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3 **Interplay between daily rhythmic serum-mediated**  
4 **bacterial killing activity and immune defence**  
5 **factors in rainbow trout (*Oncorhynchus mykiss*)**

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29 **Abbreviations**

30 ALP, alkaline phosphatase; ANTI, anti-protease; CERU, ceruloplasmin; LD, light:dark; LYS,

31 lysozyme; MPO, myeloperoxidase; ZT, *zeitgeber* time

32

### 33 **Abstract**

34 Circadian rhythm is emerging as an important regulator of immune  
35 functions. However, there is a paucity of information on the influence of this biological  
36 phenomenon in the antimicrobial factors in teleost fish. This study investigated the  
37 dynamics and interplay of serum-mediated bacterial killing activity and immune defence  
38 factors throughout the light:dark (LD) cycle in rainbow trout (*Oncorhynchus mykiss*). The  
39 juvenile fish came from two different emergence time fractions (*i.e.*, late and early) that  
40 were believed to exhibit behavioural and physiological differences. Serum collected  
41 during the day from fish (mean  $\pm$  SD: 39.8  $\pm$  6.3 g) reared under 14L:10D photoperiod  
42 demonstrated bactericidal activity against *Flavobacterium psychrophilum*, *Yersinia*  
43 *ruckeri* and *Aeromonas salmonicida* *subsp. salmonicida* of varying magnitude, but no  
44 significant differences between the emergence fractions were observed. A day-night  
45 comparison in the same batch of fish revealed time-of-day dependence in the  
46 bactericidal activity against *F. psychrophilum* and *Y. ruckeri* amongst emergence  
47 fractions. A group of fish (63.3  $\pm$  4.7 g) from each fraction was entrained to 12L:12D  
48 photoperiod for 21 days to investigate whether serum bactericidal activity exhibit daily  
49 rhythm. Serum-mediated bacterial killing activity against *F. psychrophilum* and *Y. ruckeri*  
50 displayed significant daily rhythm in both emergence fractions, where the peak of  
51 activity was identified during the light phase. Moreover, several serum defence factors  
52 manifested variations during the LD cycle, where anti-protease (ANTI) and  
53 myeloperoxidase (MPO) activities exhibited significant daily oscillation. However, there  
54 were no remarkable differences in the daily changes of serum factors amongst  
55 emergence fractions. Acrophase analysis revealed that the peaks of activity of alkaline

56 phosphatase (only in late fraction), ANTI, lysozyme (only in early fraction) and MPO were  
57 identified during the light phase and corresponded with the period when serum-  
58 mediated bacterial killing activity was also at its highest. The daily dynamics of  
59 bactericidal activity and immune defence factors displayed positive correlation,  
60 particularly between MPO and, *the two pathogens (i.e., F. psychrophilum and Y. ruckeri)*.  
61 Taken together, the study revealed that serum-mediated bacterial killing activity and  
62 immune defence factors remarkably varied during the LD cycle in rainbow trout. In  
63 addition, the two emergence fractions displayed nearly comparable immunological  
64 profiles.

65

66 **Keywords:** *aquaculture, circadian rhythm, immunity, fish, stress-coping style*

67        **1. Introduction**

68                The immune system is the classical defence against pathogenic bacteria in  
69 fish. In particular, the humoral immunity constitutes a group of molecules that ensures  
70 a well-orchestrated action is imposed to a potential threat. Serum has an integral role  
71 in humoral immunity as it contains a great number of defence factors such as inhibitors  
72 (*e.g.*, transferrins and lectins) and lysins (*e.g.*, lysozyme, C-reactive protein and  
73 complement) that are responsible for counteracting the danger associated with  
74 pathogenic bacteria [1]. These potent factors are the key players in serum-mediated  
75 bacterial killing activity, a vital defence mechanism in a number of fish species [2-7].

76                In recent years, the interaction of immunity and circadian clocks has been  
77 the subject of great interest. The circadian cycles established by the endogenous clock  
78 enable the organism to anticipate periodic and cyclic changes in their immediate  
79 environment (*e.g.*, light-dark cycle) and exerts a pervasive regulatory function to several  
80 physiological, behavioural and biochemical processes [8-10]. One of the advantages of  
81 this adaptive response is the scheduling of important biological processes to occur at  
82 the most crucial times of the day. This fundamental phenomenon is characterised by an  
83 oscillatory pattern with a period of approximately 24 h. In mammalian models, it has  
84 been shown that humoral (*e.g.*, cytokines, chemokines and cytolytic factors), and  
85 cellular immune factors (*e.g.*, T and B cells, dendritic cells) and mechanisms (*e.g.*,  
86 phagocytosis, inflammation) exhibit daily rhythmicity [11-13]. These daily changes are  
87 essential in the homeostasis, adaptability and protective functions of the immune  
88 system. Furthermore, the clock genes that canonically comprise the core molecular  
89 machinery of circadian rhythms regulate the immune response to bacterial infection

90 [14], thus, providing a compelling support to the relationship between circadian rhythms  
91 and immunity. The physiology and behavior of fish have long been indicated to be under  
92 circadian control; however, little is known about the impact of this fundamental process  
93 on fish immunity, with only a few reports showing the daily rhythms of humoral and  
94 cellular immune effectors [4, 5, 15, 16]. A striking observation has been published  
95 recently demonstrating that the ability of tilapia (*Oreochromis niloticus*) to mount a  
96 humoral immune response to a bacterial endotoxin was gated by the time of the day  
97 [5], thus, highlighting the importance of the host immunological rhythm during  
98 infection. The daily oscillation of immune defence factors in the serum posits that  
99 bactericidal activity is expected to be changing dramatically during the LD cycle as well.  
100 To the best of our knowledge, no studies have discussed the daily rhythm of serum-  
101 mediated bacterial killing activity in fish.

102           The present study aimed at identifying the dynamic changes in serum-  
103 mediated bacterial killing activity against key pathogens during a complete 24 h light-  
104 dark (LD) cycle in rainbow trout (*Oncorhynchus mykiss*). Likewise, the daily oscillating  
105 patterns of selected humoral defence molecules were explored to provide insight into  
106 the underlying factors that may be contributing to the daily changes of serum  
107 bactericidal function. The variations in serum-mediated bacterial killing activity and  
108 immune defence factors were investigated in a comparative approach by employing  
109 rainbow trout originating from two different emergence time (often referred to the time  
110 for first feeding) fractions, namely the early- and the late-emerging individuals [17]. In  
111 the wild, the emergence time of salmonid is thought to be related to their stress-coping  
112 style (SCS): individuals emerging early are more proactive while those emerging late are

113 thought to exhibit a reactive SCS [18, 19]. Proactive SCS is believed to be more resistant  
114 to diseases [20, 21], however, too little is known about whether this feature relates to  
115 the distinctive immunological robustness amongst emergence fractions, especially  
116 those that have already been subjected to domestication.

117

## 118 **2. Materials and Methods**

### 119 **2.1. Ethics statement**

120 All fish handling procedures employed in the study were in accordance with  
121 national and EU legislation (2010/63/EU) on animal experimentation. The Animal  
122 Welfare Committee at DTU Aqua approved the experiment.

### 123 **2.2. Target pathogens**

124 *Flavobacterium psychrophilum*, *Yersinia ruckeri* and *Aeromonas salmonicida*  
125 *subsp. salmonicida* (hereafter will be referred to as *A. salmonicida*) isolates were from  
126 the private culture collection of the National Veterinary Institute at the Technical  
127 University of Denmark (DTU) and had all three been isolated and identified from  
128 different disease outbreaks in cultured rainbow trout (*Oncorhynchus mykiss*) in 2015.  
129 The pathogenicity of the isolates have been determined. The isolates were stored at -80  
130 °C in either for *F. psychrophilum* tryptone yeast extract salts (TYES) broth [22] or for *Y.*  
131 *ruckeri* and *A. salmonicida* veal infusion broth, both with 15 to 20 % glycerol, and were  
132 subcultured in agitated cultures at 15 °C (*F. psychrophilum*)/20 °C (*Y. ruckeri* and *A.*  
133 *salmonicida*). Strains were taken directly from -80 °C and incubated in one of the  
134 described broth types for a minimum of 48 hours before further inoculations were made  
135 for the liquid cultures used for the bacterial interaction studies [23]. All bacterial broth

136 culturing was done under agitation. For all bacterial interaction studies the  
137 concentration of each pathogen was set to approximately  $3 \times 10^3$  CFU/ml by diluting the  
138 48 hour bacterial cultures with sterile broth. The estimated CFU/ml were verified by the  
139 plate count method by streaking 10-fold dilutions of each culture on either TYES added  
140 1 % agar or Blood Agar.

141

### 142 **2.3. Fish, husbandry conditions and serum collection during the on-growing** 143 **period**

144 Rainbow trout (*Oncorhynchus mykiss*) eggs were purchased from a local  
145 supplier (Piledal Dambrug, Vejle, Denmark) and transported to the hatchery facility of  
146 DTU Aqua (Hirtshals, Denmark). These rainbow trout eggs came from a selective  
147 breeding programme that has been running for over 20 generations. The eggs were kept  
148 in incubation trays with a current of oxygen-saturated water and the temperature was  
149 maintained at 10 °C. After hatching, actively swimming larvae were transferred to  
150 artificial gravel nests, sheltered by golf balls to simulate a natural gravel condition. These  
151 artificial nests functioned as a screening device to fractionate fish based on the time of  
152 emergence (see [24] for a complete description of the screening device). Emergence  
153 time is referred to the phase when fish start to emerge and swim upwards looking for  
154 feed [24]. Egg incubation and fractionation were performed in total darkness. During  
155 daily routine monitoring, the room was illuminated for a short period with incandescent  
156 bulbs (maximum surface water intensity = ca 32 lux). Two emergence fractions were  
157 collected for this study: the early fraction comprising the 20 % of the first swim-up fish  
158 larvae, and the late fraction that constituted the 20 % of the fish that emerged last. The

159 fish from the two emergence fractions were reared in separate tanks for several months  
160 at 12 °C until their use in the experiments. During the on-growing period, fish were  
161 reared under 14L:10D photoperiod with lights on at 07:00 AM. LED bulbs provided  
162 illumination and had a water surface intensity of around 320 lux. The hatching,  
163 fractionation and husbandry protocols are described in detail in Gesto et al. [17].

164           Eight juveniles (mean  $\pm$  SD: 39.8  $\pm$  6.3 g) were selected from each emergence  
165 fraction for the determination of serum-mediated bacterial killing activity (Section 2.5).  
166 The fish were anaesthetised (benzocaine solution, 50 mg L<sup>-1</sup>) and blood was withdrawn  
167 from the caudal artery using a syringe fitted with a 21-G needle. The blood was collected  
168 at ZT3 (*Zeitgeber* time 3; 3 h after lights on) from fish that were fasted for 24 h. The  
169 collected blood was allowed to clot at room temperature for 2 h and at 4 °C overnight.  
170 Thereafter, serum was collected by centrifugation at 1500 *g* for 10 mins. Aliquoted  
171 serum samples were stored at -80 °C until analysis.

172           The influence of time of the day on the bactericidal activity of fish serum was  
173 investigated. The procedure for serum collection and preparation was similar to those  
174 described above except the time of collection. Serum samples were collected from 8 fish  
175 (mean  $\pm$  SD: 46.6  $\pm$  7.5 g) from each emergence fraction during the day (ZT3) and another  
176 batch during the night (ZT16; 2 h after lights off). Our preliminary studies revealed that  
177 these time-points were suitable to show day-night variations. Sample collection during  
178 the night was performed in a room with red illumination (< 3 lux) and exposure of an  
179 individual anaesthetised fish to the lighting condition was no longer than 3 min. Samples  
180 were kept at -80 °C until analysis.

#### 181           **2.4. Entrainment to 12L:12D photoperiod**

182 Fish with an average weight of  $63.3 \pm 4.7$  g (mean  $\pm$  SD) in the on-growing  
183 holding tanks were transferred to 189-L, cylindrical-conical, thermoplastic tanks in a  
184 recirculation system. Each emergence group included 5 tanks, each of which was  
185 stocked with 8 fish. A white LED bulb with a maximum water surface intensity of 350 lux  
186 on top of each tank provided the illumination. The water temperature was controlled at  
187 15 °C and quality parameters ( $\text{NO}_3^-$ ,  $\text{NO}_2^-$ ,  $\text{NH}_3/\text{NH}_4^+$ , pH) were monitored every 2 days  
188 and kept within safe limits, *i.e.*,  $\text{NH}_3\text{-N} < 0.025$  mg/l;  $\text{NH}_4\text{-N} < 5$  mg/l;  $\text{NO}_2^- \text{-N} < 10$  mg/l;  
189  $\text{NO}_3^- \text{-N} < 100$  mg/l;  $\text{pH} \approx 7.4$ . The photoperiod was set at 12L:12D, with lights on at  
190 07:00 AM (ZT0). The fish were fed at a ration of 1.5 % total biomass per day. The fish  
191 were under these conditions for 21 days before sample collection.

192 Fish were not provided feed for at least 24 h before sample collection. Serum  
193 was collected at 6-h intervals (*i.e.*, ZT2a, ZT8, ZT14, ZT18, ZT2b) for a period of 24 h  
194 within 2 intersecting daily cycles. To ensure minimal disturbance during sampling, a  
195 single tank was dedicated exclusively to a particular sampling point. **Blood was**  
196 **withdrawn and serum was collected similarly to the protocol described in section 2.3.**  
197 **The serum aliquots were stored at -80 °C until analysis.**

## 198 **2.5. Serum-mediated bacterial killing activity**

199 The bactericidal activity of serum towards the test pathogens was  
200 determined using a co-incubation assay previously optimised for fish serum samples [25]  
201 and was modified for spectrophotometric assay [26]. Bacterial activity expressed as cell  
202 metabolic activity was measured by the addition of 3-(4,5-dimethylthiazol-2-yl)-2,5-  
203 diphenyltetrazolium bromide (MTT; 2 mg mL<sup>-1</sup>) to the mixture of equal volumes of  
204 undiluted serum and the target pathogen after a 24-h incubation at 15°C. Bacterial

205 viability was evaluated based on the ability of viable cells to reduce MTT to formazan  
206 crystals. The absorbance was measured with a microplate reader (Fluostar Optima) at  
207 630 nm and the MTT reduction was thereafter compared with the control group to  
208 calculate the percentage of inhibition.

## 209 **2.6. Soluble immune defence factors in serum**

210 Humoral immune defence factors were characterised by  
211 spectrophotometric quantifications in the serum samples collected in Section 2.4.  
212 Alkaline phosphatase (ALP) activity was quantified through a kinetic reaction assay using  
213 *p*-nitrophenyl phosphate as a substrate [27]. One unit of activity was defined as the  
214 amount of enzyme required to release 1  $\mu\text{mol}$  of *p*-nitrophenol product in 1 min. The  
215 inhibition of trypsin activity was employed to determine the anti-protease (ANTI) activity  
216 in serum [28]. Percentage of inhibition was calculated by comparing it to 100 % control.  
217 The level of ceruloplasmin (CERU) was measured enzymatically in a reaction mixture  
218 containing *para*-phenylenediamine-sodium azide in acetate buffer, as previously  
219 described [29]. The kinetic increase of absorbance was followed for 15 min and 1 unit  
220 was defined as an increase of optical density (OD) of  $0.001 \text{ min}^{-1}$  at 550 nm. Lysozyme  
221 (LYS) activity was quantified by a turbidimetric method [30], following a modified  
222 protocol for 96-well microplate reaction [31]. A unit of lysozyme activity was defined as  
223 the amount of enzyme that caused a decrease in absorbance of 0.001 per minute at 450  
224 nm. Myeloperoxidase (MPO) was measured following previously described protocol  
225 [32], with modifications [4], using 3,3',5,5'-tetramethyl benzidine hydrochloride as a  
226 reaction substrate. Unit of activity was expressed as OD at 450 nm. All absorbance

227 measurements were conducted in a microplate reader (TECAN GENios, Salzburg,  
228 Austria).

## 229 **2.7. Statistical analyses**

230 All statistical analyses were performed in SigmaStat version 4.0 (Systat  
231 Software, London, UK). Student *t*-test for independent samples was used to identify  
232 significant differences in the serum-mediated bacterial killing activity between  
233 emergence fractions (*i.e.*, early versus late), as well as between collection times (*i.e.*, ZT3  
234 versus ZT16). The level of significance was set at  $P < 0.05$ . Data on the changes in  
235 bactericidal activity and serum defence factors throughout the daily cycle were  
236 subjected to a one-way ANOVA after complying the requirements for normal  
237 distribution and equal variance. Differences between time points were further  
238 delineated by Tukey's multiple comparison test. For data sets that did not follow a  
239 Gaussian distribution or did not meet the equal variance requirements, Kruskal-Wallis  
240 one-way ANOVA on ranks followed by Dunn's multiple comparison test was alternatively  
241 used. The level of significance was set at  $P < 0.05$ . COSINOR analysis (CRONOBIO, by Prof.  
242 Díez-Noguera, University of Barcelona, Spain) was performed to determine the  
243 parameters defining the rhythmicity and the significance of daily oscillation. Analysis  
244 was performed by fitting a periodic sinusoidal function to the activity values of a  
245 parameter across the five ZTs, using the formula:  $f(t) = M + A \cos(t/\pi/12 - \phi)$ , where  $f$   
246 ( $t$ ) is the level of the parameter at given time, mesor ( $M$ ) is the mean value,  $A$  is the  
247 sinusoidal amplitude of oscillation,  $t$  is time in hours and  $\phi$  is the acrophase. A parameter  
248 was considered exhibiting significant daily rhythm when both ANOVA  $P < 0.05$  and  
249 COSINOR  $p < 0.05$  [4].

### 250 3. Results and Discussion

251 Infections associated with *Flavobacterium psychrophilum*, *Yersinia ruckeri*  
252 and *Aeromonas salmonicida* have serious consequences in salmonid aquaculture [33-  
253 35]. This study explored the natural mechanism of defence against these pathogens in  
254 rainbow trout by exploring their serum-mediated bacterial killing activity. Serum  
255 collected at ZT3 from rainbow trout showed potent bactericidal activity against the  
256 three pathogens and the magnitude of bactericidal action varied between the target  
257 bacteria (**Fig. 1**). The bactericidal activity against a specific pathogen between  
258 emergence fractions revealed no significant difference. However, significant differences  
259 were identified in the bactericidal activity towards the different pathogens within a  
260 fraction. It was further demonstrated that the overall trend of serum bactericidal activity  
261 was identical in both fractions. Serum-mediated bacterial killing activity was highest  
262 against *Y. ruckeri*: it was around 52 % higher than the activity against *F. psychrophilum*  
263 and almost 90 % higher than the activity towards *A. salmonicida*. It has been reported  
264 earlier that bactericidal activity against *A. salmonicida* was relatively low in rainbow  
265 trout serum, however, it could be increased by antigenic stimulation [3]. Results from  
266 other determinations in the study (**Figs. 2 & 3**) showed a consistent trend of low  
267 bacterial killing activity against *A. salmonicida*. In other animal models, it has been  
268 demonstrated that antibacterial activity is highly influenced by the time of the day [14].  
269 In crayfish (*Procambarus clarkia*), a higher survival was observed when the animals were  
270 infected with *Aeromonas hydrophila* at CT19 (Circadian time 19) than at CT5 and their  
271 ability to significantly lower bacterial load 12 h after infection more effectively when  
272 infected at CT19 than at CT5 had been implicated for this difference [36]. Our previous

273 study also demonstrated the differential temporal sensitivity of tilapia to bacterial  
274 endotoxin challenge [5]. Thus, we explored whether the time of the day had an impact  
275 on the serum-mediated bacterial killing activity in rainbow trout by collecting serum  
276 samples for bactericidal assay at ZT3 (day) and at ZT16 (night). Day-night differences in  
277 bactericidal activity were exhibited by the early fraction against *F. psychrophilum* and *Y.*  
278 *ruckeri* (**Fig. 2**). Inhibition of *F. psychrophilum* by serum from the early fraction was 60 %  
279 higher during the night than during the day. An opposite trend was observed in the  
280 activity against *Y. ruckeri* for the same emergence group, where bacterial killing activity  
281 at ZT3 was almost 58 % higher than at ZT16. Serum samples collected during the night  
282 revealed significant differences in bactericidal activity between early and late fractions.  
283 At ZT16, serum-mediated bacterial killing activity against *F. psychrophilum* was  
284 significantly higher in the early than in the late fraction. Difference between emergence  
285 groups was likewise observed against *Y. ruckeri*, where the activity was higher in the late  
286 than in the early fraction. These observations indicate temporal gating in serum-  
287 mediated bacterial killing activity in rainbow trout, supporting earlier reports that an  
288 organism's antibacterial defence is highly influenced by the time of the day [5, 12, 36,  
289 37]. Surprisingly, we observed a significant difference in the bacterial killing activity  
290 against *Y. ruckeri* between early and late fractions at ZT3 in the second sampling (**Fig. 2**),  
291 which we did not observe in the first sample collection (**Fig. 1**). Though we could not  
292 affirmatively identify the cause of this difference, we speculate that it may be due to  
293 potential size/age-related differences, which have been implicated as a contributory  
294 factor in immunological differences in other fish species [37, 38].

295           The light-dark differences observed in the serum-mediated bacterial killing  
296 activity against the pathogens led us to hypothesise that this feature may not only be a  
297 function of day and night but may perhaps be a phenomenon that exhibits a daily  
298 rhythmic pattern. The entrainment results reveal that serum-mediated bacterial killing  
299 activity against *F. psychrophilum* and *Y. ruckeri*, but not towards *A. salmonicida* exhibited  
300 significant daily rhythm during the LD cycle (**Fig. 3**). The daily rhythmic pattern of  
301 bactericidal activity against *F. psychrophilum* between the early and late fractions  
302 exhibited an almost identical trend (**Fig. 3A**). The peaks of activity (acrophase) of the two  
303 fractions were likewise similar: ZT 9.11 in the early fraction and ZT 10.5 in the late  
304 fraction (**Supplementary Table 1**). This result contradicted the earlier observation (**Fig.**  
305 **2**) that bactericidal activity against *F. psychrophilum* was higher during the night than  
306 during the day. This inconsistency could be attributed to the change of photoperiod  
307 from 14L:10D to 12L:12D. It could be possible that the equal length of day and night  
308 shifted the activity to be more active during the light phase as an adaptive response to  
309 a new photoperiod regime. The photoperiodic plasticity of defence mechanisms  
310 demonstrated in a number of fish species partly support this conjecture [5, 39, 40];  
311 though our present data could not provide functional relevance associated with this  
312 change. There was an obvious difference between early and late fractions in the daily  
313 rhythmic pattern of bactericidal activity against *Y. ruckeri* and this was supported by a  
314 wide dissimilarity in the acrophases of the two groups (**Fig. 3B, Supplementary Table 1**).  
315 The acrophase for the early fraction was at ZT 7.05 while for the late fraction was  
316 registered 4 hours later, at ZT 11.6. The data reveal that serum-mediated bacterial killing  
317 activity against *Y. ruckeri* is possibly dissimilar between the early and late fractions as

318 indicated by their highly variable day-night profile (**Fig. 2**) and daily rhythmic trend (**Fig.**  
319 **3B**); however, the analysed serum factors did not provide such a strong support (**Fig. 4**).  
320 It is yet to be established the biological significance of the difference amongst the  
321 fractions, especially on whether the distinction is related to differential susceptibility to  
322 *Y. ruckeri* of the different emergence groups. There was a large inter-individual variation  
323 in serum-mediated bacterial killing activity against *A. salmonicida*, and no significant  
324 rhythm was found (**Fig. 3C**). An *in vivo* time-dependent challenge experiment is a future  
325 strategy to explore the underpinnings of the relatively stable bactericidal function  
326 against *A. salmonicida* in the serum.

327           An array of potent molecules present in serum plays crucial roles in the  
328 protective mechanisms against bacterial pathogens [37]. Hence, the participation of  
329 immune defence factors was investigated in relation to the observed daily rhythm in  
330 serum-mediated bacterial killing activity in the model fish. Five immune defence factors  
331 were profiled in the present study, alkaline phosphatase (ALP), anti-protease (ANTI),  
332 ceruloplasmin (CERU), lysozyme (LYS) and myeloperoxidase (MPO) (**Fig. 4A-E**). These  
333 defence factors are known to be key mediators in the humoral defence mechanisms in  
334 rainbow trout [41-43]. Serum ANTI and MPO activities exhibited significant daily  
335 rhythms during the LD cycle. ANTI activity was at lowest in the beginning of the dark  
336 phase whereas its peak was identified in the early hours of the light phase (**Fig. 4B**). This  
337 was substantiated by COSINOR analysis revealing the acrophase at ZT 2.83 for the early  
338 fraction and ZT 2.55 for the late fraction (**Supplementary Table 1**). To our knowledge,  
339 this is the first report to demonstrate that ANTI activity in fish serum exhibits daily  
340 rhythmicity. Protease has been regarded as one of main virulence elements present

341 amongst the extracellular factors in a number of pathogens and a contributor to the  
342 pathogenesis of infections [44]. The dynamic changes in ANTI activity may be critical in  
343 ensuring that the system targeting potent bacterial proteases is well-regulated by having  
344 a peak-rest trend. This partitioning strategy may be more efficient as it allows the system  
345 to be at its peak at a certain time and at the same time provides a period to recover and  
346 regenerate [4]. MPO is produced by immune cells, such as the neutrophils, and plays a  
347 significant role in the bactericidal function in fish [5, 45]. In the present study,  
348 rhythmicity was observed in the MPO activity with a peak of activity at ZT 10.6 for the  
349 early fraction and at ZT 9.57 for the late fraction (**Fig. 4E, Supplementary Table 1**). Serum  
350 MPO activity has been demonstrated to exhibit daily rhythm in a number of fish species,  
351 including permit (*Trachinotus falcatus*) [4] and in two species of tilapia (*O. niloticus* and  
352 *O. mossambicus*) [5, 16]. This poses a possibility that daily rhythmicity of MPO may be  
353 conserved within teleost fish and may have an active role in the temporal dynamics of  
354 serum humoral immunity in fish. The relatively constant level in the daily activities of  
355 ALP, CERU and LYS (**Fig. 4A,C,D**) indicates their involvement in the homeostasis of  
356 humoral immunosurveillance throughout the day.

357           There were positive correlations in the daily dynamics of bacterial killing  
358 activity and immune defence factors in serum (**Supplementary Table 2**). This was  
359 particularly conspicuous between rhythmic bacterial killing activity (*i.e.*, against *F.*  
360 *psychrophilum* and *Y. ruckeri*) and rhythmic MPO. We speculate that MPO is one of the  
361 key defence molecules involved in the rhythmic bacterial killing activity against *F.*  
362 *psychrophilum* and *Y. ruckeri*; nonetheless the present study had limitations drawing a  
363 concrete causation. We constructed an acrophase map to show the pictographic

364 relationship of the peaks of activities of bactericidal activity and immune defence factors  
365 in serum (**Fig. 5**). The peaks of bacterial killing activity coincided with the acrophases of  
366 most of the immune defence factors. Though we could not definitely conclude the direct  
367 involvement of these immune molecules in the observed heightened bacterial killing  
368 ability at that particular period, this temporal concurrence points to the probable  
369 participation of these immune molecules, given their known antimicrobial functions [41-  
370 43]. Mechanistic and functional studies should be explored in the future to investigate  
371 this implicated relationship.

372           In wild salmonids, there has been a documented correlation between larval  
373 emergence time and SCS: early-emerging individuals display characteristics associated  
374 with a proactive SCS, including higher boldness, aggression and metabolic rates than  
375 late-emerging individuals [18, 19]. Screening strategy based on this stress-coping style  
376 is a promising approach in aquaculture, but there is a big lacuna in our understanding of  
377 the underlying mechanisms of these differences. The fish used in the present study was  
378 from a sister experiment that aimed to understand the physiological differences  
379 between the different emergence fractions in rainbow trout [17]. Since earlier evidence  
380 suggested that proactive SCS was also more resistant to certain diseases [20, 21], we  
381 speculated that there might be distinct immunological differences between the two  
382 fractions. Employing a comparative approach in the series of experiments, overall  
383 results indicated that the early and late fractions exhibited no remarkable  
384 immunological differences, at least based on the biomarkers used in the present study.  
385 Though there were a few instances that variations existed between early and late  
386 fractions (**Fig. 2**), the changes could not affirmatively characterise the immunological

387 distinction amongst the groups as results of other sub-experiments did not offer striking  
388 support (**Figs. 3 and 4**). It could be possible that domestication has an influence on the  
389 immunological profiles of these two fractions. It was speculated in our previous study  
390 that the origin and degree of domestication may be partly responsible in the absence of  
391 correlation between emergence time and growth performance, social competitive  
392 ability or stress response in this batch of fish [17]. Moreover, a previous study in Atlantic  
393 cod (*Gadus morhua*) showing that serum-mediated bacterial killing activity significantly  
394 changed following domestication lends support to our implication [2].

395           Taken together, this study showed that serum-mediated bacterial killing  
396 activity against *F. psychrophilum* and *Y. ruckeri* exhibited significant daily rhythms during  
397 the LD cycle in rainbow trout. However, such daily dynamic changes were not observed  
398 in the bactericidal activity against *A. salmonicida*. The daily changes in the levels of key  
399 immune defence factors in serum are likely involved in the observed variations in  
400 bacterial killing activity. This was supported by the correlation of the daily changes and  
401 the concurrence of acrophases of bacterial killing activity and immune defence factors  
402 during the LD cycle. The results of the present study add support to the emerging field  
403 of chronimmunology and offer new insights into the interplay of immunity and  
404 circadian rhythms in fish.

405

406

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413

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- 548
- 549

550 **Figure captions:**

551

552 **Figure 1. Serum-mediated bacterial killing activity against *F. psychrophilum*, *Y. ruckeri***  
553 **and *A. salmonicida*.** The serum samples were collected at ZT3 from fish reared under  
554 14L:10D photoperiod. Values presented are mean + SE of 8 individual fish. No significant  
555 difference in the bactericidal activity against a specific pathogen between the  
556 emergence fractions was detected. Bactericidal activity towards the different pathogens  
557 within a fraction showed significant differences: different letters indicate significant  
558 differences in the early fraction, while different numbers for the late fraction.

559

560 **Figure 2. Day-night variations in the serum-mediated bacterial killing activity against**  
561 ***F. psychrophilum*, *Y. ruckeri* and *A. salmonicida*.** The serum samples were collected at  
562 ZT3 (day) and ZT16 (night) from fish reared under 14L:10D photoperiod. Values presented  
563 are mean + SE of 8 individual fish. Different letters indicate significant difference  
564 between early and late fractions at ZT3. On the other hand, different numbers indicate  
565 significant difference between early and late fractions at ZT16. Asterisk (\*) denotes  
566 significant difference between ZT3 and ZT16 in either early or late fraction.

567

568 **Figure 3. Daily rhythms in serum-mediated bacterial killing activity against *F.***  
569 ***psychrophilum*, *Y. ruckeri* and *A. salmonicida*.** Fish were entrained to 12L:12D  
570 photoperiod for 21 days. Thereafter, serum samples were collected at 6-h intervals for  
571 a period of 24 h **within 2 intersecting LD cycles**. Values presented are mean ± SE of 6  
572 individual fish per time-point. Different letters indicate significant difference in the

573 activity of early fractions, whereas different numbers indicate significant difference in  
574 the activity of late fractions during the LD cycle. Asterisk (\*) denotes that the changes  
575 exhibited significant daily rhythm. The broken line (blue: early fraction, orange: late  
576 fraction) is the periodic sinusoidal function of the bacterial killing activity in the LD cycle  
577 constructed from the rhythmicity parameters revealed by COSINOR. The bar above the  
578 graphs show the photoperiod regime: white block represents the light phase while the  
579 black counterpart is the dark phase.

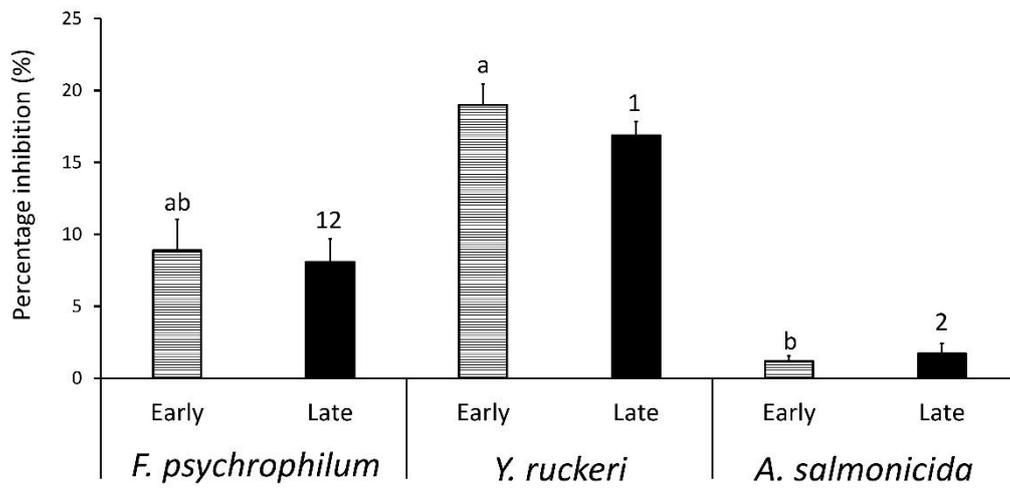
580

581 **Figure 4. Daily rhythms in the immune defence factors in serum.** Other details of the  
582 graph are given in Figure 3. ALP: alkaline phosphatase, ANTI: anti-protease, CERU:  
583 ceruloplasmin, LYS: lysozyme, MPO: myeloperoxidase.

584

585 **Figure 5. Acrophase map.** The acrophase is indicated by symbols and the fiducial limits  
586 (set at 95 %) are shown by lateral bars. Symbols with blue fill represent the acrophases  
587 from the early fraction while those with orange fill represent the acrophases of the late  
588 fraction. The white and black bars above the graph represent the light and dark phase,  
589 respectively. Fp = *F. psychrophilum*, Yr = *Y. ruckeri*, As = *A. salmonicida*. Refer to Figure  
590 4 for additional information.

591

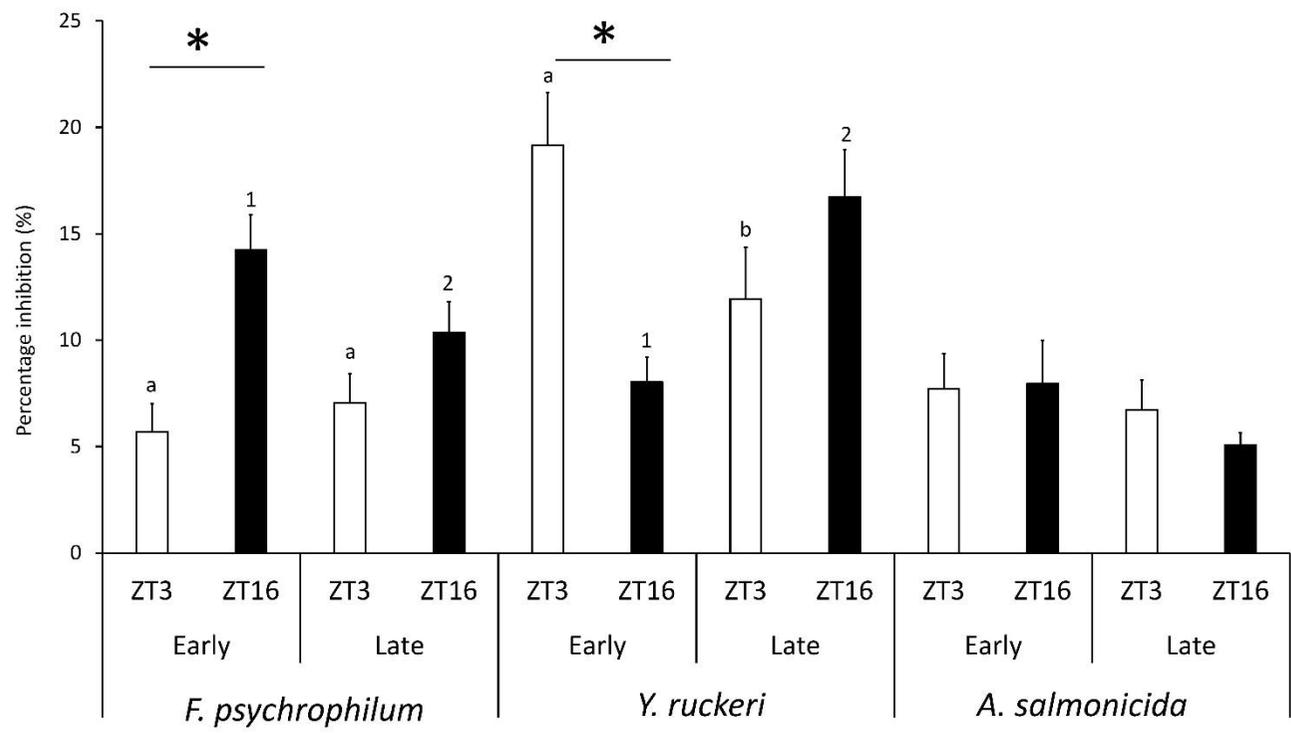


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Figure 1.

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Figure 2.

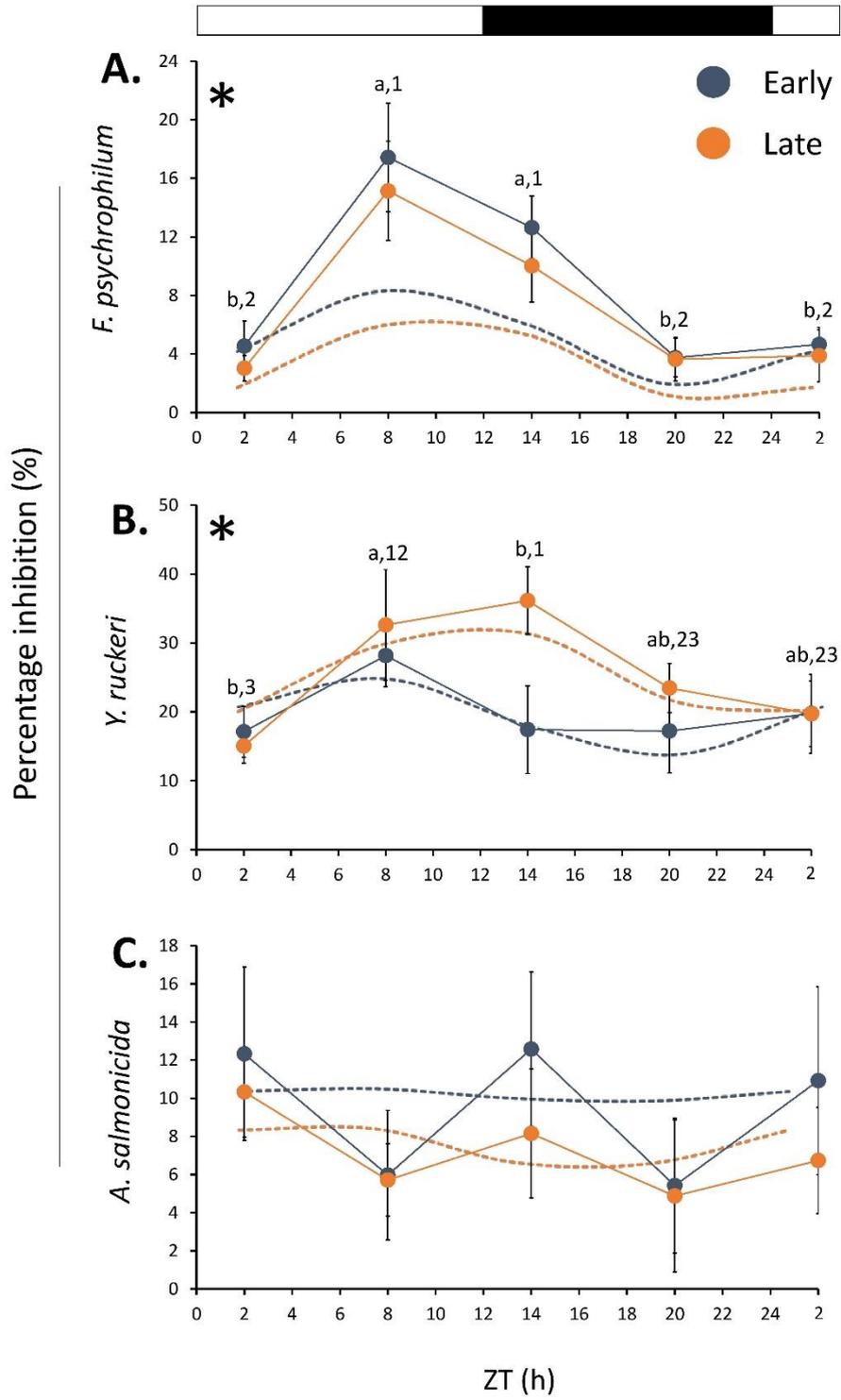
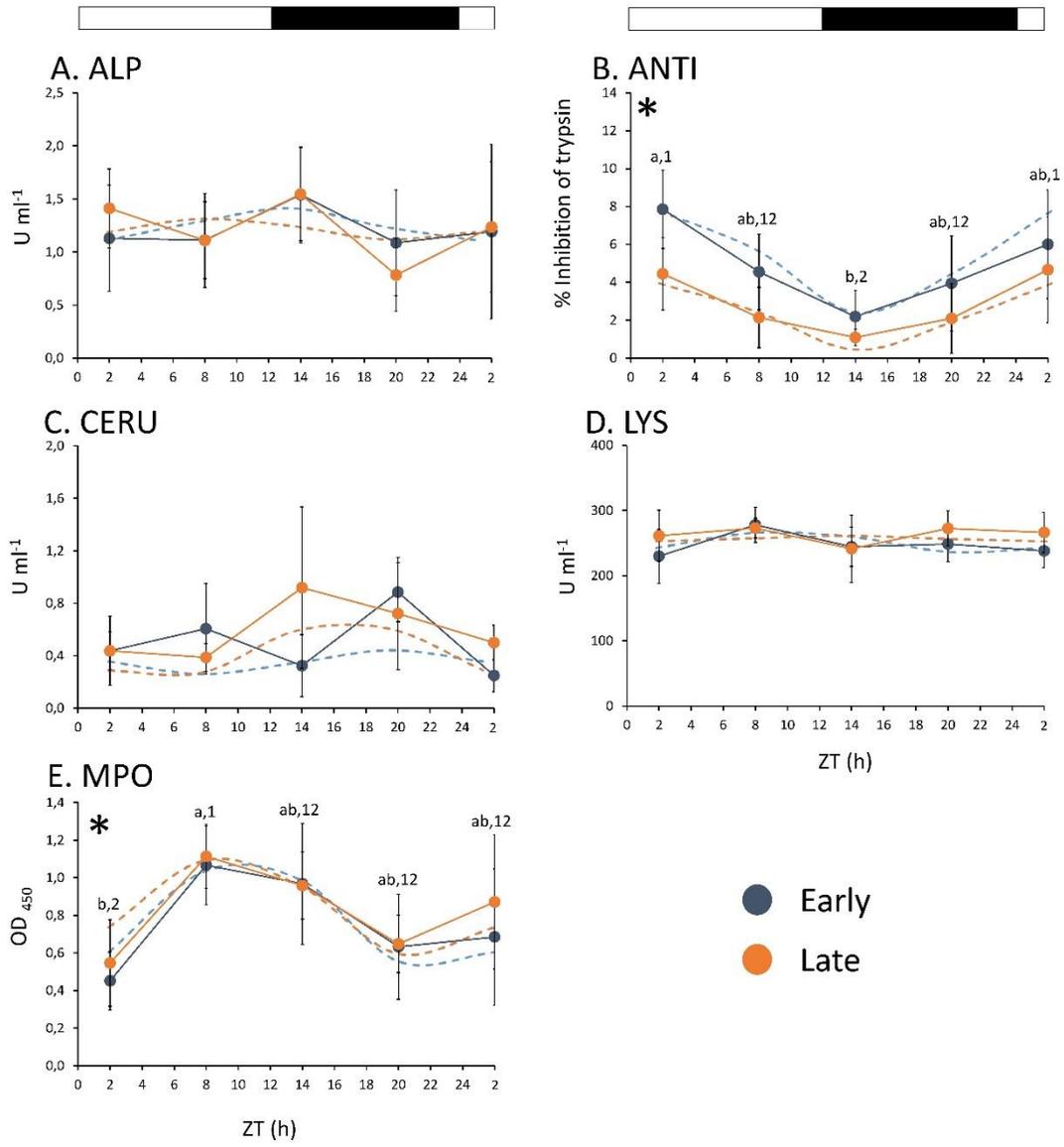


Figure 3.

601

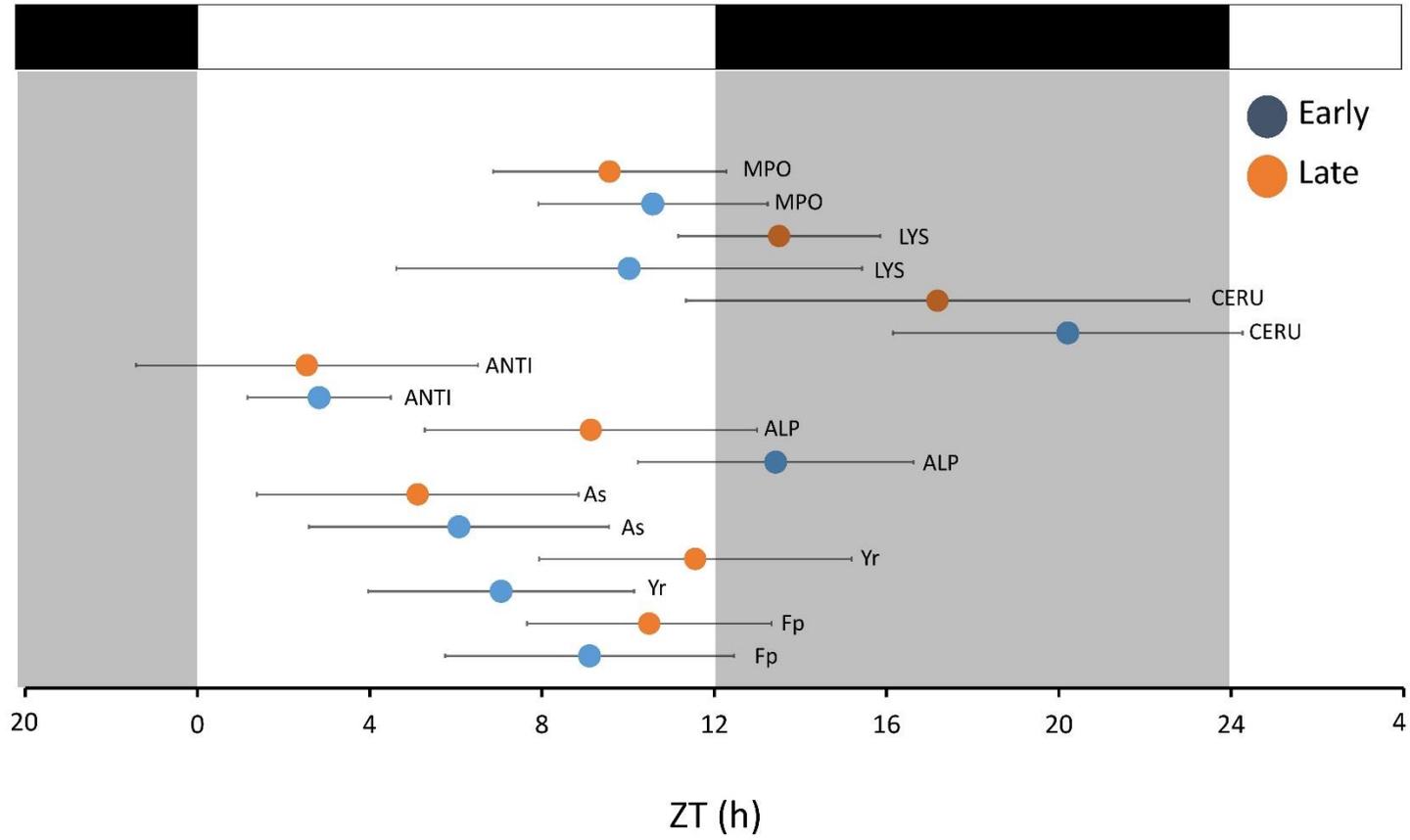


602

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Figure 4

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Figure 5

