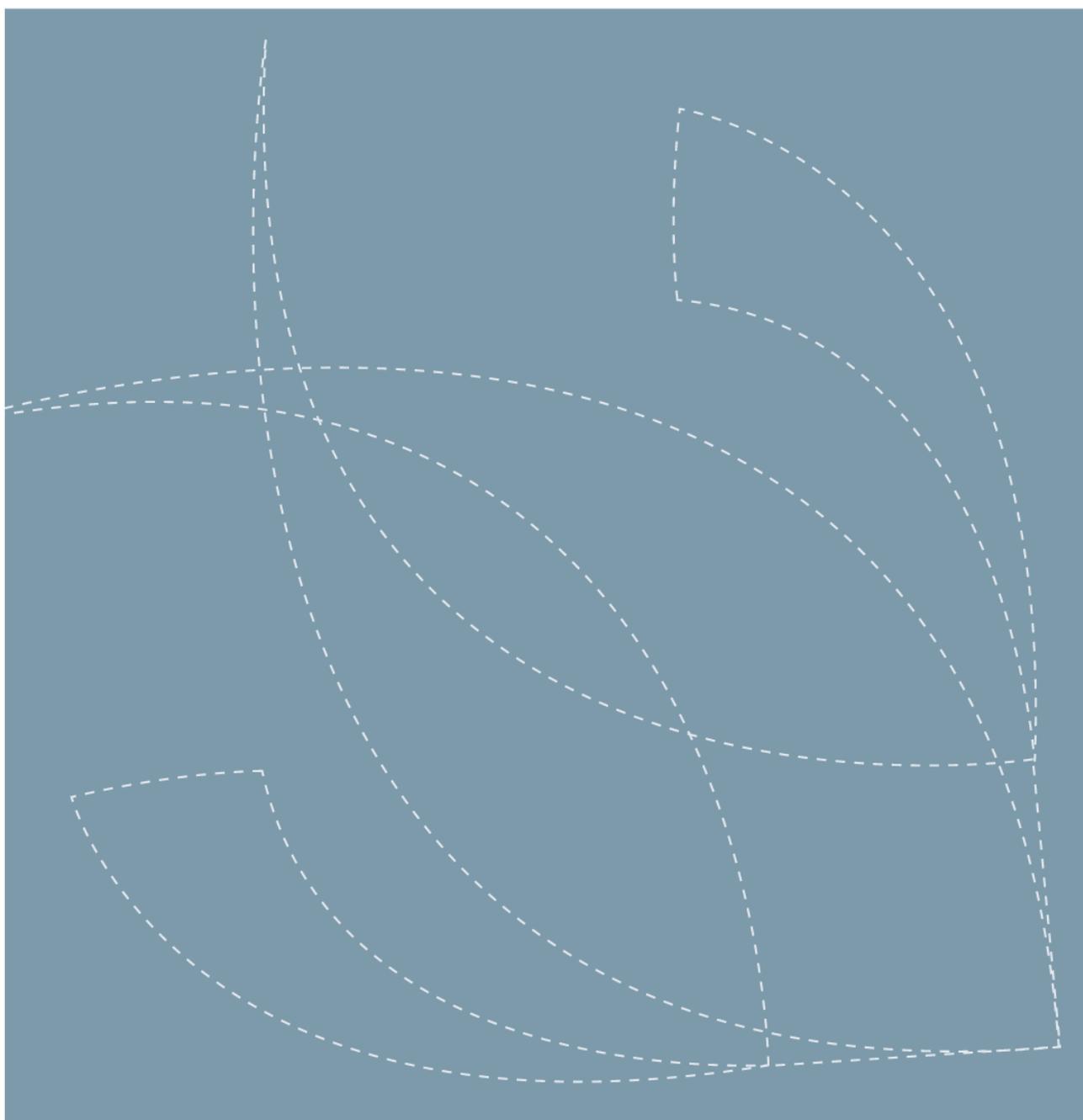


# **Histamine in fish: Liquid chromatographic determination with post-column derivatization and fluorescence detection**

Gunnhild Hovde, Jarle Wang-Andersen and Bente Asbjørnsen





Nofima is a business oriented research institute working in research and development for aquaculture, fisheries and food industry in Norway.

Nofima has about 350 employees.

The main office is located in Tromsø, and the research divisions are located in Bergen, Stavanger, Sunndalsøra, Tromsø and Ås.

**Main office in Tromsø:**

Muninbakken 9–13  
P.O.box 6122 Langnes  
NO-9291 Tromsø

**Ås:**

Osloveien 1  
P.O.box 210  
NO-1431 ÅS

**Stavanger:**

Måltidets hus, Richard Johnsgate 4  
P.O.box 8034  
NO-4068 Stavanger

**Bergen:**

Kjerreidviken 16  
P.O.box 1425 Oasen  
NO-5828 Bergen

**Sunndalsøra:**

Sjølseng  
NO-6600 Sunndalsøra

**Company contact information:**

Tel: +47 77 62 90 00

E-mail: [post@nofima.no](mailto:post@nofima.no)

Internet: [www.nofima.no](http://www.nofima.no)

Business reg.no.:

NO 989 278 835 VAT

# Report

<p><i>Title:</i> <b>Histamine in fish: Liquid chromatographic determination with post-column derivatization and fluorescence detection</b></p>	<p>ISBN: 978-82-8296-281-0 (printed) ISBN: 978-82-8296-282-7 (pdf) ISSN 1890-579X</p>
<p><i>Author(s)/Project manager:</i> Gunnhild Hovde, Jarle Wang-Andersen and Bente Asbjørnsen</p>	<p><i>Report No.:</i> 15/2015</p> <p><i>Accessibility:</i> <b>Open</b></p>
<p><i>Department:</i> BioLab</p>	<p><i>Date:</i> 27 March 2015</p>
<p><i>Client:</i> NMKL - Nordisk metodikomite for næringsmidler</p>	<p><i>Number of pages and appendixes:</i> 21+14</p>
<p><i>Keywords:</i> Histamine, HPLC, derivatization, OPA, fluorescence detection, validation</p>	<p><i>Client's ref.:</i></p>
<p><i>Summary/recommendation:</i></p> <p>Histamine is formed by microbial decarboxylation of histidine. Histidine is an essential amino acid which is present in all fish and especially in fish tissues of Scomberiscida and Scombridae families, for example mackerel, herring, anchovy and tuna. Histamine may lead to Scombroid food poisoning, which resembles allergic reactions.</p> <p>This method is intended for quantification of histamine down to 2 mg/kg, which was determined to be a reasonable quantification limit. The method uses liquid chromatography with OPA (o-Phthaldialdehyde) as derivatization reagent followed by fluorescence detection. Recovery experiments showed that the recovery of histamine is good, between 97.7 and 102 %, for all tested sample matrixes and concentration levels (approximately 2-180 mg/kg). The method is fit for purpose.</p>	
<p><i>Summary/recommendation in Norwegian:</i></p> <p>Histamin dannes ved mikrobiell dekarboksylering av histidin. Histidin er en essensiell aminosyre som finnes i all fisk og spesielt i fiskevev i Scomberiscida- og Scombridae-familiene, for eksempel makrell, sild, ansjos og tunfisk. Histamin kan føre til Scombroid-forgiftning, som ligner på allergiske reaksjoner.</p> <p>Denne metoden er ment for kvantifisering av histamin ned til 2 mg/kg, som ble bestemt til en fornuftig kvantifiseringsgrense. Metoden benytter væskrokromatografi med OPA (o-ftaldialdehyd) som derivatiseringsreagens etterfulgt av fluorescensdeteksjon. Gjenvinningsforsøk viste at gjenvinningen av histamin er god, mellom 97,7 og 102 %, for alle uttestede prøvematrixer og konsentrasjonsnivåer (rundt 2-180 mg/kg). Metoden passer til formålet.</p>	

# Table of Contents

<b>1</b>	<b>Introduction</b>	<b>1</b>
<b>2</b>	<b>Theory</b>	<b>2</b>
2.1	Background and method principle	2
2.2	Degree of validation	2
2.3	Validation points	2
2.3.1	Selectivity	2
2.3.2	Linearity	3
2.3.3	Precision	3
2.3.4	Accuracy	4
2.3.5	Measuring range	7
2.3.6	Ruggedness	8
2.3.7	Uncertainty	8
<b>3</b>	<b>Experimental</b>	<b>9</b>
3.1	Linearity	9
3.2	Precision	9
3.3	Accuracy	9
3.4	Measuring range	10
<b>4</b>	<b>Results and discussion</b>	<b>11</b>
4.1	Selectivity	11
4.2	Linearity	12
4.3	Precision	13
4.4	Accuracy	13
4.4.1	Ring tests	13
4.4.2	Recovery/spiking	14
4.5	Measuring range	16
4.6	Uncertainty	17
4.6.1	Theoretical uncertainty	17
4.6.2	Experimental uncertainty	18
<b>5</b>	<b>Conclusion</b>	<b>20</b>
<b>6</b>	<b>References</b>	<b>21</b>
	<b>Appendix 1 – Linearity</b>	<b>ii</b>
	<b>Appendix 2 – Precision</b>	<b>iii</b>
	<b>Appendix 3 – Spiking/recovery</b>	<b>v</b>
	<b>Appendix 4 – LOD and LOQ</b>	<b>vi</b>
	<b>Appendix 5 – Uncertainty</b>	<b>vii</b>
	<b>Appendix 6 – Method description</b>	<b>ix</b>

# 1 Introduction

The aim of this project is to validate a new method for determination of histamine in fish. The method uses liquid chromatography with OPA (O-Phthaldialdehyde) as a derivatization reagent followed by fluorescence detection.

Validating a method means investigating and establishing the method's quality parameters. The tested method parameters will include selectivity, linearity, precision, accuracy, measuring range, ruggedness, and uncertainty. Validation performed by one laboratory is called internal validation (NMKL 2009). Validation determines the suitability of an analysis for providing the desired information (Douglas A. Skoog 2004).

## 2 Theory

This chapter describes the method, the degree of validation and the validation points. The method description is attached in appendix 6.

### 2.1 Background and method principle

Histamine is formed by microbial decarboxylation of histidine. Histidine is an essential amino acid which is present in all fish and especially in fish tissues of Scomberiscida and Scombridae families, for example mackerel, herring, anchovy and tuna. Histamine may lead to Scombroid food poisoning, which resembles allergic reactions (Etienne 2006).

Histamine is extracted from fish by homogenization with 0.6 M perchloric acid. The extract is measured by use of HPLC (high-performance liquid chromatography), and OPA as derivatization reagent. Fluorescence detection of OPA-derivates increases the sensitivity compared to UV-detection, and it is assumed to be less interferences. The derivatization is done post column, which decreases potential instability problems with OPA-derivates. This method also use internal standard for calculation, which decreases the contributions to the measurement uncertainty. Especially since the internal standard is added early, before the extraction.

The following eluents are used for the gradient in the chromatographic determination:

1. Sodium acetate buffer
2. Methanol
3. Acetonitrile/sodium acetate buffer

The flow rate is set to 1 ml/min and each injection takes 45 minutes. The column temperature is set to 35 °C and the chromatographic separation is performed on a Hypersil ODS (C18) column (15 cm × 4.6 mm). The excitation and emission wavelengths are set to 365 and 418 nm, respectively.

### 2.2 Degree of validation

The method has been internally developed and demands a full internal validation (NMKL 2009). The tested and evaluated method parameters will include selectivity, linearity, precision, accuracy, measuring range, ruggedness, and uncertainty.

The validation work was started in 2012, but was never finished. The data material from the previous validation is included in this report instead of doing the same validation work again.

### 2.3 Validation points

The validation points that are evaluated are summarized in this chapter. The laboratory work and the results/discussion in connection to the validation points are described in chapter 3 and 4, respectively.

#### 2.3.1 Selectivity

Selectivity is the recommended term for expressing whether a method can determine the requested analyte under certain conditions in the presence of other components with similar properties. In

chromatographic methods, selectivity is based on the separation process, also called separation selectivity. The selectivity indicates how strongly the result is influenced by other compounds in the sample (Vessmann 2001).

### 2.3.2 Linearity

The linearity is investigated by regression analysis and the least squares method. By using the least squares method one will find the regression curve that best fits the data set, by looking at the square of the deviations between the observed point and the estimated curve. The generated curve is the one with the smallest possible area of the squares. The regression curve has the equation  $y=mx+b$ , where  $m$  is the slope and  $b$  is the y-intercept. The least squares method also returns the standard deviations of  $m$  and  $b$  ( $s_m$  and  $s_b$ ), and the standard error of the estimate ( $s_y$ ), which is a rough estimate on a typical standard deviation from the regression curve. It is assumed that any deviations from linearity are caused by deviations in the measurements, and that the concentrations are accurate. To determine how well the curve fits the dataset, the  $F$ -value from the  $F$ -distribution is calculated. The  $F$ -value is the relationship between the regression sum of squares and the residuals sum of squares. In an  $F$ -distribution it is assumed that the points in the data set are randomly scattered (non-linear). When the  $F$ -value is higher than the table values ( $F$ -critical) it means that with 95 % probability the points are not a random spread, but a linear regression is justified (Løvås 2005, Corporation 2013, College no date).

### 2.3.3 Precision

Precision describes the compliance between independent results achieved in exactly the same way under specific conditions. Precision must not be confused with accuracy, which describes how close the measurement is to the true or accepted value. Precision is usually expressed as the standard deviation of the results. The precision of the method can be determined as:

- a) Repeatability: This means the analytical method should be used on identical samples in the same laboratory using the same equipment within a short period.
- b) Reproducibility: This means the analytical method should be used on identical samples on different laboratories using different equipment (Douglas A. Skoog 2004, NMKL 2009).

Repeatability is often expressed as the repeatability limit ( $r$ ), which is an expression for the absolute difference with 95 % confidence interval between two independent test results achieved under the requirements mention in paragraph a in the section above (ISO 1994).  $r$  is calculated as shown in equation 2.1.

$$r = t \times \sqrt{2} \times S_r \quad (2.1)$$

$t$  is the two-tailed Student t-value at 95 % confidence interval and  $S_r$  is the standard deviation of the repeatability.  $S_r$  is calculated by using equation 2.2.

$$S_r = \sqrt{\frac{\sum_{i=1}^n (x_i - y_i)^2}{2n}} \quad (2.2)$$

where  $x_i$  and  $y_i$  is the two measurements and  $n$  is the number of double test results (NMKL 2009).

Usually  $r$  is calculated by assuming that the degrees of freedom approach infinity and that  $t=1.96$ . By these conditions  $r$  is calculated as shown in equation 2.3.

$$r = 2.8 \times S_r \quad (2.3)$$

### 2.3.4 Accuracy

#### Interlaboratory study (ring test)

Accuracy describes the relationship between the true level of analyte in a sample and the result achieved by analysis. To evaluate the accuracy of a method one can use data from an interlaboratory study (ring test).

Nofima BioLab has participated in a few ring tests hosted by Lvu (Labor Vergleichs Untersuchung) and CHEK (Chemical Quality Assurance) where this method has been used by Biolab. Note that the other participants have used different methods.

To evaluate the results from the ring test one can calculate different sums/values that indicate how close the laboratory's result is in relationship to others. The ring test organizers often uses "z-score" ( $z$ ) which is a normalized value that gives every result a score seen in context to the other values in the data set. z-score is calculated as shown in equation 2.4.

$$z = \frac{(X - X_{SLP})}{u_{SLP}} \quad (2.4)$$

$X$  is the participant's result,  $X_{SLP}$  is the organizer's best estimate on the value of the sample and  $u_{SLP}$  is an estimate on the spread between the results expressed as the standard deviation for all the participant's results (ISO 2005, Thomson 2006).

By including the laboratory's own measurement uncertainty in the calculation, zeta-score ( $\zeta$ ) can be used instead, as shown in equation 2.5.

$$\zeta = \frac{(X - X_{SLP})}{\sqrt{u_X^2 + u_{SLP}^2}} \quad (2.5)$$

$u_X$  is the laboratory's standard deviation. By using zeta-score it is important to be aware that a certain value can be caused by either a big deviation from the assigned value and great uncertainty, but also a small deviation from the assigned value and a proportionally small uncertainty. Based on this, IUPAC (International Union of Pure and Applied Chemistry) does not recommend the use of zeta-score unless it is reported together with z-score. The laboratory also need to know its own uncertainty (ISO 2005, Thomson 2006).

Another international accepted method for evaluating ring test results is  $E_n$ -value (error normalized-value) as shown in equation 2.6.

$$E_n\text{-value} = \frac{X - X_{SLP}}{\sqrt{(U_X)^2 + (U_{SLP})^2}} \quad (2.6)$$

$U_X$  and  $U_{SLP}$  are the expanded measurement uncertainties for  $X$  and  $X_{SLP}$ . As for zeta-score the measurement uncertainty is included in the calculation, but opposed to z- and zeta-score, expanded

uncertainty is used with a coverage factor of 2. Table 1 shows acceptable, suspicious and unacceptable values of the three scores/values (ISO 2005).

Table 1 Acceptable, suspicious and unacceptable values of z-score (z), zeta-score (ζ) and E<sub>n</sub>-value (E<sub>n</sub>).

Result	z	ζ	E <sub>n</sub>
Acceptable	0-2	0-2	0-1
Suspicious	2-3	2-3	1-2
Unacceptable	≥  3	≥  3	≥  2

The narrower limits of acceptable values for E<sub>n</sub> are due to the expanded measurement uncertainty. Some values in the suspicious area are normal. Statistically, 1 out of 20 scores are in this area (Thomson 2006).

Nofima BioLab uses E<sub>n</sub>-value to evaluate ring tests. The standard deviation reported by the organizer is divided by the square root of the number of participants (n) to achieve a standard uncertainty for the X<sub>SLP</sub>. The reason behind this calculation is to avoid that the spread of the entire population will make it too easy to achieve acceptable comparisons with the X<sub>SLP</sub>-value. The calculation is shown in equation 2.7.

$$E_n\text{-value} = \frac{X - X_{SLP}}{\sqrt{(U_X)^2 + \left(\frac{U_{SLP}}{\sqrt{n}}\right)^2}} \quad (2.7)$$

### Recovery/spiking

The data material from the ring tests is limited, and therefore accuracy has also been investigated by using recovery tests. Recovery (or recovery factor) is defined by IUPAC as, “Yield of a preconcentration or extraction stage of an analytical process for an analyte divided by amount of analyte in the original sample” (Burns 2002). In an extraction step, the analyte is transferred from a complex matrix to a simpler matrix in which the instrumental detection is done. Loss of analyte can be anticipated during the extraction, and recovery gives the method’s efficiency. Recovery should, if possible, be compensated for. When using methods with addition of internal standard and a calibration curve instead of a standard curve, the appropriate term is “apparent recovery” (NMKL 2012).

Usually the recovery is determined during a method validation by spiking, which is adding a known quantity of the analyte to the sample, extract, measure and divide by the spiked value (NMKL 2012).

The recovery (R %) in a spiked blank sample can be calculated by using equation 2.8 (NMKL 2012).

$$R \% = \frac{Q_{A(extr)}}{Q_{A(add)}} \times 100 \quad (2.8)$$

Q<sub>A(extr)</sub> is the level of extracted (recovered) analyte, and Q<sub>A(add)</sub> is the added (spiked) analyte before the extraction.

If a blank sample is not available, and the spiked sample is a real sample, the recovery can be calculated by using equation 2.9. The original level of analyte must be determined (NMKL 2012).

$$R \% = \frac{Q_{Aextr(orig+add)} - Q_{A(orig)}}{Q_{A(add)}} \times 100 \quad (2.9)$$

$Q_{Aextr(org+add)}$  is the level of measured analyte in the spiked sample, and  $Q_{A(orig)}$  is the level of measured analyte in the real sample before spiking.

The standard error of the recovery is calculated in absolute terms as the standard error of the mean ( $SEM$ ) as shown in equation 2.10, and in relative terms as the standard uncertainty for the recovery ( $u_{rec}$ ) as shown in equation 2.11 (NMKL 2012).

$$SEM = \frac{SD}{\sqrt{n}} \quad (2.10)$$

$$u_{rec} = \frac{\% RSD}{\sqrt{n}} \quad (2.11)$$

where  $SD$  and  $\% RSD$  are the standard deviation and the relative standard deviation of the recovery, and  $n$  is the number of replicates (NMKL 2012).

It is important to not confuse recovery with bias ( $b$ ). Incomplete recovery will lead to bias, (Linsinger 2008) but bias is a systematic analytical error that may or may not be significant. It is an estimate of a systematic measurement error. Bias should be identified and, if possible, eliminated, but bias should usually not be corrected for (NMKL 2012). A certified reference material (CRM) is usually required for the determination of bias, but if no CRMs are available the recovery can be used to calculate the bias (NMKL 2012). In both cases, bias can be calculated by equation 2.12 and relative bias ( $b\%$ ) by equation 2.13 (Linsinger 2008, NMKL 2012).

$$b = \frac{x_{meas}}{x_{ref}} \quad (2.12)$$

$$b\% = \left( \frac{x_{meas} - x_{ref}}{x_{ref}} \right) \times 100 \quad (2.13)$$

$x_{meas}$  is the measured result while  $x_{ref}$  is the reference value, which can be a CRM, an accurately prepared sample (e.g., by spiking), well-designed intercomparisons or measurements with another method of demonstrated accuracy (Linsinger 2008).

To see if the recovery and the bias are statistically significant, a  $t$ -test is performed according to equation 2.14 (NMKL 2012).

$$t = \frac{|X-T|}{u} \times \sqrt{n} \quad (2.14)$$

$X$  represents the extracted analyte,  $T$  represents the calculated level of analyte in the spiked sample, and  $u$  is the uncertainty of the method (a summary of different uncertainty sources, see chapter 2.3.7). If the bias is statistically significant,  $t$  is higher than  $t_{crit}$ . The value for  $t_{crit}$  (two-tailed, 95 % confidence, degrees of freedom =  $n-1$ ) is found in a table of critical  $t$ -values (NMKL 2012).

The big advantage of using recovery experiments is that the matrix is representative for real samples. The biggest limitation is that the analyte in the real sample can be strongly bound physically or chemically to the matrix, which normally will not be the case for the added analyte. This could mean that one can achieve a high recovery factor for the added analyte, without reaching a complete determination of the naturally occurring analyte (NMKL 2012). Also, the form of the spike may present a problem as different compounds and grain sizes representing the analyte may behave differently in an analysis (Van Reeuwijk 1998). One may experience four different scenarios (NMKL 2012):

1. The native (original) analyte remains (i.e., is recovered) and the spike is partially lost, and one will achieve false bad recovery.
2. The native analyte is partially lost and the spike remains, and one will achieve false good recovery.
3. The native analyte and the spike remain, and one will achieve a true good recovery.
4. The native analyte is partially lost and the spike is proportionally lost, and one will achieve a true good recovery.

### 2.3.5 Measuring range

The measurement range for a method is defined as the range where the method is validated, and is the range where the method gives acceptable accuracy and precision. The measurement range is determined by the limit of detection (*LOD*) and the limit of quantification (*LOQ*) (NMKL 2009). The limit of detection is the lowest analyte concentration that can be detected with a certain degree of confidence and is commonly calculated by equation 2.15 (Armbruster, Tillman et al. 1994, NMKL 2009).

$$LOD = c \times SD_{blind} \quad (2.15)$$

$SD_{blind}$  is the standard deviation for the blind samples' mean value, and  $c$  is a constant which is found in a table of critical  $t$ -values (degrees of freedom =  $n-1$  and usually  $\alpha = 0.01$ ). For  $\alpha = 0.01$  and  $n = 20$ ,  $c = 3$  is often used (NMKL 2009).

The limit of quantification is the lowest analyte concentration that can be quantified with a given measurement uncertainty within a certain degree of confidence and is commonly calculated by equation 2.16 (Armbruster, Tillman et al. 1994, NMKL 2009).

$$LOQ = c \times SD_{blind} \quad (2.16)$$

Rigid rules for the limit of quantification cannot be given but should be evaluated in each case.  $c = 6$  or  $10$  is often used (NMKL 2009).

In chromatographic methods, the standard deviation of the blind sample is often found by measuring the noise signal of a blank injection several times, and then calculating the standard deviation of the noise signal. The calculation of the *LOQ* is carried out according to equation 2.16.

### 2.3.6 Ruggedness

Ruggedness describes the analytical method's sensitivity to small differences in the experimental conditions (NMKL 2009). The method operates with specific amounts and volumes of sample and reagents, so that in the connection to this method it would be interesting to look at ruggedness as differences between laboratories using different equipment, also described as reproducibility (chapter 2.3.3). Due to lack of collaborative laboratories this was not investigated. Ruggedness associated with different chemicals, sample types and different day-to-day variations was covered by the recovery experiments, and will not be discussed any further.

### 2.3.7 Uncertainty

The method's uncertainty contributors are summed up in an Ishikawa (fishbone) diagram, and a theoretical calculation of the measurement uncertainty is carried out as described in Eurachem (1995) (Eurachem 1995).

The method's experimental measurement uncertainty ( $u_{SLP}$ ) includes internal and external uncertainty elements and is calculated by equation 2.17.

$$u_{SLP} = \sqrt{u_{LAB}^2 + u_{LAB-\bar{X}}^2} \quad (2.17)$$

$u_{LAB}$  is Nofima Biolab's internal standard deviation for the repeatability. This value is determined from differences between double measurements in common sample matrixes with results in the normal area.

$u_{LAB-\bar{X}}$  is Nofima BioLab's uncertainty for the deviations from the average results in the ring tests which is described in chapter 2.3.4. The uncertainty is calculated by equation 2.18.

$$u_{LAB-\bar{X}} = \sqrt{\frac{\sum(LAB-\bar{X})^2}{2d}} \quad (2.18)$$

$d$  is the number of double measurements.

The method's total measurement uncertainty ( $u$ ) is calculated by summarizing all measurable contributors to uncertainty: Ring tests, recovery and precision. The uncertainty is reported as expanded uncertainty ( $U$ ) with a coverage factor ( $k$ ) of 2 which correspond to 95 % confidence interval.

### 3 Experimental

The following chapter describes the laboratory work done in connection to the validation work.

#### 3.1 Linearity

The linearity was checked by injection of histamine standards of low concentration. The amount injected was plotted against the area of the histamine peak and the internal standard peak, and a regression test was done.

#### 3.2 Precision

The precision of the method was calculated as the repeatability. The calculation was based on double measurements done in connection to the spiking, as described in chapter 3.3.

#### 3.3 Accuracy

The recovery test was performed by spiking of histamine in mackerel, herring and tuna. Histamine was weighed as histamine $\times$ 2HCl and diluted to known concentration with 0.6 M perchloric acid (PCA). The sample matrix was also analyzed without addition to check what the original level of analyte was before spiking. The samples without addition of histamine were added the same level of 0.6 M PCA, so that the sample matrix was equal. Spiking was performed both in connection to the previous validation work (2012) and in 2014.

The preparation of the samples is shown in Table 2.

Table 2 *The preparation of spiked samples of herring, mackerel and tuna. Histamine was weighed as histamine $\times$ 2HCl and corrected for molar weight and purity (99.5 %). All sample matrixes were also prepared without the addition of histamine, only addition of 0.6 M perchloric acid (PCA).*

Year	Type of matrix	Histamine (mg)	Dilution volume, Histamine (mL)	Concentration of solution (mg Histamine/L)	Sample amount (g)	Added volume of Histamine-solution (mL)	Added volume of 0.6 M PCA (mL)	Concentration of Histamine in spiked sample (mg/kg)
2012	Herring	0	-	-	500	-	50	0
	Herring	5.03	50	100.63	500	50	-	9.15
	Mackerel	0	-	-	500	-	50	0
	Mackerel	35.16	50	703.23	500	50	-	63.9
2014	Tuna	0	-	-	99.7	-	10	0
	Tuna	100.15	100	1001.5	199	20	-	91.5
	Tuna	200.06	100	2000.6	200	20	-	182
	Mackerel	0	-	-	200	-	20	0
	Mackerel	99.97	100	999.68	200	20	-	90.9
	Herring	0	-	-	200	-	20	0
	Herring	2.49	100	24.870	200	20	-	2.26
	Herring	99.48	100	994.83	200	20	-	90.4

The analysis of the spiked and unspiked samples was performed as normal by following the method description.

### **3.4 Measuring range**

Evaluations of the signal/noise ratio for real samples were performed and the linearity and spread in the lower level was evaluated. Blank samples were analyzed and *LOD* and *LOQ* were determined.

## 4 Results and discussion

### 4.1 Selectivity

The separation selectivity is good. There are no interfering compounds eluting near histamine in the chromatogram as shown in Figure 1 (standard solution with tyramine, putrescine, cadaverine, histamine and internal standard: 1,6-Diaminohexane dihydrochloride).

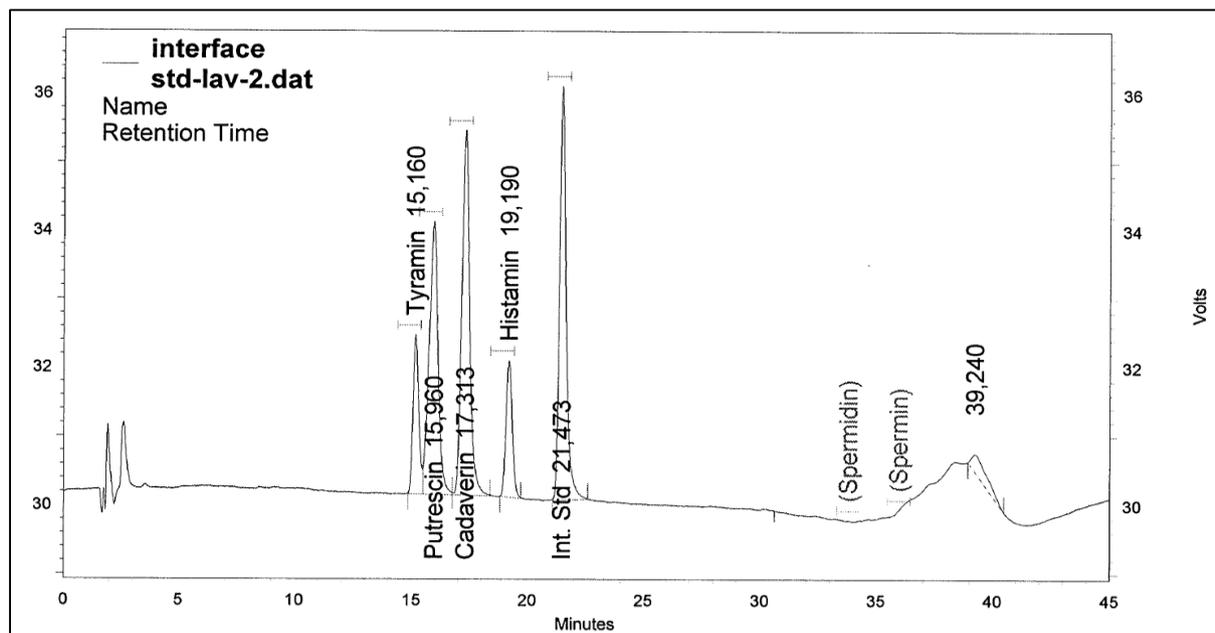


Figure 1 Chromatogram of the standard solution containing tyramine, putrescine, cadaverine, histamine and 1,6-Diaminohexane dihydrochloride (internal standard).

## 4.2 Linearity

The linearity of the injected standards versus the area of the histamine peak and the internal standard peak is shown in Figure 2 and Figure 3. The data material is shown in appendix 1.

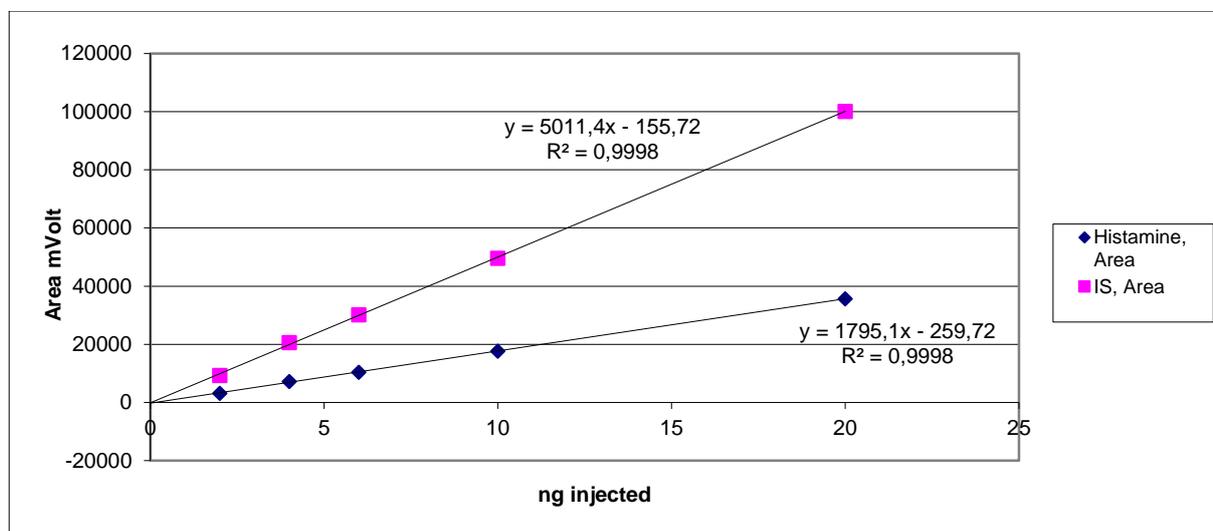


Figure 2 The injected standard (2-20 ng) plotted against the area of the histamine peak and the area of the internal standard peak.

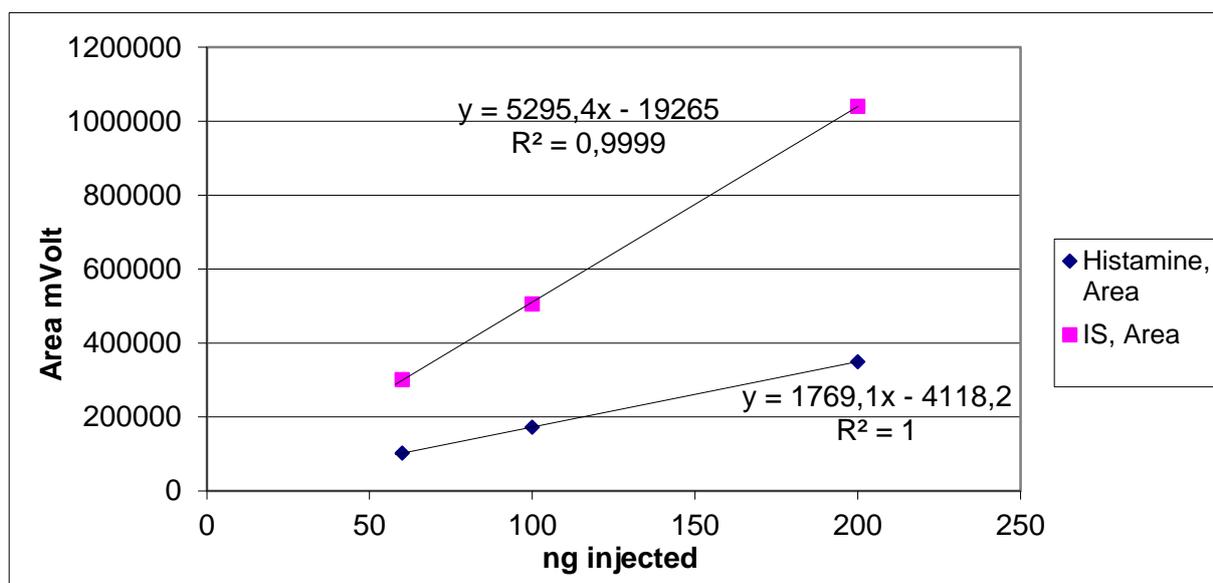


Figure 3 The injected standard (60-200 ng) plotted against the area of the histamine peak and the area of the internal standard peak.

The response factors were calculated for histamine at each concentration. The average response factor (RF) was 2.89 and the % RSD between the RFs (n=8) was 2.26 %. The linearity of the calibration is good with R<sup>2</sup>-values of 1 or very close to 1. The F-values from the F-distribution are higher than the table values. This means, as mentioned in chapter 2.3.2, that the linear regression is justified.

### 4.3 Precision

The within laboratory precision calculated as the repeatability was based on the spiking results, where the results were treated as double measurements in the order they were analyzed. The calculation was done using equation 2.2 and 2.3, and is shown in appendix 2. The repeatability was calculated to  $r = 0.23$  mg/kg (CV % = 2.9) for the lower concentrations (0.512 to 9.40 mg/kg) and  $r = 4.1$  mg/kg (CV % = 1.3) for the higher concentrations (61.6 to 180 mg/kg). The precision of the results is good.

### 4.4 Accuracy

#### 4.4.1 Ring tests

Nofima BioLab has participated in a few ring tests for histamine by using this method. The ring tests have been organized by Lvu and CHEK and the sample matrixes have been fish paste and mackerel. The results of the ring tests are shown in Table 3. Calculations were done by using equation 2.4, 2.5 and 2.7.

Table 3 The result of the ring tests for histamine analyzed by use of this method. The ring tests were organized by Lvu and CHEK and analyzed between 2011 and 2014. The z-score, the  $\zeta$ -score and the  $E_n$ -value was calculated by use of equations 2.4, 2.5 and 2.7.

Organizer	Lvu	CHEK	Lvu	Lvu	Lvu
Sample number	1	499	1 and 2	413-13	413-35
Sample type	Fish paste	Mackerel	Fish paste	Fish paste	Fish paste
Date	14/1/2011	25/1/2012	9/4/2012	22/10/2013	21/10/2014
Result, Nofima	137.0	75.00	130.5	59.95	137.5
$u_{\text{Nofima}}$	10.28	5.63	9.79	4.50	10.31
Mean value	136.4	73.00	156.0	60.80	145.1
Number of participants	24	14	29	18	27
$u_{\text{SLP}}$	12.78	6.13	26.22	5.48	26.10
z-score	0.05	0.33	-0.97	-0.16	-0.29
$\zeta$ -score	0.04	0.24	-0.91	-0.12	-0.27
$E_n$ -value	0.03	0.17	-1.17	-0.09	-0.33

The  $E_n$ -values are shown graphically in Figure 4.

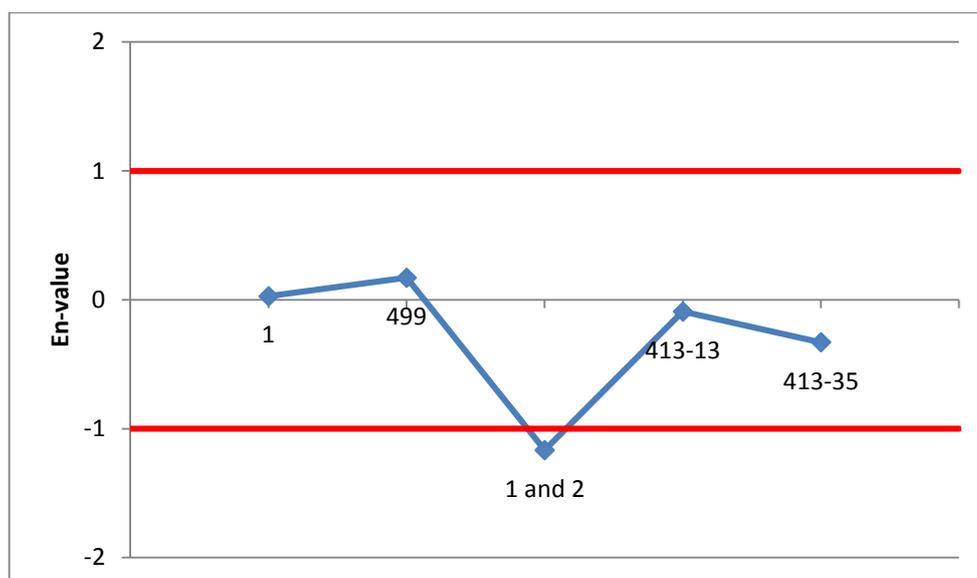


Figure 4 The  $E_n$ -values for the five ring tests shown graphically.

The  $E_n$ -value for the ring test analyzed 9/4/2012 is in the suspicious range, but the z-score and  $\zeta$ -score is in the acceptable area. The value of  $u_{SLP}$  is high, which may indicate for example sample inhomogeneity. The ring test results are considered to be good, but it is important to notice that the data material is very limited.

#### 4.4.2 Recovery/spiking

The results of the recovery/spiking test are shown in Table 4. A complete overview of the results is shown in appendix 3.

Table 4 The results of the recovery/spiking test. The "true values" are the histamine levels calculated in Table 2.

Year	Sample matrix	Number of samples analyzed	Average result, spiked sample (mg/kg)	"True value" (mg/kg)	Original level in sample matrix (ppm)	Recovery (%)
2012	Herring	5	9.20	9.15	0.00	101
	Mackerel	5	62.7	63.9	0.00	98.0
	Tuna	8	93.0	91.5	0.00	102
	Tuna	8	178	182	0.00	97.7
2014	Mackerel	8	92.8	90.9	0.71	101
	Herring	6	2.88	2.26	0.61	102
	Herring	6	92.8	90.4	0.61	100

The recovery lies between 97.7 and 102 %, which is considered to be very good for this concentration level. Expected recovery for 100 mg/kg is 90-107 %, and 80-110 % for 1 to 10 mg/kg (NMKL 2012). The % RSD between the results of the spiked samples is low (between 0.42 and 2.33 % RSD), which indicates that the homogeneity of the spiked samples were good, and that the mixing of the histamine solution

into the sample matrix was successful. The bias was calculated and a *t*-test was performed to check if the bias was significant and needed correction by using equation 2.13 and 2.14, respectively. The calculation showed that the bias is not significant and that correction for recovery is not necessary.

Figure 5 shows a correlation plot between the true value and the recovered value minus the original value.

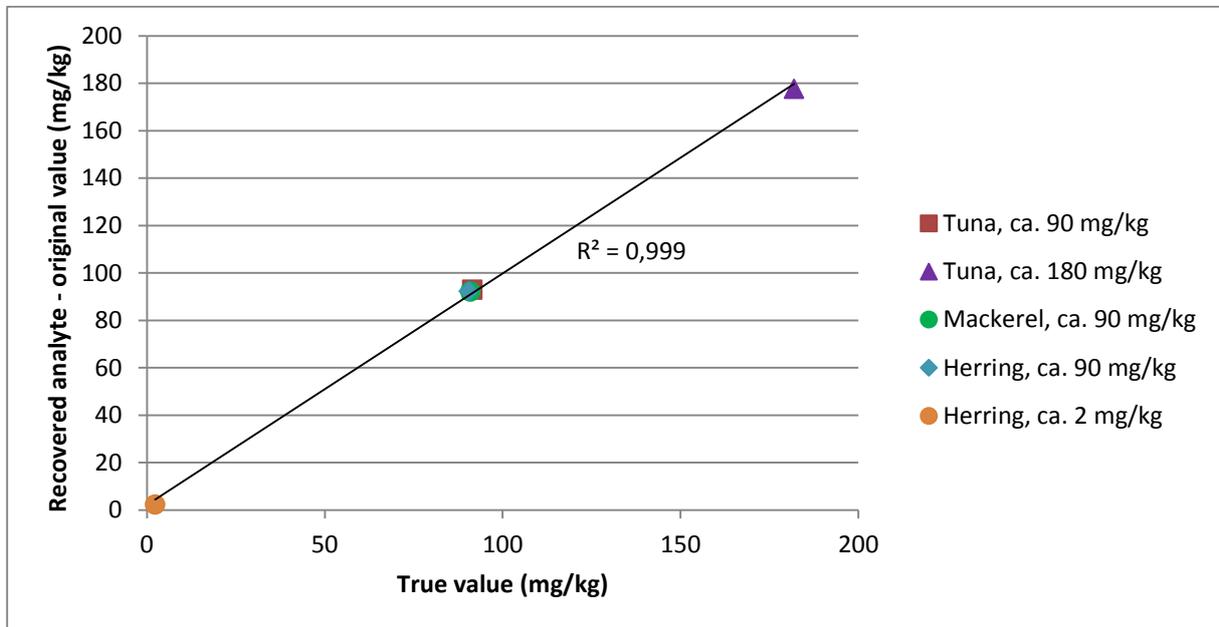


Figure 5 Correlation plot between true values of analyte (calculated) and recovered values minus original value.

The correlation is good ( $R^2=0.999$ ) and shows that the good recovery is independent of concentration level and sample matrix. The accuracy of the method is good.

## 4.5 Measuring range

The signal/noise ratio between a blank injection and an injection of 2 ng free base is shown in Figure 6.

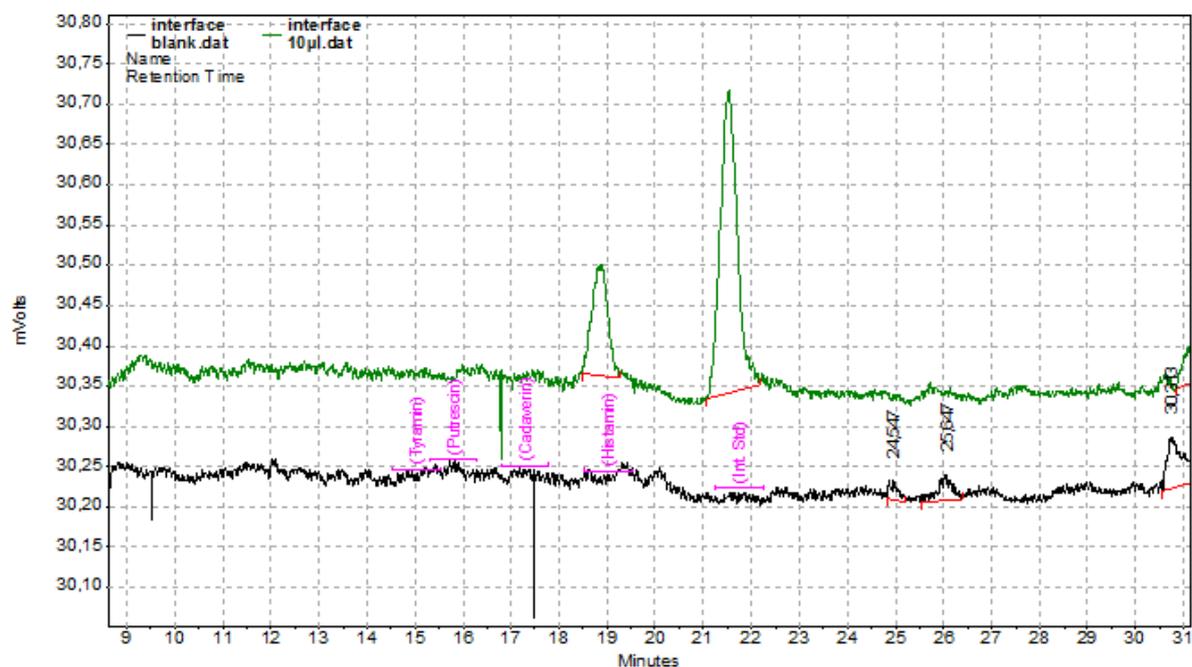


Figure 6 Overlay of a blank injection and an injection of 2 ng free base.

The noise signal was measured 16 times and the standard deviation ( $SD$ ) of the signal was calculated to 0.013. This is shown in appendix 4. The  $LOD$  ( $3 \times SD$ ) was calculated to 0.038 and the  $LOQ$  ( $10 \times SD$ ) was calculated to 0.126 by using equation 2.15 and 2.16, respectively. 2 ng of free base injected gives a signal equal to 0.135, and hence the  $LOQ$  can safely be given as 2 ng histamine injected. This corresponds to 1.2 mg/kg following the given procedure with 20 g sample weight. It was chosen to round the  $LOQ$  up to the nearest whole number, to 2 mg/kg. The spiking of herring with an average result of 2.88 mg/kg showed a good recovery of 102 %, which also indicates the  $LOQ$  is reasonable.

## 4.6 Uncertainty

### 4.6.1 Theoretical uncertainty

The contributors to the method's measurement uncertainty are shown in the Ishikawa diagram in Figure 7.

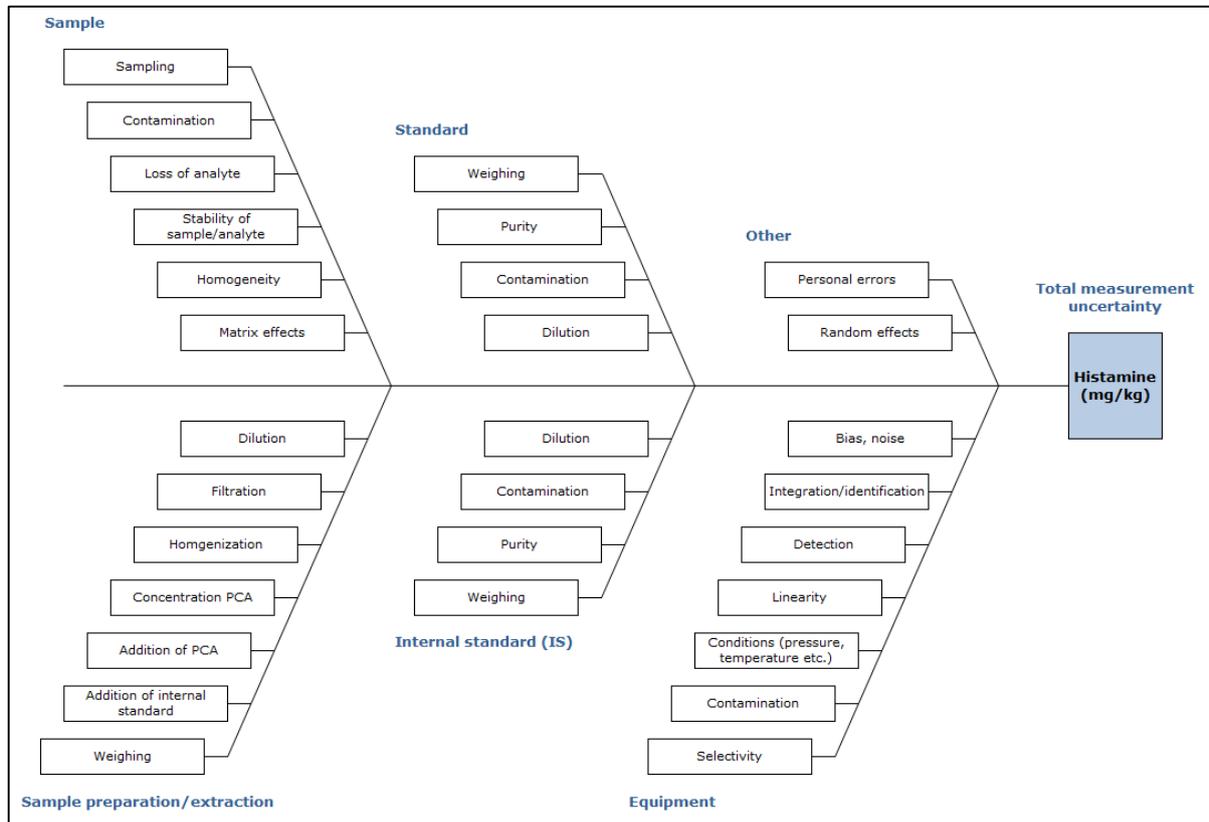


Figure 7 An Ishikawa diagram showing the contributors to the method's measurement uncertainty.

The theoretical uncertainty was calculated by using the Eurachem spreadsheet method, and is shown in appendix 5 (Eurachem 1995). The theoretical uncertainty for a sample containing about 100 mg/kg of histamine was calculated to 3.01 % (expanded uncertainty).

Figure 8 shows the distribution of the theoretical uncertainty.

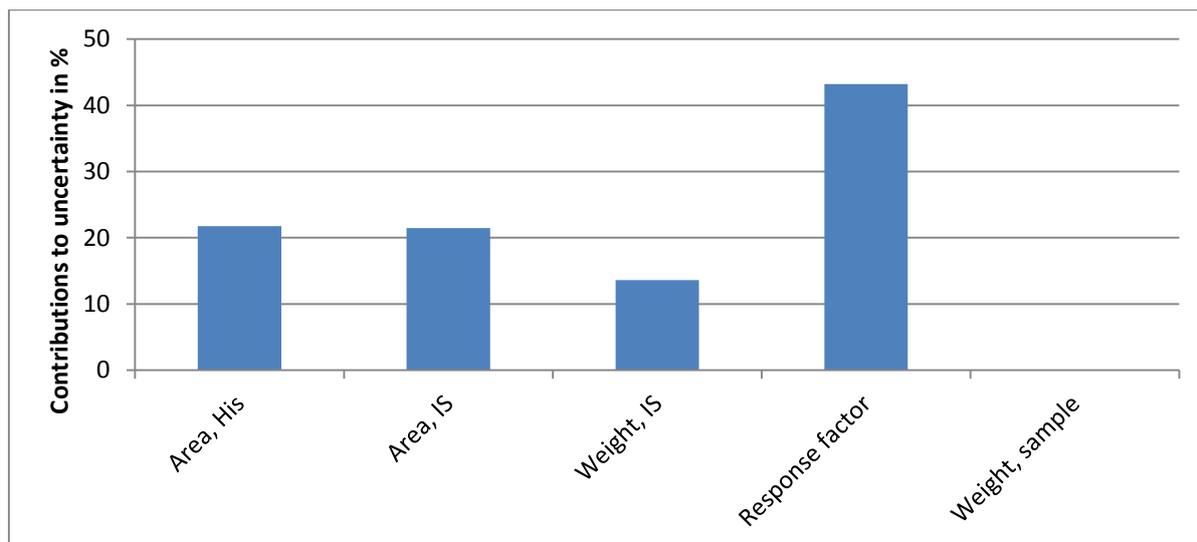


Figure 8 The different uncertainty contributors to the total theoretical measurement uncertainty of the method. The uncertainty was calculated using the Eurachem spreadsheet method.

The largest uncertainty contributor is the response factor of histamine, which is depending on both uncertainty in the areas of the histamine and internal standard peaks, and the concentrations of the standard solution and the internal standard solution. The uncertainty of the peak areas depends on several factors, like the detector response, the flow rate, the temperature in the column oven, fluctuations in the mobile phase, and integration (Barwick 1999). The uncertainty of the standard and internal standard solutions depend on the scale used for weighing the chemical, the purity of the compounds, and dilutions done by use of volumetric flasks and automatic pipettes. The peak areas of the injected sample are also large contributors to uncertainty, and so is addition of the internal standard solution. Weighing the sample contributes little. The theoretical uncertainty is low, but it is important to notice that the uncertainty only involves measurable contributors. Uncertainty associated with the sample, the sample preparation, other chromatographic conditions and personal errors are not taken into account.

#### 4.6.2 Experimental uncertainty

The combined measurement uncertainty was based on the precision of the samples ( $u_{precision}$ ), the ring test uncertainty ( $u_{SLP}$ ), and the standard uncertainty for the recovery ( $u_{rec}$ ).

The uncertainty of the precision was calculated in chapter 4.3 (reported as CV %).

The uncertainty based on the five ring tests (chapter 4.4.1) was calculated to 7.7 % RSD by using equation 2.17 and 2.18. The calculation is shown in appendix 5. If the deviating result of the ring test analyzed 9/4/2012 is omitted, the uncertainty is 3.7 % RSD.

The standard error of the mean ( $SEM$ ) from the recovery test was calculated for all concentration levels and sample matrixes by using equation 2.10. The combined  $SEM$ -value was calculated to 0.566 mg/kg for the 90 mg/kg concentration level, and the standard uncertainty for the recovery ( $u_{rec}$ ) was calculated to 0.61 % for the same level by using equation 2.11.

The combined measurement uncertainty was calculated to:

$$u = \sqrt{u_{precision}^2 + u_{SLP}^2 + u_{rec}^2} = \sqrt{1.3\%^2 + 7.7\%^2 + 0.61\%^2} = 7.8\%$$

This corresponds to an expanded uncertainty of ( $\pm 2s$ ) 16 % *RSD*. If the deviating ring test is omitted, the expanded uncertainty is 7.9 % *RSD*.

The ring test organizers inform that the samples are prepared in the same way as the spiked samples in this validation. Since the recovery is excellent, the uncertainty connected to ring test results will probably decrease when more ring test samples have been analyzed and the data material is bigger.

## 5 Conclusion

The validation of the method has established important method parameters. A summary is shown in Table 5.

Table 5 A summary of the method parameters established in the validation.

Method parameter	Summary
<b>Selectivity</b>	Good, no interfering compounds in the chromatogram.
<b>Linearity</b>	Good for the entire concentration range, $R^2$ -values close to 1.
<b>Precision</b>	The repeatability was calculated to 0.23 mg/kg for the low and 4.1 mg/kg for the high concentration range. The precision is good.
<b>Accuracy</b>	Ring tests: Acceptable z-scores, zeta-scores and $E_n$ -values with the exception of one ring test (suspicious range). The $u_{SLP}$ for this ring test was high, which can indicate for example sample inhomogeneity. Recovery: Apparent recoveries between 97.7 and 102 % for all sample matrixes and concentration levels. The recovery is good, and the bias is not significant (there is no need for correction of recovery).
<b>Measuring range</b>	The limit of quantification ( $LOQ$ ) for the method is 2 mg/kg of histamine in the sample.
<b>Uncertainty</b>	Theoretical: 3.01 % expanded uncertainty. Highest contributions to theoretical uncertainty come from the peak areas and the preparation of the standard and internal standard solution. Experimental: 16 % RSD expanded uncertainty for the entire concentration range. 7.9 % RSD uncertainty if the deviating ring test result is omitted.

The method is fit for purpose.

## 6 References

- Armbruster, D. A., M. D. Tillman and L. M. Hubbs (1994). "Limit of detection (LQD)/limit of quantitation (LOQ): comparison of the empirical and the statistical methods exemplified with GC-MS assays of abused drugs." *Clin Chem* 40(7 Pt 1): 1233-1238.
- Barwick, V. J. (1999). "Sources of uncertainty in gas chromatography and high-performance liquid chromatography." *Journal of Chromatography A* 849(1): 13-33.
- Burns, D. T., Danzer, K., Townshend, A. (2002). "Use of the terms "recovery" and "apparent recovery" in analytical procedures (IUPAC Recommendations 2002)." *Pure Appl. Chem.* 74(11): 2201-2205.
- College, C. (no date). "Linest in excel." Retrieved June 5th, 2013, from <http://www.colby.edu/chemistry/PChem/notes/linest.pdf>.
- Corporation, M. (2013). "Linest." Retrieved July 7th, 2013, from <http://office.microsoft.com/en-us/excel-help/linest-HP005209155.aspx>.
- Douglas A. Skoog, D. M. W., F. James Holler, Stanley R. Crouch (2004). *Fundamentals of Analytical Chemistry*. USA, Thomson Learning, Inc.
- Etienne, M. (2006). Traceability - Project 6.3 - Valid - Methodology for histamine and biogenic amines analysis. France, SEAFOOD plus: 20.
- Eurachem (1995). *Quantifying Uncertainty in Analytical Measurement*, English edition: 87.
- ISO (1994). *Accuracy (trueness and precision) of measurement methods and results - Part 1: General principles and definitions (ISO 5725-1)*, ISO (International Organization for Standardization): 17.
- ISO (2005). *Statistical methods for use in proficiency testing by interlaboratory comparisons (ISO 13528)*, ISO (International Organization for Standardization): 66.
- Linsinger, T. P. J. (2008). "Use of recovery and bias information in analytical chemistry and estimation of its uncertainty contribution." *TrAC Trends in Analytical Chemistry* 27(10): 916-923.
- Løvås, G. G. (2005). *Statistikk for universiteter og høyskoler*, Universitetsforlaget.
- NMKL (2009). *NMKL-Prosedyre nr. 4 - Validering av kjemiske analysemetoder*, NMKL (Nordisk Metodikkomité for Næringsmidler): 46.
- NMKL (2012). *NMKL-Procedur nr. 25 - Utbyte (Recovery) vid kemiska analytiska mätningar*, NMKL (Nordisk Metodikkomité for Næringsmidler): 30.
- Thomson, M., Ellison, S.L.R., Wood, R. (2006). "The International Harmonized Protocol for the Proficiency Testing of Analytical Chemistry Laboratories (IUPAC Technical Report)." *Pure Appl. Chem.* 78(1): 145-196.
- Van Reeuwijk, L. P., Houba, V. J. G. (1998). "Guidelines for Quality Management in Soil and Plant Laboratories." *FAO Soils Bulletin*(74).
- Vessmann, J., Stefan, R.I., Van Staden, J.F., Danzer, K., Lindner, W., Burns, D.T., Fajgelj, A., Müller, H. (2001). "Selectivity in Analytical Chemistry (IUPAC Recommendations 2001), International Union of Pure and Applied Chemistry." *Pure Appl. Chem.* 73(8): 1381-1386.

# APPENDIXES

Appendix 1 – Linearity .....	ii
Appendix 2 – Precision.....	iii
Appendix 3 – Spiking/recovery.....	v
Appendix 4 – LOD and LOQ .....	vi
Appendix 5 – Uncertainty.....	vii
Appendix 6 – Method description .....	ix

## Appendix 1 – Linearity

The linearity was checked by plotting ng of each compound injected against the area of the histamine and internal standard peak.

Standard (ml)	Histamine (mg/ml)	IS (mg/ml)	20 µl injected for each compound (ng)	Histamine, Area	IS, Area	RF
0.010	0.0001	0.0001	2	3159	9277	2.937
0.020	0.0002	0.0002	4	7218	20599	2.854
0.030	0.0003	0.0003	6	10406	30137	2.896
0.050	0.0005	0.0005	10	17672	49573	2.805
0.100	0.001	0.001	20	35642	100116	2.809
0.300	0.003	0.003	60	102174	301381	2.950
0.500	0.005	0.005	100	172592	506177	2.933
1.000	0.01	0.01	200	349765	1040977	2.976

<b>Average</b>	2.895
<b>SD</b>	0.065
<b>% RSD</b>	2.259

### Least squares method

Statistics	Histamine	Internal standard
Degrees of freedom (n-2)	6	6
Slope (m)	1744	5191
$s_m$	7.1	31
y-intercept (b)	-315.5	-3548
$s_b$	585.8	2551
$R^2$	0.9999	0.9998
$s_y$	1312	5714
F	60006	28021

## Appendix 2 – Precision

Precision of the method was determined by treating the results of the spiking experiments as double measurements. The first table shows the precision in the low concentration area. The second table shows the precision in the high concentration area.

Sample	Date	Result 1	Result 2	Diff.	Diff <sup>2</sup>	Average	n
Mackerel	8/12/2014	0.6858	0.6160	0.07	0.0049	0.65	1
Mackerel	8/12/2014	0.7099	0.8569	-0.15	0.0216	0.78	2
Mackerel	8/12/2014	0.7104	0.7043	0.01	0.0000	0.71	3
Herring	10/12/2014	0.5911	0.6606	-0.07	0.0048	0.63	4
Herring	10/12/2014	0.6155	0.6500	-0.03	0.0012	0.63	5
Herring	10/12/2014	0.5119	0.6479	-0.14	0.0185	0.58	6
Herring	10/12/2014	2.9969	2.8856	0.11	0.0124	2.94	7
Herring	10/12/2014	2.7995	2.8351	-0.04	0.0013	2.82	8
Herring	10/12/2014	2.8956	2.8741	0.02	0.0005	2.88	9
Herring	16/2/2012	9.1200	9.3989	-0.28	0.0778	9.26	10
Herring	16/2/2012	9.1543	9.1400	0.01	0.0002	9.15	11

n= 11 SUM D<sup>2</sup>= 0.143 Average= 2.82

Reproducibility		Repeatability	
Average:	2.82	S <sub>r</sub>	0.081
Standard deviation:	3.308	CV %	2.9
		r = 2.8 * S <sub>r</sub>	0.228

Sample	Date	Result 1	Result 2	Diff.	Diff^2	Average	n
Tuna	19/11/2014	93.3766	91.8200	1.56	2.4230	92.60	1
Tuna	19/11/2014	93.9553	91.9878	1.97	3.8711	92.97	2
Tuna	19/11/2014	92.6044	92.6858	-0.08	0.0066	92.65	3
Tuna	19/11/2014	94.5040	92.6592	1.84	3.4033	93.58	4
Tuna	19/11/2014	178.7187	175.6597	3.06	9.3575	177.19	5
Tuna	19/11/2014	179.6690	174.6818	4.99	24.8722	177.18	6
Tuna	19/11/2014	178.2882	177.1431	1.15	1.3113	177.72	7
Tuna	19/11/2014	179.2501	177.5925	1.66	2.7476	178.42	8
Mackerel	8/12/2014	91.8405	93.6021	-1.76	3.1032	92.72	9
Mackerel	8/12/2014	93.5364	92.8113	0.73	0.5258	93.17	10
Mackerel	8/12/2014	90.5933	94.3629	-3.77	14.2099	92.48	11
Mackerel	8/12/2014	92.1229	93.5492	-1.43	2.0343	92.84	12
Herring	10/12/2014	92.2971	92.6268	-0.33	0.1087	92.46	13
Herring	10/12/2014	92.6072	93.0636	-0.46	0.2083	92.84	14
Herring	10/12/2014	92.9461	93.4045	-0.46	0.2101	93.18	15
Mackerel	16/2/2012	61.5563	63.1148	-1.56	2.4289	62.34	16
Mackerel	16/2/2012	62.4736	63.6600	-1.19	1.4075	63.07	17

n= 17 SUM D^2= 72.229 Average= 109.26

Reproducibility		Repeatability	
Average:	109.26	S <sub>r</sub>	1.458
Standard deviation:	40.304	CV %	1.3
		r = 2.8 * S <sub>r</sub>	4.123

## Appendix 3 – Spiking/recovery

The results of the analysis of spiked samples of tuna, mackerel and herring are shown in the table below. The values in the brackets are the amount of histamine added to the samples.

Year	2014								2012			
No.	Tuna [0] (mg/kg)	Tuna [91.5] (mg/kg)	Tuna [182] (mg/kg)	Mackerel [0] (mg/kg)	Mackerel [90.9] (mg/kg)	Herring [0] (mg/kg)	Herring [2.26] (mg/kg)	Herring [90.4] (mg/kg)	Herring [0] (mg/kg)	Herring [9.15] (mg/kg)	Mackerel [0] (mg/kg)	Mackerel [63.9] (mg/kg)
1	0.000	93.38	178.7	0.6858	91.84	0.5911	2.997	92.30	0.000	9.120	0.000	61.56
2	0.000	91.82	175.7	0.6160	93.60	0.6606	2.886	92.63	0.000	9.399	0.000	63.11
3	0.000	93.96	179.7	0.7099	93.54	0.6155	2.800	92.61	0.000	9.154	0.000	62.47
4	0.000	91.99	174.7	0.8569	92.81	0.6500	2.835	93.06	0.000	9.140	0.000	63.66
5		92.60	178.3	0.7104	90.59	0.5119	2.896	92.95	0.000	9.170	0.000	62.49
6		92.69	177.1	0.7043	94.36	0.6479	2.874	93.40				
7		94.50	179.3		92.12							
8		92.66	177.6		93.55							
Average	0.000	92.95	177.6	0.7139	92.80	0.6128	2.881	92.82	0.000	9.197	0.000	62.66
SD	0.000	0.93	1.741	0.0787	1.22	0.0558	0.067	0.39	0.000	0.115	0.000	0.79
% RSD	0.00	1.00	0.980	11.0	1.32	9.10	2.33	0.424	0.00	1.25	0.00	1.26
R %		102	97.7		101		100	102		101		98.0
SEM		0.330	0.615		0.028		0.432	0.023		0.027		0.161
u <sub>rec</sub>		0.355	0.346		3.896		0.465	3.716		0.950		0.173
bias %		1.627	-2.334		2.115		27.429	2.637		0.525		-1.989
t		0.540	-1.539		0.438		0.003	0.643		0.017		-0.461
t <sub>crit</sub>		2.365	2.365		2.365		2.571	2.571		2.365		2.365

## Appendix 4 – LOD and LOQ

The measurement of the noise signal from a blank injection, and the calculation of the *LOD* and *LOQ* are shown in the table below.

No.	Noise signal (peaks)
1	30.21
2	30.19
3	30.18
4	30.20
5	30.20
6	30.18
7	30.20
8	30.19
9	30.21
10	30.19
11	30.20
12	30.18
13	30.20
14	30.21
15	30.17
16	30.18
<b>SD</b>	0.012604
<b><i>LOD</i> (3xSD)</b>	0.037812
<b><i>LOQ</i> (10xSD)</b>	0.126041

## Appendix 5 – Uncertainty

Calculation of the theoretical uncertainty by using the spreadsheet method in Eurachem (1995) is shown in this appendix. The calculation of the uncertainty for the response factor and the internal standard solution is not shown, but was calculated using the same method. The standard deviations from these calculations are included in the table below.

Symbol	$A_{His}$	$A_{IS}$	$W_{IS}$	$RF_{His}$	$W_{sample}$	1000
Value	240806	102887	0.250	3.192	20	1000.000
SD, $u(x_i)$	1688	721	0.001	3.15E-02	1.22E-03	-(constant)

$A_{His}$	240806.000	242494.050	240806.000	240806.000	240806.000	240806.000	240806.000
$A_{IS}$	102887.000	102887.000	103608.238	102887.000	102887.000	102887.000	102887.000
$W_{IS}$	0.250	0.250	0.250	0.251	0.250	0.250	0.250
$RF_{His}$	3.192	3.1917	3.1917	3.1917	3.2232	3.1917	3.1917
$W_{sample}$	20.00000	20.00000	20.00000	20.00000	20.00000	20.00122	20.00000
1000	1000.000	1000.000	1000.000	1000.000	1000.000	1000.000	1000.000
<b>Histamine</b>	<b>93.3765</b>	<b>94.0311</b>	<b>92.7265</b>	<b>93.8939</b>	<b>94.2990</b>	<b>93.3708</b>	<b>93.3765</b>
$u(y, x_i)$		0.6545692	-0.6500126	0.5174251	0.9224858	-0.0056966	0.0000000
$u(y)^2, u(y, x_i)^2$	1.970E+00	4.285E-01	4.225E-01	2.677E-01	8.510E-01	3.245E-05	0.000E+00
Sum $r_i, u(y, x_i)^2/u(y)^2$	1	0.21752	0.21451	0.13592	0.43203	0.00002	0.00000
<b>100 % Sum <math>r_i, u(y, x_i)^2/u(y)^2</math></b>	<b>100</b>	<b>21.75239</b>	<b>21.45060</b>	<b>13.59223</b>	<b>43.20313</b>	<b>0.00165</b>	<b>0.00000</b>

$u_c(y)$  **1.4035**

$u(y, x_i)/u(x_i)$		0.00	0.00	373.51	29.26	-4.67	0.00
	<b>Histamine</b>	$A_{His}$	$A_{IS}$	$W_{IS}$	$RF_{His}$	$W_{sample}$	1000
<b>ABS(<math>u(y, x_i)</math>)</b>	1.4034665	0.6545692	0.6500126	0.517425094	0.9224858	0.0056966	0.0000000

Expanded uncertainty, K=2	<b>2.8069</b>
RSD %, K=2	<b>3.01</b>

Uncertainty calculation based on ring test results is shown in the table below.

Program	Sample	Nofima	"Average"	Diff.	Diff^2	Average	n
Lvu	1 Fish paste	137.0	136.4	0.60	0.3600	136.70	1
CHEK	499 Mackerel	75.00	73.00	2.00	4.0000	74.00	2
Lvu	1 and 2 Fish paste	130.5	156.0	-25.50	650.2500	143.25	3
Lvu	413-13 Fish paste	59.95	60.80	-0.85	0.7225	60.38	4
Lvu	413-53 Fish paste	137.5	145.1	-7.60	57.7600	141.30	5
	n=	5	SUM D^2=	713.093	Average=	111.13	

**Repeatability**

<b>Average:</b>	111.13	<b>S<sub>r</sub></b>	8.444
<b>Nofima-"AVERAGE"</b>	%CV <sub>Sr</sub> = 7.60		
<b>Nofima</b>	%CV <sub>Sr</sub> = 1.33		
<b>U(Nofima-AVERAGE)</b>	8.44		
<b>U(Nofima)</b>	1.48		
<b>u<sub>c</sub></b>	<b>8.57</b>		
<b>U (+/- 2s)</b>	17.15		
<b>%RSD</b>	7.7		
<b>%RSD (+/- 2s)</b>	15.4		

## Appendix 6 – Method description

### *Histamine in fish:*

#### *Liquid chromatographic determination with post-column derivatization and fluorescence detection*

### 1. Scope and field of application

This method is a quantitative determination of histamine in fish and fish products. The limit of quantitation is 2 mg/kg under the conditions described in this procedure.

### 2. Principle

Histamine is extracted from a homogenized sample with 0.6 M perchloric acid. A specific amount of internal standard is added prior to homogenization.

Separation and detection of histamine is performed in a HPLC system with the use of gradient elution, post-column derivatization with o-Phthaldialdehyde (OPA) and fluorescence detection with excitation wavelength at 365 nm and emission wavelength at 418 nm.

### 3. Equipment

- 3.1 Liquid chromatographic (LC) equipment capable of mixing four solvents in a quaternary pump system performing gradient elution
- 3.2 Auto sampler
- 3.3 Fluorescence detector
- 3.4 Extra pump for isocratic addition of OPA
- 3.5 Column oven, t=35 °C
- 3.6 HPLC column, Hypersil ODS 15 cm x 4.6 mm
- 3.7 Homogenizer, Ultra Turrax
- 3.8 Balance, 0.1 mg
- 3.9 Plastic beakers, 500 mL
- 3.10 Measuring flasks, 3000, 2000, 250 and 100 mL
- 3.11 Medicated cotton
- 3.12 Automatic pipette, 1-5 mL and 100-1000 µL
- 3.13 Reagent tubes, 10 mL
- 3.14 Disposable syringes, 2 mL
- 3.15 Syringe filters, hydrophilic 0.20 µm
- 3.16 Vortex mixer
- 3.17 Auto sampler vials, 1.5 mL
- 3.18 Water pressure pump
- 3.19 Filter glass ware assembly with 0.45 µm filter
- 3.20 Glass beakers, 100 mL, 2000 mL
- 3.21 pH-meter
- 3.22 Stirrer, magnetic
- 3.23 Glass bottle, opaque 1000 mL

#### 4. Reagents

- 4.1 Sodium acetate trihydrate, p.a
- 4.2 1-octanesulfonic acid, sodium salt, HiPerSolv for HPLC.
- 4.3 Methanol, HPLC grade
- 4.4 o-Phthaldialdehyde (OPA), for fluorometry
- 4.5 Brij-35, polyoxyethylenelaurelether, 30 % w/v
- 4.6 2-Mercaptoethanol, 99 % p.a
- 4.7 Potassium hydroxide (KOH), p.a
- 4.8 Histamine di-hydrochloride, min. 99%.
- 4.9 1,6-Diaminohexane dihydrochloride, min. 99%.
- 4.10 Perchloric acid, p.a
- 4.11 Acetic acid , p.a
- 4.12 Boric acid, p.a
- 4.13 Acetonitrile, HPLC grade.

#### 5. Solutions

- 5.1 Eluent A: 2.5 M sodium acetate trihydrate/0.01 M 1-octanesulfonic acid
  - a. Weigh 27.22 g sodium acetate trihydrate and 4.23 g 1-octanesulfonic acid sodium salt in a 2 liter glass beaker.
  - b. Add 1800 mL distilled water.
  - c. Adjust pH with the use of acetic acid to  $4.50 \pm 0.01$ .
  - d. Transfer to a 2 liter measuring flask. Fill to mark with distilled water.
  - e. Filter the solution through a 0.45  $\mu\text{m}$  filter by the use of a water pressure pump.
  - f. The solution is stored in a plastic flask at room temperature.
- 5.2 Eluent B: Methanol
- 5.3 Eluent C: 0.2 M sodium acetate trihydrate /10 M 1-octanesulfonic acid/acetonitrile
  - a. Weigh 54.44 g sodium acetate trihydrate and 5.62 g 1-octanesulfonic acid in a 2 liter glass beaker
  - b. Add 1800 mL distilled water
  - c. Adjust pH with the use of acetic acid to  $4.50 \pm 0,01$
  - d. Transfer to a 2 liter measurement flask. Fill to mark with distilled water
  - e. Filter the solution through a 0.45  $\mu\text{m}$  filter by the use of a water pressure pump
  - f. The solution is stored in a plastic flask at room temperature.
  - g. Mix solution:acetonitrile in the ratio 10:3 prior to use.
- 5.4 Eluent D: Solution to flush the HPLC system after last injection: 100 mL methanol in 1000 mL measuring flask, fill to mark with distilled water.
- 5.5 1 M boric acid solution:
  - a. Weigh 123.66 g boric acid into a 2 liter glass beaker.
  - b. Add 1800 mL distilled water.
  - c. Adjust pH in the solution to  $10.00 \pm 0.01$  with KOH.
  - d. Fill to mark with distilled water.
- 5.6 o-Phthaldialdehyd solution (OPA):
  - a. Weigh 1 g OPA in a 100 mL beaker.
  - b. Add 10 mL methanol and dissolve with magnetic stirring.
  - c. Transfer the solution to an opaque bottle and add 1000 mL boric acid solution (1 M (5.5)), 3 mL Brij-35 and 3 mL 2-mercaptoethanol. Shake the solution and place the flask in the dark until the next day.
  - d. Filter the solution through a 0.45  $\mu\text{m}$  filter by the use of a water pressure pump just prior to use.
- 5.7 0.6 M perchloric acid (PCA):

- a. Add 200 mL perchloric acid to a 3 liter measuring flask that contains approximately 2 liter distilled water. Fill to mark with distilled water
- 5.8 Histamine-stock solution (100 mg/100 mL free base):
  - a. Weigh 165.7 mg histamine x 2HCl in a 100 mL measuring flask. Fill to mark with 0.6 M PCA (5.7).
- 5.9 Internal standard solution (100 mg/100 mL free base):
  - a. Weigh 407.3 mg 1,6-Diaminohexane dihydrochloride into a 250 mL measuring flask.
  - b. Fill to mark with 0.6 M PCA (5.7).
- 5.10 Standard-working solution (0.1 mg/100 mL):
  - a. Add 0.1 mL of histamine stock-solution and equal amount of internal standard solution into a 100 mL measuring flask.
  - b. Fill to mark with 0.6 M PCA (5.7).

## 6. Procedure

- 6.1 Extraction:
  - a. Weigh accurately approximately 20 g thawed and minced sample into a 250 mL suitable plastic beaker.
  - b. Add 150 mL 0.6 M PCA and 250  $\mu$ L internal standard solution (5.9) and homogenize with Ultra Turrax in 2 minutes.
  - c. Filter the solution through medicated cotton into a 250 mL measuring flask. Carefully rinse the beaker and cotton with distilled water and fill to mark.
  - d. Filter approximately 4 mL of the sample solution through a 0.20  $\mu$ m syringe filter.
  - e. Pipette the solution into an auto sampler vial. The sample is ready for injection into the HPLC system.
- 6.2 Analysis:
  - a. Set the fluorescence detector's wavelength to ex. 365 nm and em. 418 nm
  - b. Set the column oven to  $t=35$  °C
  - c. Start the pump that delivers the OPA reagent by use of a T-connection after (post) the column. OPA is mixed in excess in 1:1 ratio with the eluent flow. The "mixing-tubing" before detection is 1 meter. The flow is set to 1 mL/min.
  - d. Start the HPLC pump. The flow is set to 1 mL/min.
  - e. Program the number of samples/injections. Each injection takes 45 minutes. The injection volume is 20  $\mu$ L.
  - f. All eluent gradients are linear, see table A and figure A.
  - g. The HPLC system is flushed with eluent D, 10 % v/v methanol solution after each completed series.

Table A Gradient profile

Step	Time (min.)	Eluent A	Eluent B	Eluent C
0		75	0	25
1	25	35	0	65
2	30	0	10	90
3	35	0	20	80
4	40	75	0	25
5	45	75	0	25

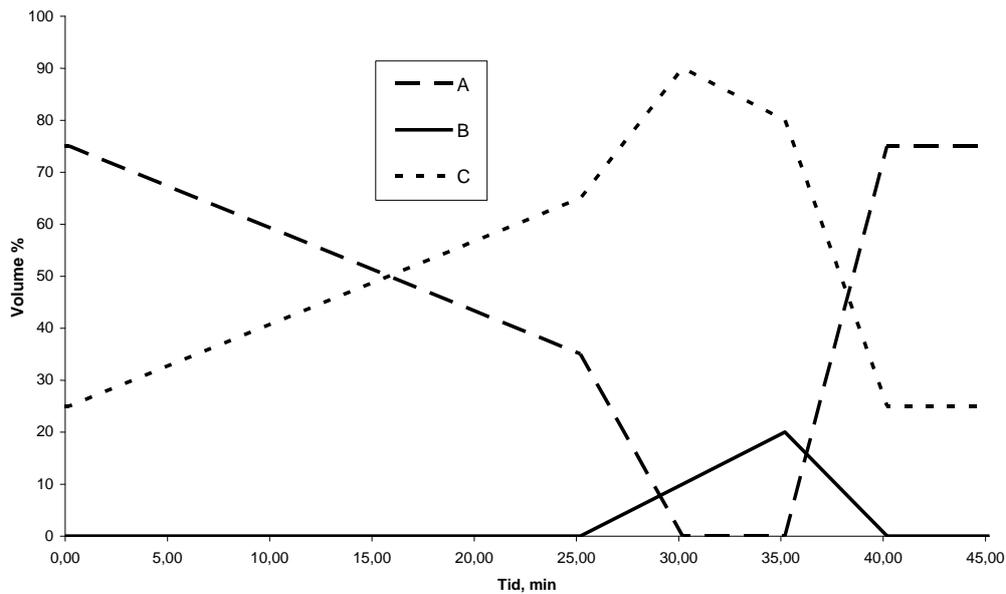


Figure A Gradient profile

## 7. Calculations

The response factor (RF) is calculated from analysis of standard-working solution, where the concentration of internal standard and histamine standard are the same:

$$RF_{hi} = \frac{C_{hi} \times A_{i.s}}{C_{i.s} \times A_{hi}} = \frac{A_{i.s}}{A_{hi}} \quad (7.1)$$

The concentration of histamine in the sample is calculated from the results of sample solutions with added internal standard:

$$\text{Histamine mg/kg} = \frac{A_{hi} \times W_{IS} \times RF_{hi}}{A_{i.s} \cdot W_{Sample}} \times 1000 \quad (7.2)$$

$A_{hi}$	=	Histamine peak area
$A_{i.s}$	=	Internal standard peak area
$W_{IS}$	=	0.25 mg, amount of internal standard added
$W_{Sample}$	=	Sample amount, g
$RF_{hi}$	=	Response factor histamine
$C_{hi}$	=	Concentration in standard-working solution, 0.1 mg/100 mL
$C_{i.s}$	=	Concentration in standard-working solution, 0.1 mg/100 mL

Results should be rounded to the nearest whole number. Results below 2 mg/kg is reported as <2 mg/kg.

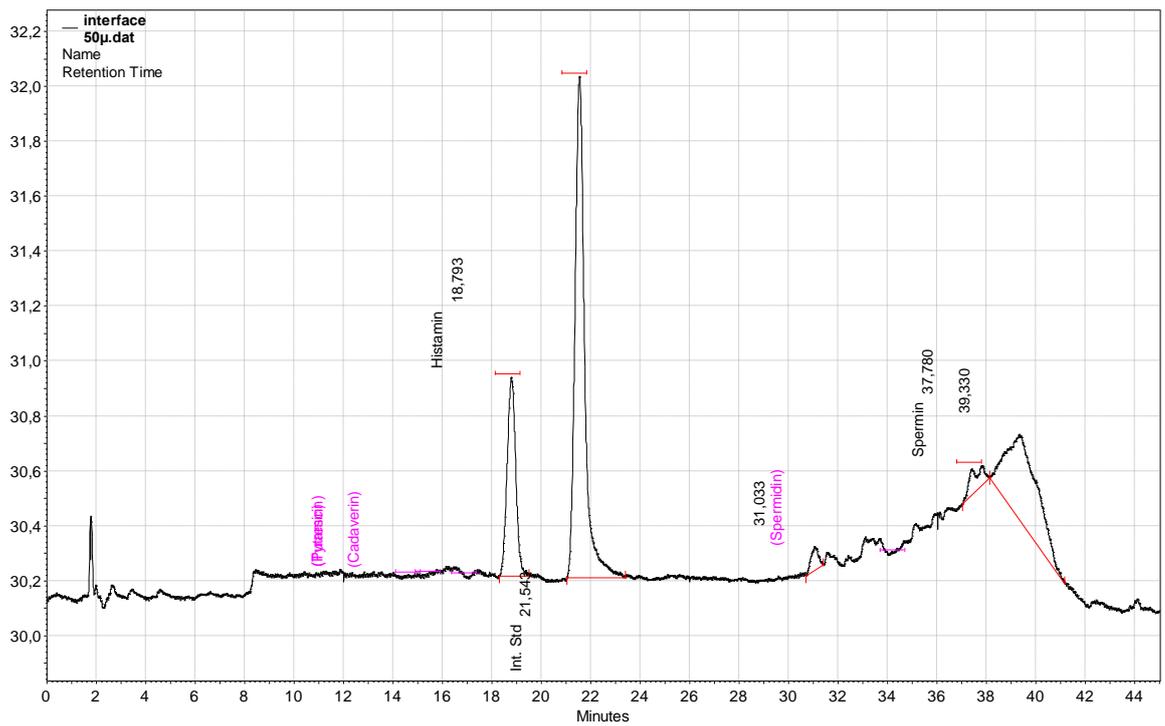


Figure B Example chromatogram of standard mixture: 10 ng injected as free base of each compound.

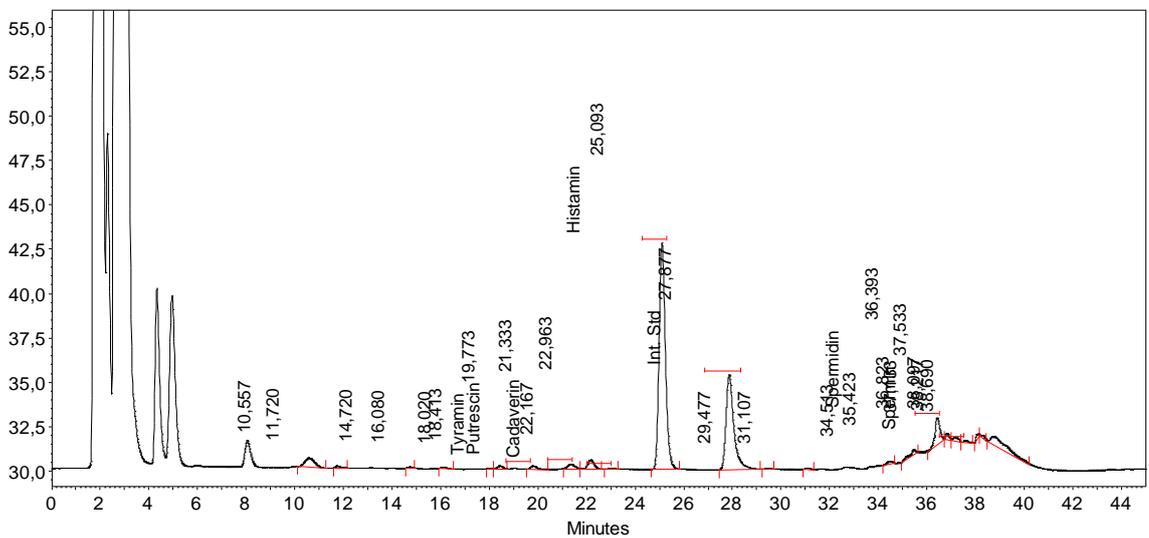


Figure C Example chromatogram of a fish sample with histamine level at 75 mg/kg (spiked sample).

## Appendix

### Durability of solutions:

Eluent A and C	14 days
1 M Boric acid solution	14 days
OPA reagent	24 hours
0,6 M PCA	1 month
Histamine-stock solution	10 weeks at 4-6 °C
Internal standard solution	10 weeks at 4-6 °C
Standard-working solution	1 day
10% methanol/water solution	1 month

### Storage:

1,6-Diaminohexane dihydrochloride, min. 99% is hygroscopic and must be kept in a desiccator.  
OPA reagent must be kept in the dark prior to filtration and use.

### Uncertainty contributors:

Source	Contribution to uncertainty		
	Small	Medium	Large
1. Weighing, sample	X		
2. Extraction and filtration		X	
3. Dilution to 250 mL (measuring flask)	X		
4. Preparation of standard solution			X
5. Preparation of internal standard solution			X
6. Calculation of response factor			X
7. Adding internal standard, 250µL			X
8. Pipetting sample	X		
9. Post-column derivatization	X		

