootstrapping
- 10 method implemented in SELNET.
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27 Table 1

Catch damage	Score				Description
	Flawless	Slightly	Moderate	Severe	
Poor exsanguination	0	1	2	3	Improper bleeding, blood in veins
Ecchymosis	0	1	2	3	Discoloration on the skin, bruises
Gear marks	0	1	2	3	Marks on the skin caused by gear contact
Skin abrasion	0	1	2	3	Loss of scales

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29 Table 2

Fillet quality	Score				Description
	Flawless	Slightly	Moderate	Severe	
Gaping	0	1	2	3	Gaping of fillet, disintegration
Discoloration	0	1	2	3	Fillet redness from white, pinkish, to reddish
Texture	0	1	2	3	Disintegration of fillet surface
Consistency	0	1	2	3	Fillet softness, firmness

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32 Table 3

Haul no.	Time start (UTC)	Towing time (min)	Buffer towing	Depth (m)	Mean buffer towing depth (m)	Depth reduction (%)
1	16:48	130	No	365.5	-	-
2	00:53	196	Yes	374.1	216.9 (4.0)	42.0
3	04:54	108	No	367.4	-	-
4	07:29	193	Yes	372.8	208.9 (3.3)	44.0
5	12:00	120	No	362.7	-	-
6	15:00	145	Yes	372.0	212.8 (4.0)	42.8
7	20:46	114	No	372.7	-	-
8	00:43	193	Yes	360.4	225.2 (6.5)	37.5
9	04:49	120	No	368.3	-	-
10	12:53	192	Yes	368.6	210.4 (5.4)	42.9
11	17:00	90	No	365.5	-	-
12	19:29	168	Yes	361.7	209.2 (5.8)	42.2
13	23:01	100	No	359.3	-	-
14	01:26	175	Yes	358.8	217.7 (4.4)	39.3
15	08:12	133	No	341.8	-	-
16	13:31	192	Yes	335.1	195.1 (5.1)	41.8
17	17:09	120	No	347.9	-	-
18	20:06	195	Yes	341.9	205.1 (5.9)	40.0
19	00:00	120	No	351.1	-	-
20	03:13	199	Yes	354.3	192.0 (3.8)	45.8

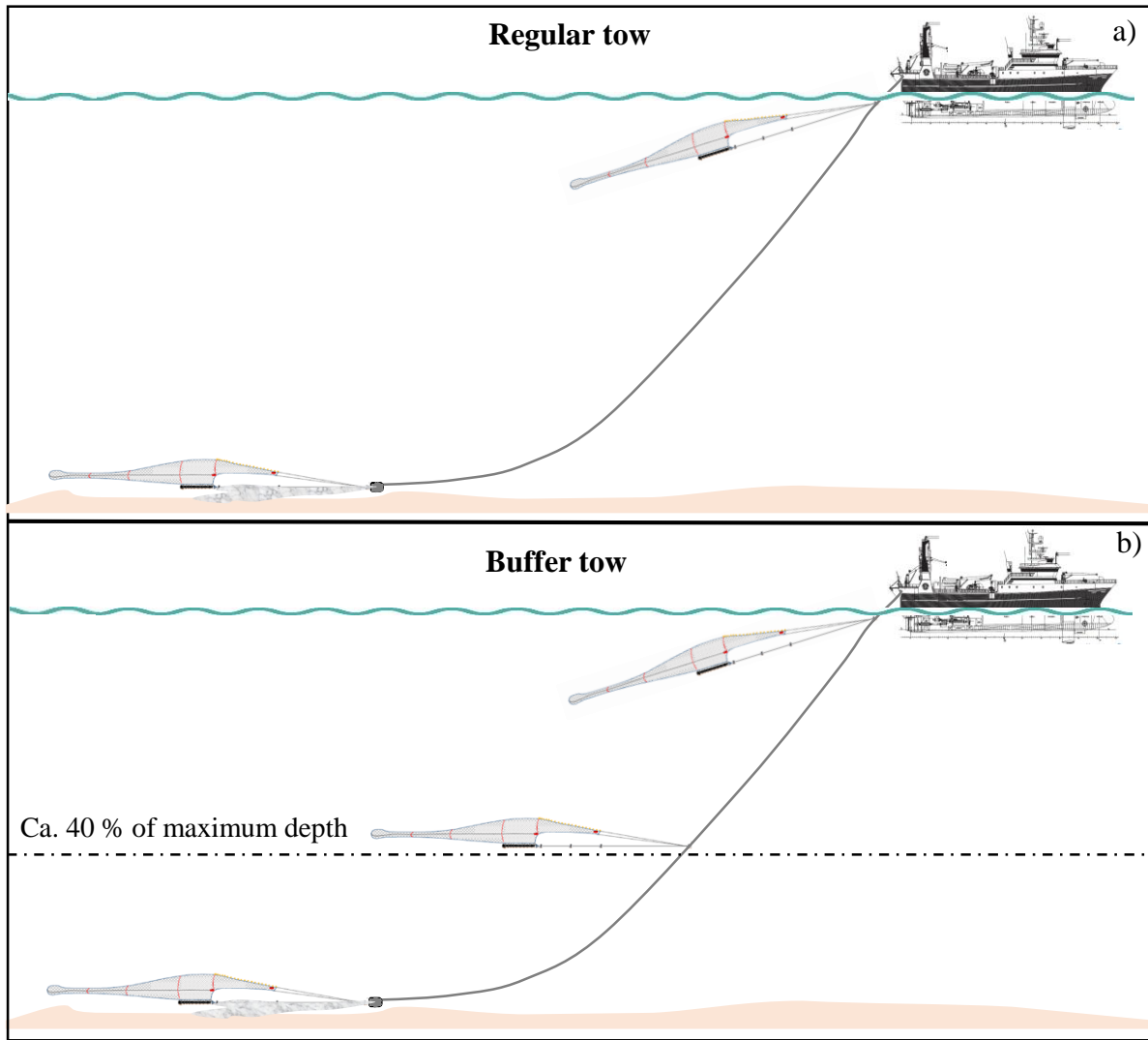
<b>Catch damage index</b>	<b>Score</b>	<b>Probability for score in regular tow</b>	<b>Probability for score in buffer tow</b>	<b>Differences in score probability</b>	<b>Relative differences in score probability (%)</b>
Poor exsanguination	= 0	0.46 (0.33-0.58)	0.30 (0.21-0.39)	-0.16 (-0.32--0.004)	-35.22 (-61.71--2.89)
	= 2	0.02 (0.00-0.04)	0.11(0.06-0.17)	0.09 (0.03-0.15)	371.43 (60.48-2082.92)
	≤ 1	0.98 (0.96-1.00)	0.89 (0.83-0.94)	-0.09 (-0.15--0.03)	-9.19 (-16.84--4.67)
All categories combined	= 0	0.21 (0.09-0.33)	0.07 (0.03-0.12)	-0.13 (-0.26--0.02)	-65.48 (-86.44--16.16)
	≤ 1	0.88 (0.82-0.94)	0.73 (0.65-0.81)	-0.15 (0.26--0.05)	-17.08 (-29.67--6.44)
Ecchymosis & poor exsanguination	≤ 1	0.90 (0.84-0.95)	0.76 (0.68-0.83)	-0.13 (-0.23--0.05)	-15.24 (-25.35--6.67)
Poor exsanguination & skin abrasion	≤ 1	0.96 (0.92-0.99)	0.87 (0.81-0.92)	-0.09 (-0.16--0.03)	-10.69 (-16.00--3.28)
Ecchymosis & gear marks	= 0	0.41 (0.28-0.54)	0.21 (0.15-0.27)	-0.20 (-0.33--0.07)	-48.03 (-68.56--22.73)
	≤ 1	0.90 (0.84-0.95)	0.80 (0.72-0.86)	-0.10 (-0.19--0.02)	-12.97 (-21.59--2.05)
Poor exsanguination & gear marks	= 0	0.34 (0.25-0.45)	0.17 (0.10-0.23)	-0.18 (-0.29--0.60)	-52.54 (-72.40--24.72)
	≤ 1	0.96 (0.93-0.99)	0.85 (0.78-0.92)	-0.11 (-0.20--0.04)	-12.66 (-21.54--4.18)
Poor exsanguination, ecchymosis, & gear marks	= 0	0.25 (0.15-0.36)	0.09 (0.05-0.14)	-0.16 (-0.29--0.05)	-64.84 (-83.58--30.37)
	≤ 1	0.89 (0.84-0.94)	0.74 (0.66-0.82)	-0.15 (-0.25--0.06)	-17.27 (-28.76--7.39)
Poor exsanguination, gear marks, & skin abrasion	= 0	0.27 (0.17-0.38)	0.12 (0.06-0.17)	-0.16 (-0.28--0.04)	-58.68 (-82.75--23.19)
	≤ 1	0.95 (0.91-0.99)	0.84 (0.76-0.91)	-0.11 (-0.19--0.03)	-12.81 (-21.72--3.10)
Ecchymosis, gear marks, & skin abrasion	= 0	0.31 (0.19-0.45)	0.16 (0.11-0.20)	-0.16 (-0.29--0.03)	-50.00 (-69.28--14.44)
	≤ 1	0.89 (0.83-0.94)	0.79 (0.72-0.86)	-0.10 (-0.19--0.01)	-12.85 (-21.49--2.40)
Ecchymosis, poor exsanguination, & skin abrasion	≤ 1	0.89 (0.82-0.95)	0.75 (0.67-0.82)	-0.14 (0.23--0.04)	-16.70 (-26.73--5.37)
<b>Fillet index</b>					
Discoloration	= 0	0.34 (0.27-0.43)	0.17 (0.11-0.22)	-0.17 (-0.28--0.07)	-52.08 (-72.48--26.02)
	= 2	0.04 (0.02-0.08)	0.13 (0.08-0.18)	0.09 (0.03-0.16)	208.72 (41.57-805.96)
	≤ 1	0.96 (0.92-0.98)	0.86 (0.81-0.91)	-0.09 (-0.16--0.03)	-11.27 (-20.18--4.91)

- 1 Figure 1. Schematic showing a regular tow with direct haul-back (a) and a buffer tow (b).
- 2 Figure 2. Frequency of scores from the catch damage index for all cod caught with regular  
3 haul-back.
- 4 Figure 3. Frequency of scores from the catch damage index for all cod that were buffer towed.
- 5 Figure 4. Frequency of scores from the fillet index for cod that were hauled-back directly.
- 6 Figure 5. Frequency of scores from the fillet index for cod that were buffer towed.
- 7 Figure 6. Results from the catch damage index showing the probability for cod to obtain a  
8 score ranging from 0 to 3 for the four categories investigated. The bars represent 95% CIs. RT  
9 denotes regular tows and BT denotes buffer tows. The scores that proved a significant  
10 difference in fish quality between RT and BT are highlighted in bold and black.
- 11 Figure 7. Results from the catch damage index showing the probability for cod to obtain a  
12 score ranging from 0 to 3 for the four categories investigated for all categories combined as  
13 well as for all possible combinations of two categories. The bars represent 95% CIs. RT  
14 denotes regular tows and BT denotes buffer tows. The scores that proved a significant  
15 difference in fish quality between RT and BT are highlighted in bold and black.
- 16 Figure 8. Results from the catch damage index showing the probability for cod to obtain a  
17 score ranging from 0 to 3 for the four categories investigated for all possible combinations of  
18 three categories. The bars represent 95% CIs. RT denotes regular tows and BT denotes buffer  
19 tows. The scores that proved a significant difference in fish quality between RT and BT are  
20 highlighted in bold and black.
- 21 Figure 9. Results from the fillet index showing the probability for cod to obtain a score  
22 ranging from 0 to 3 for the four categories investigated. The bars represent 95% CIs. RT  
23 denotes regular tows and BT denotes buffer tows. The scores that proved a significant  
24 difference in fish quality between RT and BT are highlighted in bold and black.
- 25 Figure 10. (a) The fillets on the left represent a typical example of score 0 for the category  
26 “discoloration”, whereas the two fillets on the right are a typical example of a score of 2. (b)  
27 shows an example of fillet gaping (arrows).

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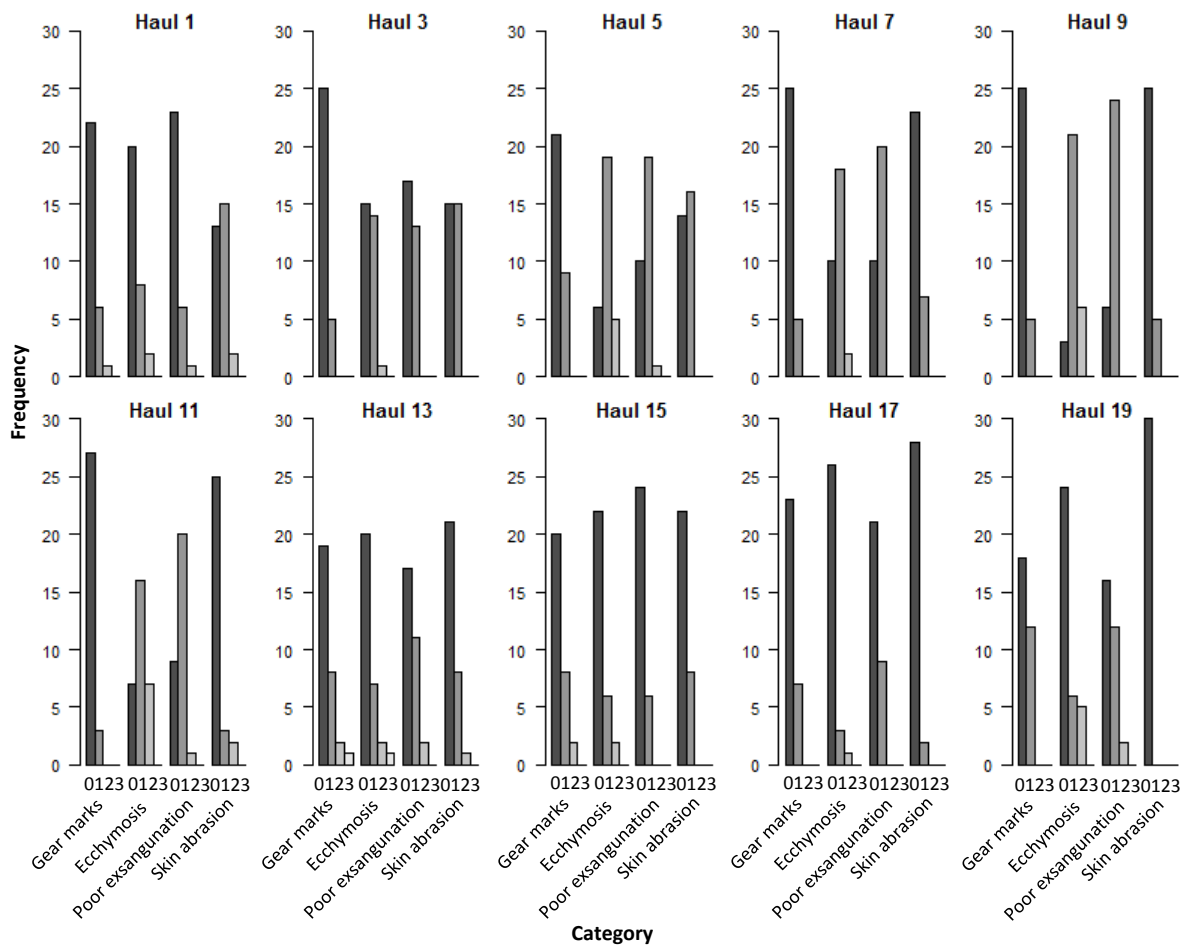
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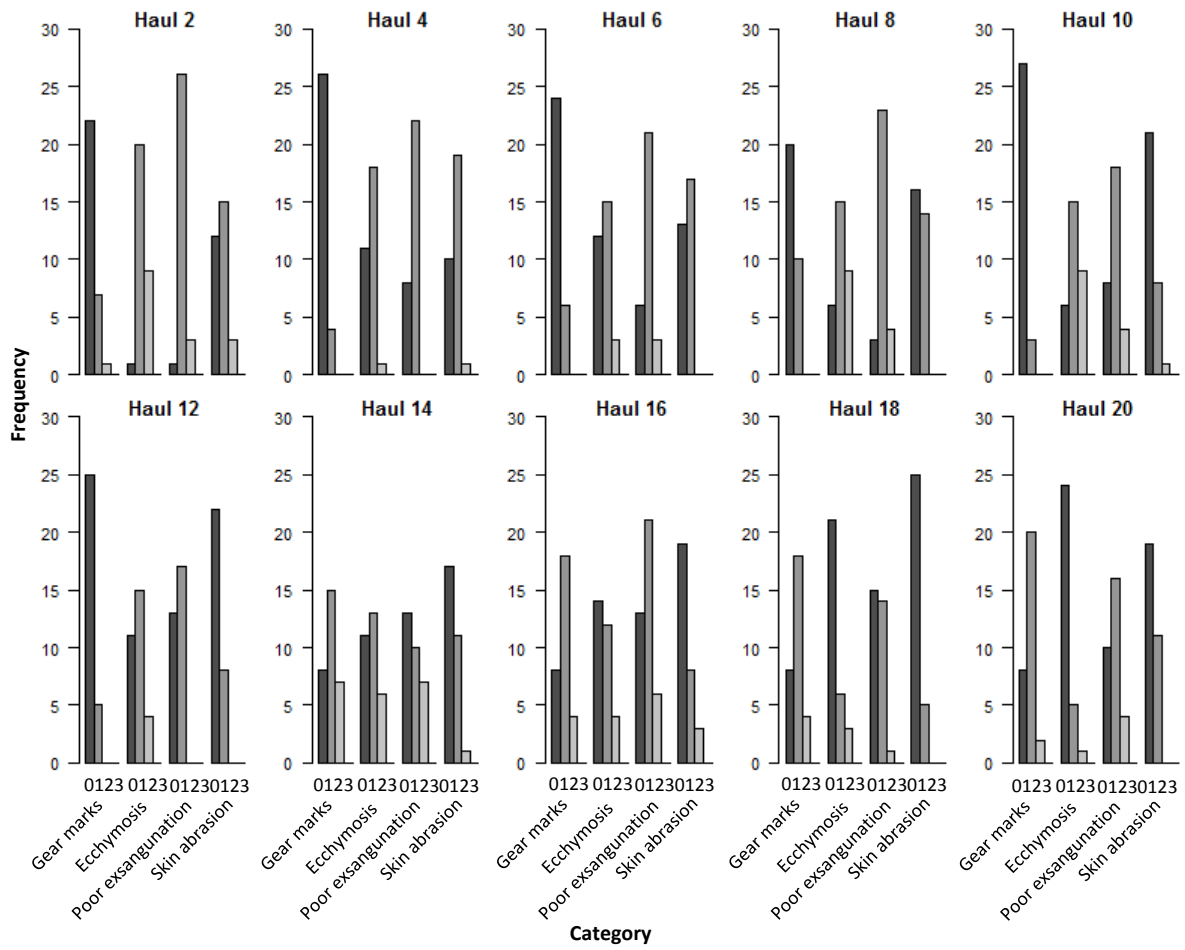
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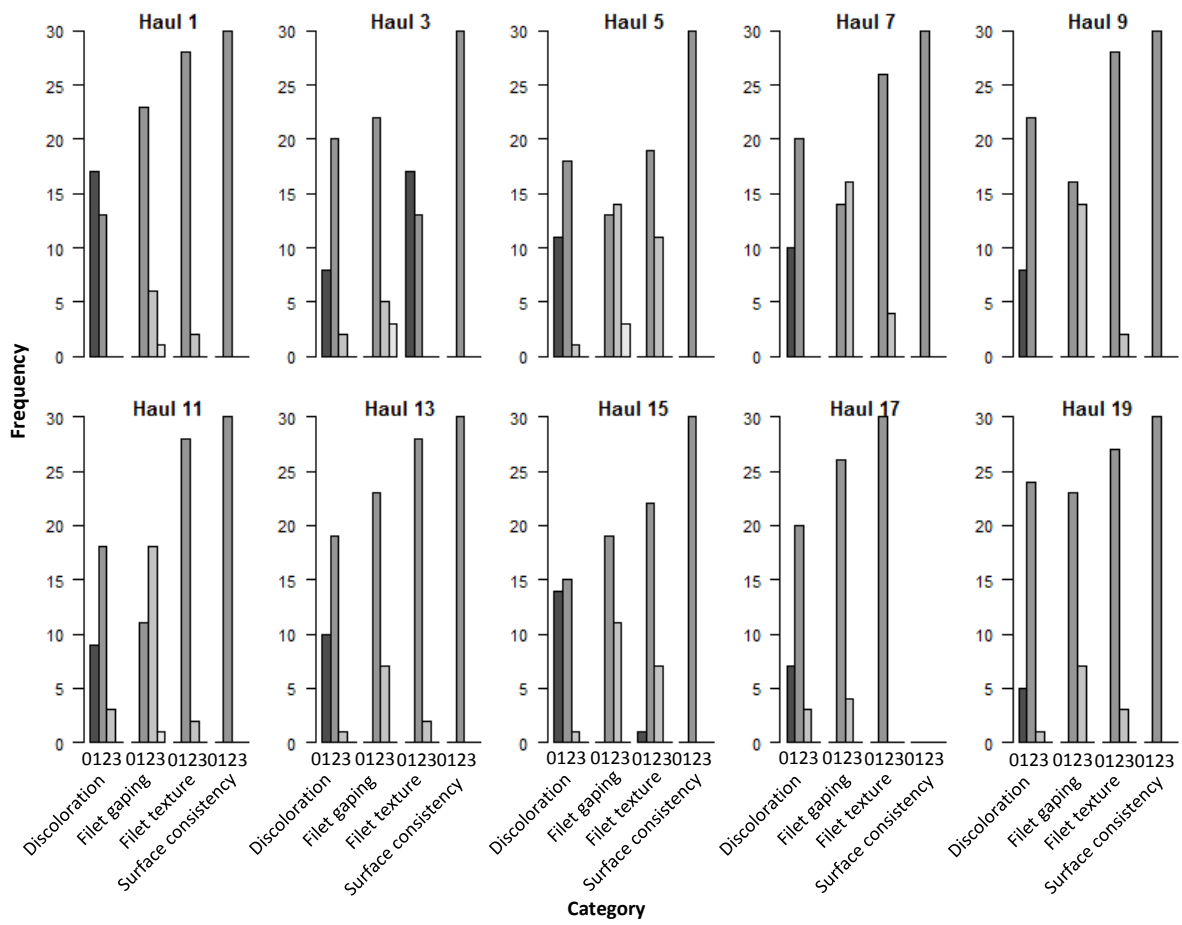
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67 FIG. 4



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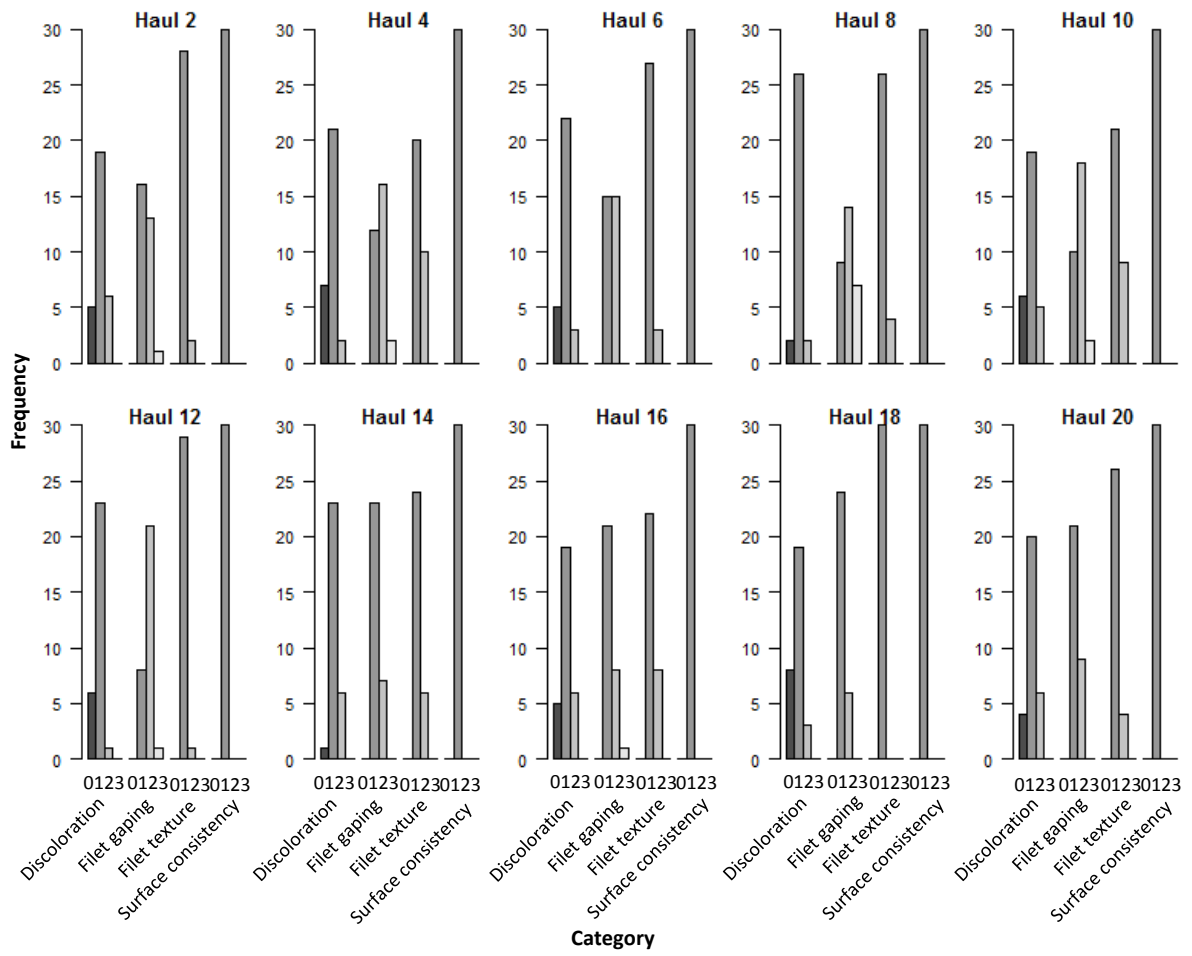
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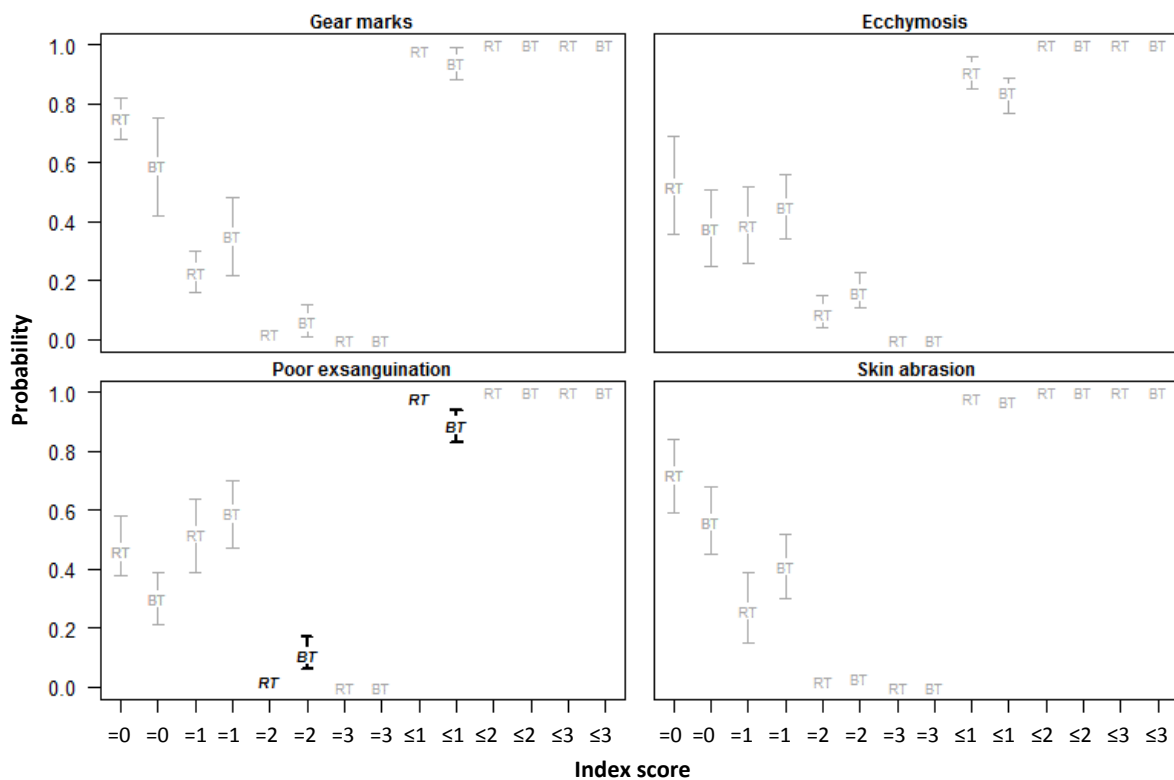
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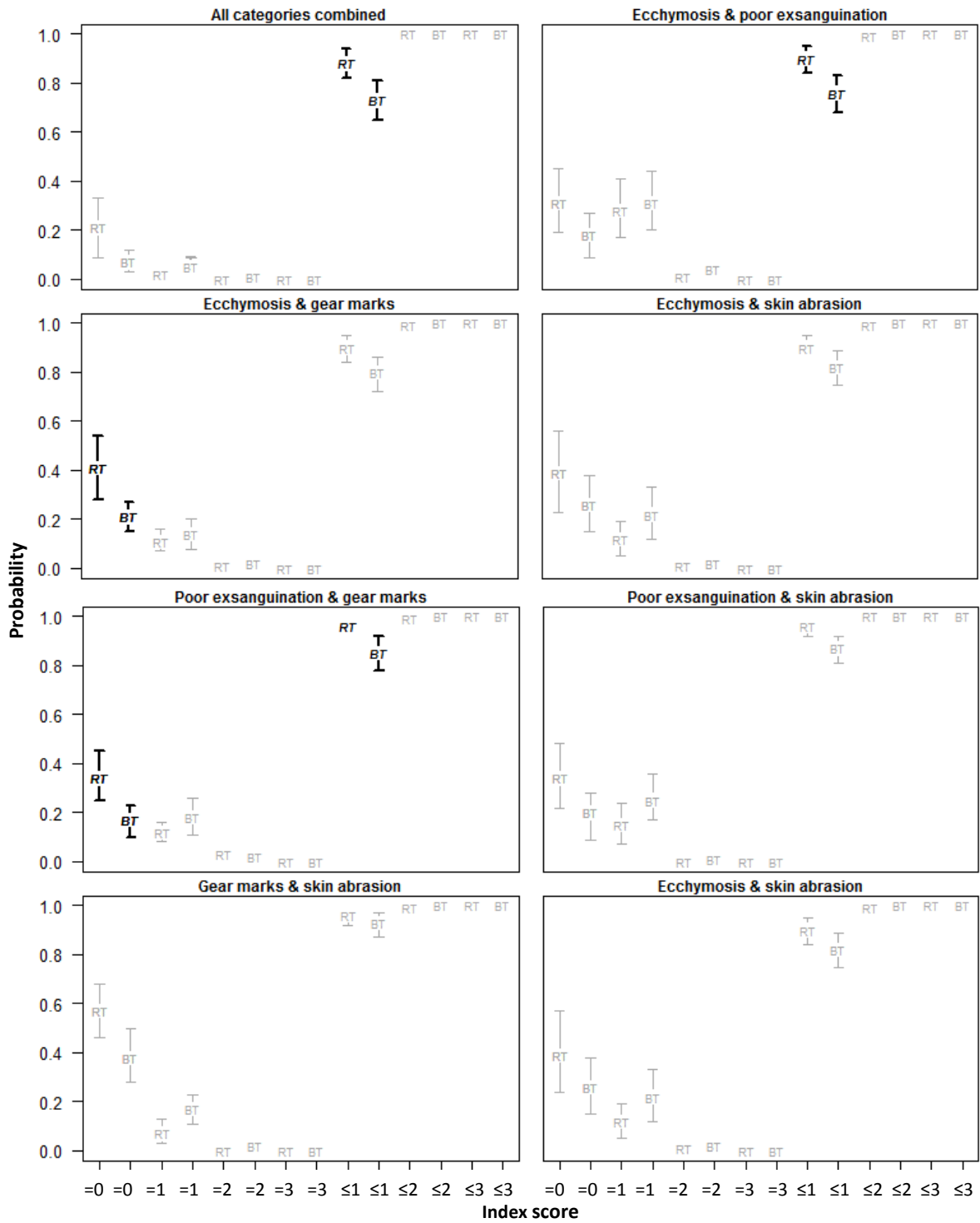
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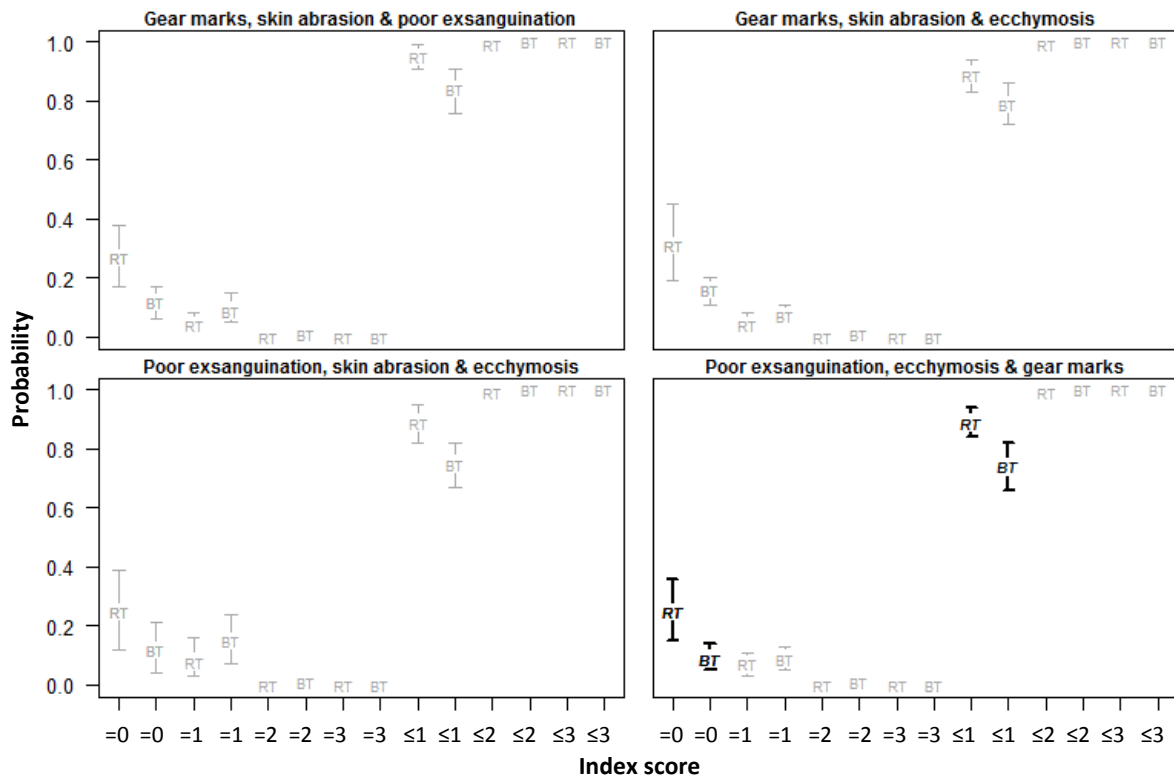
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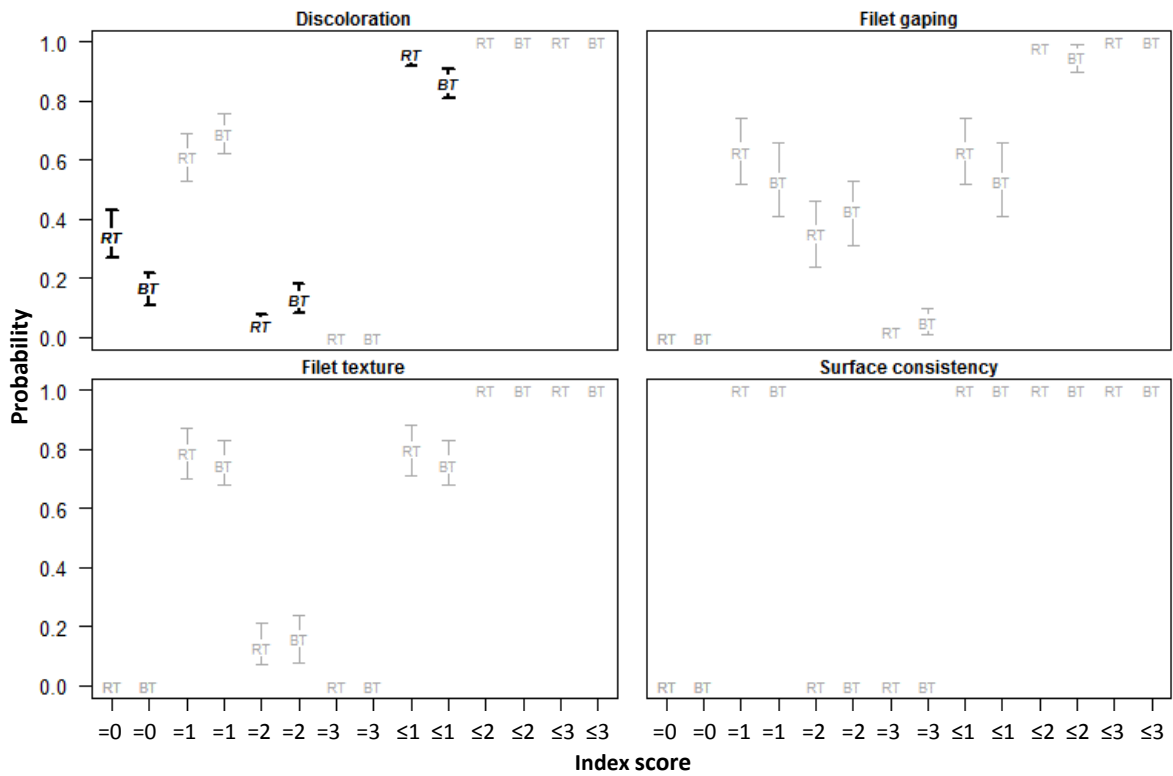


111 FIG. 8



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